An **Innovative Program**
Keeping Older Adults Independent in the Community
What is ElderPlace?

• A PACE model of care
  Program of All-inclusive Care for the Elderly
• An integrated system of care that is:
  ✓ Community Based
  ✓ Comprehensive
  ✓ Capitated
  ✓ Coordinated
Program of All-Inclusive Care for the Elderly (PACE)

- The Program of All-Inclusive Care for the Elderly (PACE) provides comprehensive long term services and supports to Medicaid and Medicare enrollees.
- An interdisciplinary team of health professionals provides individuals with coordinated care.
- For most participants, the comprehensive service package enables them to receive care at home rather than receive care in a nursing home.
- The PACE program becomes the sole source of services for Medicare and Medicaid eligible enrollees.
PACE

• Financing for the program is capped, which allows providers to deliver all services participants need rather than limit them to those reimbursable under Medicare and Medicaid fee-for-service plans.

• The PACE model of care is established as a provider in the Medicare program and enables states to provide PACE services to Medicaid beneficiaries as a state option.

• Individuals can leave the program at any time.

• [http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Support/Integrating-Care/Program-of-All-Inclusive-Care-for-the-Elderly-PACE/Program-of-All-Inclusive-Care-for-the-Elderly-PACE.html](http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Support/Integrating-Care/Program-of-All-Inclusive-Care-for-the-Elderly-PACE/Program-of-All-Inclusive-Care-for-the-Elderly-PACE.html)
Who Does PACE Serve?

- 55 years and older
- Nursing facility eligible
- Able to live safely in the community
- Reside in catchment area
Do you have any young friends? You know, under fifty?

Young friends? No, not really. Me neither.

You can't rely on them to forget things.

Yeah, I'll take old friends with short memories anytime.
You should know this about PACE

• PACE Provides Comprehensive Care
• The Focus is on You
• PACE Covers Prescription Drugs
• PACE Supports Family Caregivers
• PACE Provides Services in the Community
• PACE is Sponsored by the Health Care Professionals Who Treat You
• Preventive Care is Covered and Encouraged
• PACE Provides Medical Transportation
• What You Pay for PACE Depends on Your Financial Situation
PACE Services provided

- nursing
- physical therapy
- occupational therapy
- recreational therapy
- meals
- nutritional counseling
- social work
- medical care
- home health care
- personal care
- prescription drugs
- social services
- audiology
- dentistry
- optometry
- podiatry
- speech therapy
- respite care

Hospital and nursing home care when necessary
For more information about PACE do the following:

- Visit [www.npaonline.org on the web](http://www.npaonline.org). This website is sponsored by the National PACE Association.
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.
The PACE model of care can be traced to the early 1970s, when the Chinatown-North Beach community of San Francisco saw the pressing needs of families whose elders had immigrated from Italy, China and the Philippines for long term care services.

Dr. William L. Gee, a public health dentist, headed the committee that hired Marie-Louise Ansak in 1971 to investigate solutions.

They, along with other community leaders, formed a nonprofit corporation, On Lok Senior Health Services, to create a community based system of care.

On Lok is Cantonese for "peaceful, happy abode."
PACE Philosophy

The PACE model is centered around the belief that it is better for the well-being of seniors with chronic care needs and their families to be served in the community whenever possible.

- PACE assumes full risk for meeting acute and long term care needs until death or discharge
- PACE is fully accountable for cost AND quality

National PACE Association
801 North Fairfax Street • Suite 309 • Alexandria, Virginia 22314
Phone: 703-535-1565 • Fax: 703-535-1566
www.NPAonline.org
PACE in the States

• There are 92 PACE Programs operating in 31 states.
• States with a PACE Program:

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Providence ElderPlace

• Was one of the original 5 demonstration sites modeled after On Lok
• Opened as an Adult Day Center in 1988
• Became a fully capitated PACE program in 1990
PACE Philosophy

Supports what the older adult wants

• To stay in familiar surroundings
• To maintain autonomy
• To maintain a maximum level of physical, social and cognitive functioning
Providence ElderPlace Portland

- 1002 members - 7 Health & Social Centers in Multnomah County
  - Cully
  - Glendoveer
  - Gresham
  - Laurelhurst
  - Marie Smith Center
  - Irvington Village
  - Lambert House

Coming Soon to Washington County…
- EP in Beaverton - June 2013
Living Options

• ElderPlace program housing
  ▪ Glendoveer Residential Care
  ▪ Cully Residential Care
  ▪ Irvington Village Assisted Living
• Contracted housing
  ▪ Adult Care Homes
  ▪ Residential Care and Assisted Living
• Own home or with family
  ▪ In-Home services
Clients who especially benefit from EP

Individuals with:

- Several medical conditions
- No family or out of state family
- Stressed family or caregiver
- Rehabilitation needs
- Frequent falls
- COPD, diabetes, frequent ER use
Clients who especially benefit from EP

Individuals:

• Needing a higher level of care / at risk of 30 day notice
• Relocating from a nursing facility or needing a new living situation
• Needing a new physician or unhappy with current physician
ElderPlace Participant Characteristics

- Average age: 79 yrs
- Average length of time in EP: 2.9 yrs
- Participants with mental health or dementia diagnosis: 53%
- Average diagnoses per participant: 14
- Average # of medications: 13
- Incontinence: 80%
"You're fifty-seven years old. I'd like to get that down a bit."
ElderPlace Participants who need Assistance with Activities of Daily Living

- Bathing: 84%
- Dressing: 65%
- Grooming: 58%
- Toileting: 54%
- Transferring: 41%
- Walking: 48%
- Feeding: 38%
Outcome from PricewaterhouseCooper Actuarial Report for 2006:

ElderPlace cost is 86% of average LTC cost for the comparable population in Multnomah County

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<tr>
<th>2012</th>
<th>ElderPlace</th>
<th>Multnomah Co.</th>
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<tr>
<td>SPL 1 - 4</td>
<td>66%</td>
<td>58%</td>
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<td>SPL 5 - 9</td>
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<td>SPL 10-13</td>
<td>14%</td>
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Staying Healthy

Provider Access

• 80% of participants see their Primary Care Provider or PCP (physician or nurse practitioner) each month
  ▪ ElderPlace averages 2 visits per month
  ▪ Medicare averages 5 visits per year
  ▪ Average caseload for EP PCP is 110 participants
Staying Healthy

• 93% of participants see their RN in the clinic each month

• Participants see their Social Worker on average 4 times per month

Direct Care Access

• Participants, families, caregivers have direct access 24 hours per day/7 days per week
Key Benefits of the Program

- Unique solution to today’s complicated care system
- Integrated team of medical and social care providers
- Care team gets to know each participant on a personal level
- Regular, frequent contact enables preventative care
- Allows seniors to remain in community with enhanced quality of life
www.providence.org/elderplace

(503)215-6556
Shared Cases - how it works

• Introductions:
  ~Katie Messirow, Multnomah County Aging & Disability Services Transition & Diversion Coordinator
  ~Karen Casciato, Providence ElderPlace Intake & Enrollment Specialist

• Case study - Mr. Smith

• Referral, Intake and Enrollment process

• Questions