

# Red Lake Nation

Home of the Red Lake Band of Chippewa Indians



Money Follows Person TI

# Money Follows Person TI



- Federal Demonstration
- Funded through 2020

# **Red Lake Nation MFP-TI:** **Moving Home Minnesota**

## **Money Follows Person, Phase 1 2016:**

**Methodology**

**Findings**

**Implementation**

## **Money Follows Person, Phase 2 2019:**

**Methodology**

**Assessment**

**Continued Implementation**

**New initiatives**

# Money Follows Person TI



- Transition tribal members from institutional settings back to their communities; and
- Expand the leadership role of tribes in the design and operations of Medicaid funded programs tailored for tribal members.

# Money Follows Person TI

## Working towards:

- promoting government-to-government relations
- enhancing tribal (service) infrastructure
- increasing access to needed services
- addressing disparities
- designing effective programs
- maximizing fiscal resources

# Money Follows Person TI

## Goals...

1. Increase use of home and community based services (HCBS) and reduce the use of institution based services.
2. Eliminate barriers in state law, state Medicaid plans, and state budgets which have made it difficult to use Medicaid funds to offer patients long-term care in the settings of their choice.

# Money Follows Person TI

## Goals continued...

3. Strengthen the ability of Medicaid program to provide HCBS to people who choose to transition out of institutions.
4. Provide quality assurance and improvement of HCBS.

Source: CMS.gov Money Follows the Initiative

<http://www.cms.gov/Outreach-and-Education/American-Indian-Alaska-Native/ALAN/TSS-TA-Center/info/mfp.html>

# Money Follows Person TI

## Participating Tribal Nations

### Minnesota

- Fond du Lac Band of Lake Superior Chippewa
- Bois Forte Band of Chippewa
- Mille Lacs Band of Ojibwe
- White Earth Nation
- Lower Sioux Indian Community
- Red Lake Nation



# Moving Home Minnesota

## Red Lake Nation

### **MFP-TI Phase 1, 2016: Multi methods assessment of...**

- Elders and persons with vulnerabilities' needs
- Service infrastructure – what is working...strengths; what is not working; recommendations for improvement and development.

Strategic Plan completed October 2016

Implementation November 2016 - Ongoing

# Moving Home Minnesota

## Red Lake Nation

**MFP-TI Phase 2, 2019:** Multi methods assessment employing surveys, interviews, informal conversations, and talking circles, engaging Red Lake Nation members at home & in urban areas to consider the service infrastructure and answer...What is working; what needs improvement; what is the dream that would assure quality of life?

# Red Lake Nation

MFP TI

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# Red Lake Nation

- ❖ is a federally recognized tribe;
- ❖ has been located in north central Minnesota since the mid 1700s;
- ❖ covers approximately 1,000,000 square miles across nine counties, the largest area in Beltrami and Clearwater Counties;
- ❖ is the only closed reservation in MN;
- ❖ holds all land in common by the tribe; there is no private property
- ❖ recognizes Ojibwe as the official language.

# Red Lake Nation

- ❖ Tribal band member enrollment  
12,000
- ❖ Over 6,000 members living at Red  
Lake Nation
- ❖ 20% (1,200) are Elders
- ❖ 20% (1,200) are persons with  
vulnerabilities – physical, mental,  
chemical, developmental disabilities

# Red Lake Nation

**MFP Tribal Initiative, 2016**

**Strategic Plan: Integration of SWOT and Appreciative Inquiry approaches...**

**Dynamic, working document...** outlines suggested direction for Red Lake Nation to prepare, enhance, improve a service infrastructure that supports Elders and persons with vulnerabilities ...

- To come home to the Red Lake Nation community
- To remain in their home, in the Red Lake Nation community

# Red Lake Nation

## MFP TI Phase 1 2016: Background

Strategic Planning members came together to...

- First, speak to values that would guide the strategic planning effort – the Teachings of the Seven Grandfathers and a vision with clear sense of caring and care for those who are vulnerable
- **learn** about MFP-TI
- **develop a framework** for assessing Red Lake Nation's service infrastructure

# Red Lake Nation

## MFP Tribal Initiative: Vision

Red Lake Nation as it embodies language, culture, tradition & history benefits all members contributing to the health & well-being of the larger community. Our best hope is to nurture, protect & enhance Elders & persons with vulnerabilities - with mental, physical & **developmental** disabilities & chemical dependency – recognizing our responsibilities to ensure that they are honored & respected as they share their wisdom & legacy with children, youth & community members of all ages. We want to ensure that they are able to come home to an infrastructure in place that provides assistance & supports to meet their needs.



# Red Lake Nation

## Teachings of the Seven Grandfathers

Nibwaakaawin – Wisdom

Zaagi'idiwin – Love

Minaadendamowin – Respect

Aakode'ewin – Bravery

Gwayakwaadiziwin – Honesty

Dabaadendiziwin – Humility

Debwewin - Truth

# Red Lake Nation

## Strength and Abundance

While any examination of the service environment reveals what is missing, doesn't exist, deficits, the 2016 assessment clearly revealed a strong abundance approach to focus on the positive, the possibilities, build on strengths of the infrastructure and the strong Ojibwe history, cultural roots and foundation, traditional practices and ways.

# Red Lake Nation 2016

- **Methodology: Multiple methods...**
  - Secondary data from Minnesota Department of Human Services
  - Primary data...
    - survey of Elders and persons with vulnerabilities;
    - interviews with key stakeholders;
    - ongoing Strategic Planning Committee discussion - reviewed assessment findings at each stage, provided suggestions for further examination, made recommendations for the strategic plan.

# MFP-TI Phase 1 2016

## Minnesota Department of Human Services (DHS) Data

DHS Medicaid data...

Red Lake claims, services received, service providers

created a pool – those served by Red Lake Nation with a Medical Assistance claim

generated reports – What did individuals receive and who provided the service?

# MFP-TI Phase 1 2016

## MN DHS Data

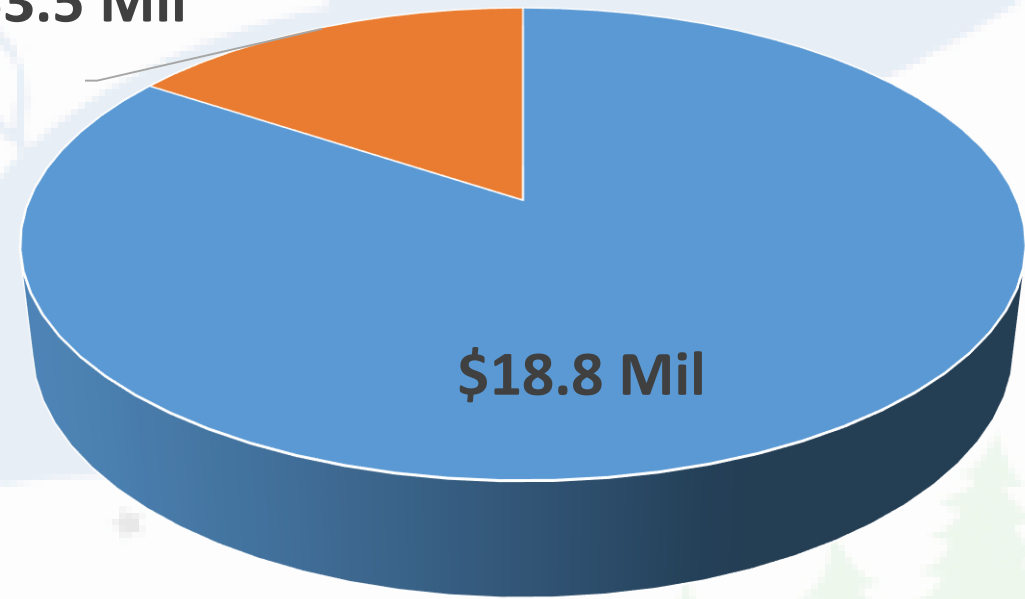
<b>FY 2015</b>	<b>Unique People</b>	<b>Claims</b>	<b>Reimbursed Amount</b>
<b>Red Lake Nation</b>	1,724	5,748	\$3,495,432
<b>TOTAL</b>	1,724	71,307	\$22,279,385

# Paid Claims FY 15

\$22.3 Mil

\$3.5 Mil

\$18.8 Mil



# Red Lake Nation MFP 2016

## Survey: Process and Protocol

- Pilot survey - safety question added
- Closed and open items
- Confidentiality statement
- Respondents signed separate form
  - Cross check for duplication
- Distribution - Elder Gathering & Elderly Nutrition Program (N = 92), Vocational Rehabilitation (N=29) Total N = 121
- Gift card, thank you for participation

# Red Lake Nation MFP-TI 2016

## Survey Instrument: Sample Items Elders / Persons with Vulnerabilities...

- Activities of daily living?
- Who do you depend on for help?
- What services do you use?
- What currently works well for you to meet your needs?
- What suggestions do you have for services currently not available that would be helpful?
- Do you feel safe – why, why not?
- Interests/ hobbies/ activities?



# Red Lake Nation MFP-TI 2016

## Interview: Process & Protocol

- Confidentiality statement
- Introduction, brief verbal (accompanying printed material) overview of MFP-TI
- Conversational interview process
- N = 30
- Gift

# MFP-TI Phase 1 2016

## Interview Guide: Thinking about Elders and Persons with Vulnerabilities...

- What are the needs?
- What is going well - in general and related to provision of services?
- Services provided by what department/organization?
- Unmet needs? What could be improved?
- Dream Question: If tomorrow you wake up and services are in place, what would this look like?

# MFP-TI Phase 1 2016

## Focus Group

### **Focus Group: Process and Protocol Strategic Planning Committee**

- Dual purpose
  - Provide advice and guidance
  - As focus group provide insight and information - What are the needs; what is going well, what is working, what could be improved, developed, Dream Question
- Met six times over 5 months
- N = 20

# Red Lake Nation

## MFP-TI 2016: Findings

### **Themes that emerged...**

- Homecare: Personal Care Assistants (PCA)
- Safety and Security
- Medical Alert
- Elder and Youth Connections
- Supportive care and services
- Housing
- Self Governance
- Traditional ways and practices

# Red Lake Nation

MFP Tribal Initiative Phase 1 2016

## Findings

### **Domain I: Cultural: Relationships and Connections...**

- Youth relationships
- Social avenues
- Vulnerable adult advocacy
- Mentoring, coaching, parenting in traditional ways

“Need more people for working with handicapped”

“Youth program, young warriors”

# Red Lake Nation

MFP Tribal Initiative Phase 1 2016

## Findings

### **Domain II: Safety and Security**

- Community home security
- Medical alert program
- Expand capacity of home maintenance program

“Drug culture epidemic”

compromised home and community safety. “Lock my doors, don’t use or all it (alcohol/ drugs) in my home.”

“Boards on doors”

# Red Lake Nation

## MFP Tribal Initiative Phase 1 2016

### Findings

#### **Domain III: Moving Home: Supportive Services**

- PCA services licensing and regulation at Red Lake Nation
- Establish PCA agency
- Transition MN Choice
- Develop AMHRS (adult rehabilitative mental health services)
- Adult Day Center
- Adult Foster Care licensing
- Vulnerable Adult Targeted Case Management

# Red Lake Nation

MFP Tribal Initiative Phase 1 2016

## Findings

### **Domain III: Moving Home: Supportive Services**

- 60% relied on family members
- 23% relied on spouse
- Concern about the regulations of PCA agencies and workers
- Need for supportive housing development



# Red Lake Nation

MFP Tribal Initiative Phase 1 2016

## Findings

### **Domain IV: Health, Wellness, End of Life Care**

- Nutrition, Grown Locally
- Expand palliative care
- Establish hospice program
- Develop rehabilitation services
- More fully utilize existing services

# Red Lake Nation

MFP Tribal Initiative Phase 1 2016

## Findings

### **Domain IV: Health, Wellness, End of Life Care**

- Innovative food security initiatives
- Existence of Jourdain Perpich  
Extended Care facility – expansion?

# Red Lake Nation: MFP-TI

Outcomes: Implementation

2016 –Ongoing

Development of Adult Services Unit at Family Children Services (FCS)

- Adult Protection Staff
  - Lead Agency Elderly Waiver
  - Public Health Nurse
  - Adult Mental Health Staff
  - AMHRS Program and Staff
  - Mn Choices transitioned to FCS
  - Vulnerable adult targeted case management (VA –TCM)

# Red Lake Nation

## Ongoing Efforts...2019...

- ❖ Adult foster care licensing
- ❖ Explore Adult Day Services
- ❖ PCA licensing and regulation
- ❖ Housing and accessibility
- ❖ Enrollment in Medicaid
- ❖ Address human capital development
- ❖ Extend services to urban settings


# Red Lake Nation

## MFP-TI Phase 2 2019

### Strategic Planning Initiative

**Investigation:** Continued assessment of Elders and persons with vulnerabilities' needs

- Who will be transitioned from institutional settings back to the community?
- Who is at risk of institutionalization?
- Medicaid recipients – in need of HCBS?
- Red Lake Nation service infrastructure
- Urban service infrastructure assessment



# Red Lake Nation

## MFP-TI Phase 2 2019

### Strategic Planning Initiative

**Strategic Planning Team:** Experience and expertise in assessment, research, traditional cultural practices.

**Methodology:** Multiple methods – triangulation employing quantitative and qualitative approaches – surveys, interviews, talking circles, informal conversations at Red Lake Nation and in urban settings.


# Red Lake Nation

## MFP-TI Phase 2 2019

### **Continued Implementation**

### **2016 goals: Capacity Building**

- PCA regulation & oversight
- Adult foster care licensing
- Housing for persons with vulnerabilities
- Home & community safety
- Medical Assistance coverage for Elderly  
Maintenance services
- Traditional mentoring involving Elders & youth
- Development of palliative & hospice care
- Development of rehabilitation services



# Red Lake Nation

## MFP-TI Phase 2 2019

### New Planning Initiatives

- Assessment of urban settings and Ponemah service infrastructures
- Intergenerational approach to Family Children Services reflecting traditional cultural values and practices
- Expansion of dental care services



# **Red Lake Nation**

## **Self- Determination, Self Governance, Sovereignty: Role of MFP-TI**

Affirming the importance and place of home



# Chi-Miigwech

NFP Tribal Initiative