DEMONSTRATION ADDICTION SERVICES AND SUPPORTS

Money Follows the Person
State of Connecticut
Overview

- Medicaid in Connecticut
- Addressing the Need For Addiction Services and Supports in Connecticut
- Connecticut’s Organizational Structure
## Medicaid in Connecticut

Over 745,000 CT Medicaid Recipients
(over 20% of the population)

<table>
<thead>
<tr>
<th>Husky A</th>
<th>Children and their parent/relative caregivers; pregnant women (income-based)</th>
<th>478,366 individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Husky B</td>
<td>Uninsured children under age 19 in higher-income households</td>
<td>10,652 children</td>
</tr>
<tr>
<td>Husky C</td>
<td>Individuals age 65 and older; individuals who are blind; individuals who are disabled</td>
<td>98,130 individuals</td>
</tr>
<tr>
<td>Husky D</td>
<td>Childless individuals age 19-64 who do not otherwise qualify for Medicaid</td>
<td>163,028 individuals</td>
</tr>
</tbody>
</table>

*Precis of Connecticut Dept. of Social Services Division of Health Services Medicaid/CHIP Initiatives (8/14)*
Connecticut’s Medicaid budget totals over $6 billion annually
- 22.7% of the State budget

In SFY 2013, $3.1 billion was spent on long-term services and supports.
- 51% of Medicaid expenditures
- 7% of the Medicaid population receives LTSS with
  58% receiving Medicaid LTSS in the community

*Precis of Connecticut Dept. of Social Services Division of Health Services Medicaid/CHIP Initiatives (8/14)
Medicaid in Connecticut …ctd

Accomplishments (2013):

- Increased the percentage of hospital discharges to home and community care rather than nursing facility care from 47% in 2007 to 52%.
- Increased the percentage of LTSS expenditures to home and community rather than nursing home care from 33% in 2007 to 43%.
- Increased the percentage of nursing facility admissions returning to the community within six months of admission from 30% in 2007 to 36%.

*Precis of Connecticut Dept. of Social Services Division of Health Services Medicaid/CHIP Initiatives (8/14)*
Addressing the Need For Addiction Services and Supports in Connecticut

- Challenges within Money Follows the Person
In 2008, the Connecticut Department of Social Services received a $56 million federal grant to fund the MFP Demonstration.
Transition Challenges are areas identified by MFP staff that may become or have been “roadblocks” for a consumer’s transition.

Out of 6500 cases, 567 cases (8.7%) were determined to have challenges related to alcohol and drug abuse.
Case Closure Prior to Transition

Out of the 567 cases, **202 cases** closed prior to transitioning.

<table>
<thead>
<tr>
<th>Top Reasons for Closure Prior to Transition</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consumer Changed Their Mind</td>
<td>30 <em>(7)</em></td>
</tr>
<tr>
<td>Died</td>
<td>29</td>
</tr>
<tr>
<td>Exceeded Mental Health Needs</td>
<td>23</td>
</tr>
<tr>
<td>COP/Guardian Refused</td>
<td>22 <em>(4)</em></td>
</tr>
<tr>
<td>Exceeded Physical Needs</td>
<td>22</td>
</tr>
</tbody>
</table>

*Alcohol and Drug-Related Cases
Out of the 567 cases, **267 cases** transitioned to the community.
- 48 Non-Demonstration
- 219 Demonstration

<table>
<thead>
<tr>
<th>HCBS Package</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>ABI</td>
<td>26</td>
</tr>
<tr>
<td>CHCPE</td>
<td>44</td>
</tr>
<tr>
<td>DDS</td>
<td>4</td>
</tr>
<tr>
<td>MH</td>
<td>32</td>
</tr>
<tr>
<td>PCA</td>
<td>31</td>
</tr>
<tr>
<td>State Plan (MH &amp; Physical)</td>
<td><strong>82</strong></td>
</tr>
</tbody>
</table>
119 cases that transitioned under the Demonstration completed MFP year.

48 cases closed during their MFP year.
   - 22 cases were re-institutionalized *(8)
   - 19 cases were deaths *(4)

* Alcohol and Drug-Related Cases
Development Process

- CT’s Organizational Structure
Demonstration Services & Supports
Demonstration Addiction Services and Supports (DASS)

- The DASS Program is a comprehensive array of rehabilitation services that focus on **skill building** and **relapse prevention** for an individual who has a past or present primary addiction diagnosis or a co-occurring addiction and medical or psychiatric diagnosis.

- The service can begin pre-transition, approximately 1-2 **months** prior to the participant’s planned discharge from a nursing home and continue with the participant in the home and community for up to 6 **months post discharge**.
Community Support Service (CSS)
- Provides full array of Recovery Services, including assisting participants in obtaining basic supports needed to improve their likelihood of success in recovery.

Peer Support Specialist
- Promotes ongoing engagement of the participant towards recovery goals during the transition year. The PSS worker uses his/her personal experience to engage and maintain a therapeutic relationship with the participant.

Transitional Supportive Employment
- Temporary, intensive supports to assist participants in gaining competitive employment or for temporary supports to perform in a regular work setting.

Transportation
- Enables participants to gain access to community services, activities and resources specified in the plan of care. This service is offered in addition to medical and State Plan transportation services.
Process

- Prior to discharge, an individual is screened for possible drug and/or alcohol problems using the seven question Alcohol, Smoking and Substance Involvement Screening Test (ASSIST) tool.

- ASSIST scores of 4-26 will receive a Level 1 individualized budget for the Addiction Services and Support Program. The Maximum Budget for this level is $5,000 with the maximum of 75% Community Support Services (CSS).

- Assist scores of 27 or higher will receive a Level 2 individualized budget. The Maximum Budget for Level 2 is $8,000 with the maximum of 90% CSS.

- A Recovery Treatment Plan with services and budget is developed by the participant and MFP Specialized Case Manager. The plan is sent to Allied Community Resources for implementation of the plan.

- Allied Community Resources is responsible for credentialing providers, billing and Provider Quality Assurance.
The ASSIST score translates to one of three outcomes:

- 0-3 = No Intervention required
- 4-26 = Level 1 DASS Services
- >27 = Level 2 DASS Services

Scoring

For each substance, add the scores received for Questions 2-7. Results from Question 1 are not to be included in the score.

<table>
<thead>
<tr>
<th>Substance</th>
<th>Score</th>
<th>No intervention</th>
<th>Level 1</th>
<th>Level 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Tobacco</td>
<td>0-3</td>
<td>4-26</td>
<td>27+</td>
<td></td>
</tr>
<tr>
<td>b. Alcohol</td>
<td>0-3</td>
<td>11-26</td>
<td>27+</td>
<td></td>
</tr>
<tr>
<td>c. Cannabis</td>
<td>0-3</td>
<td>4-26</td>
<td>27+</td>
<td></td>
</tr>
<tr>
<td>d. Cocaine</td>
<td>0-3</td>
<td>4-26</td>
<td>27+</td>
<td></td>
</tr>
<tr>
<td>e. Amphetamines</td>
<td>0-3</td>
<td>4-26</td>
<td>27+</td>
<td></td>
</tr>
<tr>
<td>f. Inhalants</td>
<td>0-3</td>
<td>4-26</td>
<td>27+</td>
<td></td>
</tr>
<tr>
<td>g. Sedatives</td>
<td>0-3</td>
<td>4-26</td>
<td>27+</td>
<td></td>
</tr>
<tr>
<td>h. Hallucinations</td>
<td>0-3</td>
<td>4-26</td>
<td>27+</td>
<td></td>
</tr>
<tr>
<td>i. Opioids</td>
<td>0-3</td>
<td>4-26</td>
<td>27+</td>
<td></td>
</tr>
<tr>
<td>j. Other drugs</td>
<td>0-3</td>
<td>4-26</td>
<td>27+</td>
<td></td>
</tr>
</tbody>
</table>
Case Study

- Linda lived with less than 24 hour support prior to Nursing Home Admission
- Linda has history of alcohol abuse, diabetes and was sober while in the nursing home
- Linda’s team is very concerned about her diabetes management if she starts drinking again.
- Recommendation for 24hr care
- Linda does not want 24hr care and is very committed to her sobriety
Need help with entitlements?

Community Support Services can help you...
- Maintain your food stamps
- Get insurance
- Any other benefits to which you are entitled

Need help finding resources in the Community?

Community Support Services can help you...
- Find resources to get the things you need
- Connect to treatment you might need
- Find groups and programs that will support you in the community

Community Support Services

Case Management Services for Adults with Addiction Issues

WISE
Advanced Behavioral Health
213 Court Street
Middletown, CT 06457
860-704-6211
What Are Community Support Services?

Case Management Includes:
- Assessment
- Goal Planning
- Connections to resources
- Entitlement assistance
- Skill Building
- Connections to resources
- Relapse prevention
- Employment Assistance
- Transportation assistance to connect to initial treatment appointments
- Treatment linkages

Community Support Services provides assistance with the development and achievement of recovery goals to improve overall well being and quality of life.

Who is eligible for services from Community Support Services?

- Individuals involved with Money Follows the Person Demonstration Project
- With a primary substance abuse disorder or co-occurring substance abuse and mental health disorder.
- Receiving an eligible ASSIST score
- Looking to return to the community

Who should I contact?

Speak to your MFP worker about making a referral

Program Contact:
Ann Marie Luongo
ABH, Inc
(860) 704-6211

MFP staff can fax referrals for potential client to:
1-860-638-5302
Questions
Contact Information

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Laurel.Reagan@ct.gov
Dawn.lambert@ct.gov
Siobhan.morgan@ct.gov