The National I&R Support Center provides training, technical assistance, and information resources to build capacity and promote continuing development of aging and disability information and referral services nationwide.

- Technical Assistance Webinars
- Training: Online training; AIRS certification training; and Train-the-Trainer
- Distribution list for sharing information and resources (to sign up, visit http://www.nasuad.org/community-opportunities/stay-informed)
- National surveys of Aging and Disability I&R/A Networks
- National training events, including the Aging and Disability Symposium at the annual AIRS I&R Conference

http://nasuad.org/initiatives/national-information-referral-support-center
Certification Training (CRS-A/D) and Exam Preparation
- Offered every year at one or more national conferences
  - 2019 n4a Annual Conference
  - 2019 NASUAD National Home and Community Based Services Conference
- Offered in partnership with aging/disability agencies
  - In-person for groups of 15 or larger
  - Can include exam proctoring
- Offered by webinar

CRS-A/D Train-the-Trainer (T-t-T) Initiative
- Working to build the capacity of agencies to train their staff
- Includes access to a training curriculum and materials
- Training for trainers is offered at national conferences – including the 2019 HCBS Conference – and over the phone/webinar to interested parties

Online training through NASUADIQ – our online learning center
**Free, online training courses** for aging and disability professionals. Courses include:

- Strengthening Disability and Cultural Competence in Information and Referral/Assistance (I&R/A) Work with People with I/DD and their Families
- Strengthening Cultural Competence in I&R/A Work with Asian American and Pacific Islander (AAPI) Older Adults
- Medicaid 101: What You Need to Know
- Medicaid Managed Care 101
- Disability for I&R Specialists
- An Introduction to Elder Abuse
- Adult Protective Services
- The Role of MIPPA: Helping Older Adults and Individuals with Disabilities Afford Medicare
- Introduction to the Independent Living Movement

Monthly Webinars for I&R/A Professionals

Recent webinars:

- The Role of Home Modification in Promoting Aging in Place and Community (May 16, 2019)
- Assistive Technology Act Programs: Improving Access to AT for People of All Ages (April 23, 2019)
- An Introduction to the Independent Living Movement (March 20, 2019)
- Status and Trends in Public Financing of Supports and Services for People with Intellectual and Developmental Disabilities (Feb. 27, 2019)
- Findings from the 2018 National Survey of I&R/A Agencies (Jan. 9, 2019)
- *Coming up!* Webinars on transportation, benefits outreach, and working with individuals with ADRD

National Survey of I&R/A Professionals in Aging and Disability Networks:

- Developed and administered by NASUAD in partnership with the National Council on Independent Living (NCIL)
- Designed to reflect the changing landscape of aging and disability I&R/A programs
- 2018 survey captured trends, developments, challenges, opportunities, and promising practices from the perspectives of state agencies, AAAs, ADRCs, CILs, nonprofit human service organizations, and national organizations
Overarching Themes from the 2018 National I&R/A Survey

- Funding and Sustainability Remain Significant Concerns for I&R/A Agencies
- I&R/A Professionals are Serving More Individuals with Multiple and Complex Needs
- The Roles of I&R/A Professionals Continue to Expand
- The No Wrong Door (NWD) Model is Playing a Growing Role in Consumer Access to Information and Services
- Changing Expectations for Effective Service Delivery Support a Focus on Training and Quality Assurance
- Diverse Modes of Consumer Access to Information and Assistance are Emerging in I&R/A Practice
I&R/A Professionals: Serving more people with complex needs

- Individuals Seeking I&R/A Services Over the Last Two Years

- Percent of Respondents (N=344)

- Individuals with multiple and complex needs
- Individuals age 60 and older
- Individuals experiencing homelessness or housing instability
- Individuals age 80 and older
- Individuals with mental health conditions
- Individuals with Alzheimer’s and related dementias
- Individuals with disabilities under age 60
- Caregivers
- Individuals reporting suspected elder abuse, self-neglect, financial exploitation, etc.
- Individuals with substance use disorders
- Veterans
- Transition-age youth

- Serving more
- Serving about the same
- Serving fewer
- Serving none
NASUAD Resources

More resources for aging and disability professionals
HCBS Business Acumen Center

Goal/Vision:

- Build the capacity of disability community organizations to contract with integrated care and other health sector entities
- Improve the ability of disability networks to act as active stakeholders in the development and implementation of integrated systems within their state

http://www hcbsbusinessacumen.org/
Resources on Managed Long-Term Services and Support
NCI-AD Provides:

- Service recipient quality of life and outcomes survey
- Focused on seniors and adults with physical disabilities receiving publicly-funded services
- Offers an overview of state program performance
- State and national results available on [www.nci-ad.org](http://www.nci-ad.org)
NASUAD is a partner organization with NCAPPS

NCAPPS is a new initiative from ACL and CMS to implement person-centered practices

Administered by HSRI

Will promote systems change through technical assistance to states and learning collaboratives

Will support the field through educational webinars and a national clearinghouse

https://ncapps.acl.gov
Helping Medicare Beneficiaries: Resources for MIPPA Outreach

Executive Summary
Individuals over age 60 in the Information and Referral/Assistance (I&R/A) programs for assistance for many needs. Public benefits, such as Medicare and the Medicare Low-Income Subsidy, the Supplemental Nutrition Assistance Program (SNAP), and the Low-Income Home Energy Assistance Program (LIHEAP), help individuals save on healthcare, food, and home heating and cooling. Benefits play a critical role in providing assistance with financial needs. I&R/A agencies and professionals serve as a gateway to state and local aging and disability services. As needs are changing and growing, the role of I&R/A specialists is expanding to include navigation, application assistance, outreach, and other functions. This brief shares results from a national survey of I&R/A agencies and provides an opportunity to learn about benefits screening, assistance, and outreach within I&R/A aging and disability networks. Around half of agencies in the survey reported screening and providing application assistance for these benefits. Agencies are a variety of tools to assist with screening and education.

Background and Methodology
The National Association of State Units on Aging and Disabilities (NASUAD), with support from the National Council on Independent Living (NCIL), conducted a national survey to assess the role of I&R/A systems serving older adults, persons with disabilities, and caregivers. The survey was conducted in partnership with the National Council on Independent Living (NCIL), in partnership with the National Council on Aging (NCOA), and with the National Council on Independent Living (NCIL). The survey was distributed to NASUAD’s state member, who were requested to forward it to the I&R/A lead staff at their agencies, as well as to agencies within their networks, such as Data Agencies on Aging (DAA) and Aging and Disability Resource Centers (ADRCs). The I&R Support Center also disseminated the survey to their state agencies for Independent Living (CILs) distribution list comprised of I&R/A professionals. NCIL distributed the survey to its Centers for Independent Living (CILs) distribution list comprised of CILs across the country. The survey was in the field in April 2018 with follow up data gathered in May 2018.

For Assistance Call:

I’m working again, but I still can’t afford my MEDICARE COSTS...
Is there any HELP out there for me?

YES! If you are a working person with a disability under 65 and on Medicare, the Qualified Disabled Working Individual Program (QDWI) will help you!

Get HELP with your MEDICARE COSTS!

A Medicare Savings Program may help with some of your Medicare costs.
Infographics on Aging, Disability, Caregivers, and Oral Health

FUNDING FOR SENIORS NOT KEEPING PACE
From 1980 to 2015
86% POPULATION INCREASE ADULTS 65+
64% FUNDING DECREASE AoA FUNDING
Current Funding Levels Unable to Meet Increased Need
$8.33 PER ADULT 65+
1980
$1.05 PER ADULT 65+
2015
Percent of Seniors Continues to Grow

WORKING AGE ADULTS WITH DISABILITIES AND WITHOUT DISABILITIES
Employment Rate Ages 18-64
84% WITHOUT DISABILITIES
36% WITH DISABILITIES

Median Earnings Ages 16+
$30,728 WITHOUT DISABILITIES
$20,785 WITH DISABILITIES

Poverty Rate Ages 18-64
29% PERCENT
14% PERCENT

CAREGIVERS: THE STRESSORS
Emotional
55% FEEL OVERWHELMED BY THE AMOUNT OF CARE FAMILY MEMBERS NEED

Health
1 IN 5 REPORT PHYSICAL STRAIN DUE TO CAREGIVING DUTIES

Financial
FAMILY CAREGIVERS ARE 2.5 TIMES MORE LIKELY TO LIVE IN POVERTY

WHAT HAPPENS AS A RESULT?
Gum Disease Occurs In...
70% of older adults
80% of adults with disabilities

Periodontal Disease is Associated With...
Other Health Risks
Diabetes + Stroke + Cardiovascular Disease + Adverse Pregnancy Outcomes

Emergency Room Visits
Over a 3 year period, $2.7 billion were spent in dental-related hospital emergency department visits in the United States

Tooth Loss
More than 1/3 of adults 65 years or older have lost all of their teeth

Poor Nutrition Occurs When...
Older Adults have changes in chewing ability, untreated tooth decay, or missing teeth, making it more difficult to consume a healthy diet

© 2015 www.NASUAD.org
© 2016 www.NASUAD.org
© 2017 www.NASUAD.org
HCBS.org is the premier clearinghouse promoting the development and expansion of home and community-based services by gathering resources and tools for research, policy making and program development into a one-stop online library.

Welcome to the HCBS Clearinghouse

Default is for ALL words you enter. If you want ANY of the words, place an OR between each of your terms. For exact phrase “put quotes around search terms”

Search Terms

Quick search
Stay Up to Date!
Friday Updates Newsletter

In This Issue
* NASUAD: Role of Home Modification in Promoting Aging in Place and Community
* NASUAD: New Brief on Connecting Clients to Benefits
* NASUAD: Directory of ACL National Resource Centers
* NASUAD: Now Seeking Summer Interns!
* NASUAD: Mailing Address Coming May 1st
* NASUAD: Updates on the 2019 HCBS Conference
* HCBS Clearinghouse: Supports and Tools for Elder Abuse Prevention
* ACL: New Opioids and TBI Grantees Brief
* CMS: Medicaid Rule on Reassignment of Provider Claims

From NASUAD

The Role of Home Modification in Promoting Aging in Place and Community

The National I&R Support Center at NASUAD will host a webinar on The Role of Home Modification in Promoting Aging in Place and Community. This webinar is scheduled for Thursday, May 16, from 3:00 p.m. to 4:00 p.m. ET.

As part of an Administration for Community Living (ACL)-funded project focused on home modification, NASUAD and the University of Southern California (USC) Leonard Davis School of Gerontology invite you to this webinar on the role of the home in promoting aging in place and community. Learn the fundamentals of home modification, different types of agencies and funding sources that offer home modification services and obtain practical skills to use when an older adult or caregiver needs to address fall and safety hazards in the home.

• Free weekly e-newsletter
• National, federal and state updates on a broad range of topics pertaining to aging and disability policy and services
• Over 10,000 recipients!
• Sign up at www.nasuad.org
FOR MORE INFORMATION

Nanette Relave, I&R Support Center Director
nrelave@nasuad.org
202-898-2578