Making the Case for Tribal Programs: Using Data to Demonstrate Efficacy

Presented by

Cynthia LaCounte, Director of the Office for American Indians, Alaskan Natives and Native Hawaiian Programs

Kristen Hudgins, Social Science Analyst, Office of Performance and Evaluation

August 31, 2017
Overview

- ACL in Indian Country
- Title VI Program Overview
- Getting Better Data in Indian Country
- Better Collaboration with Indian Country
Indian Country Defined

All land within the limits of any Indian reservation under the jurisdiction of the US Government...

Land that is located within the exterior boundaries of an Indian reservation is Indian Country.

18 U.S. Code § 1151

Photo credit: Duhaime’s Law Dictionary
American Indian and Alaska Native Population: 2000
U.S. Census
ACL in Indian Country

• Administration on Disability
• Title III
• Title VII
• Tribal Consultation Policy
• Title VI
ACL Tribal Consultation

Policy

Measure

Process

Training

Goals
Title VI of the Older Americans Act

ACL funds programs that support American Indians, Alaska Natives and Native Americans in the areas of:

- Nutrition
- Supportive services
- Caregiver services
## 2017 -2020 Title VI Grantees by Region

<table>
<thead>
<tr>
<th>Regions</th>
<th>Programs with Part A</th>
<th>Programs with Part C</th>
</tr>
</thead>
<tbody>
<tr>
<td>I (CT, MA, ME, NH, RI, VT)</td>
<td>8</td>
<td>5</td>
</tr>
<tr>
<td>II (NJ, NY, PR, VI)</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>III (DE, DC, MD, PA, VA, WV)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>IV (AL, FL, GA, KY, MS, NC, SC, TN)</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>V (IL, IN, MI, MN, OH, WI)</td>
<td>28</td>
<td>24</td>
</tr>
<tr>
<td>VI (AR, LA, NM, OK, TX)</td>
<td>53</td>
<td>46</td>
</tr>
<tr>
<td>VII (IA, KS, MO, NE)</td>
<td>8</td>
<td>7</td>
</tr>
<tr>
<td>VIII (CO, MT, ND, SD, UT, WY)</td>
<td>24</td>
<td>18</td>
</tr>
<tr>
<td>IX (AS, AZ, CA, CNMI, GU, HI, NV)</td>
<td>61* (one Part B)</td>
<td>50</td>
</tr>
<tr>
<td>X (AK, ID, OR, WA)</td>
<td>80</td>
<td>75</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>270</strong></td>
<td><strong>233</strong></td>
</tr>
</tbody>
</table>
Title VI by the Numbers*

• **Transportation Services:** Provided over 800,000 rides

• **Home-Delivered Nutrition Services:** Provided more than 2.6 million meals to more than 43,000 elders

• **Congregate Nutrition Services:** Provided more than 2.4 million meals to nearly 61,000 elders

*Based on 2014 AGID Data: [https://agid.acl.gov/CustomTables/NA/Data/](https://agid.acl.gov/CustomTables/NA/Data/)
Title VI by the Numbers, cont.

- **Information, Referral, and Outreach Services:** Provided more than 845,000 hours of service
- **In-Home Services:** Provided over 1.26 million units of service
- **Caregiver Counseling and Support Group Services:** Provided more than 34,000 units of service
- **Caregiver Respite Services:** Provided more than 80,000 units service

*Based on 2014 AGID Data: [https://agid.acl.gov/CustomTables/NA/Data/](https://agid.acl.gov/CustomTables/NA/Data/)*
ACL’s 3-Legged Performance Strategy

Performance

Targeting

Quality

Efficiency

www.agid.acl.gov
Updating Title VI Performance Indicators

Revisit: ACL Central Office Staff
Revise: ACL Regional Office Staff
Review: Title VI Directors
Finalize: Everyone
Title VI Reporting System Reboot

Create  Pilot  Train  Release
Why Evaluate?

• Build Capacity
• Improve Implementation
• Justify Funding
“Researchers are like mosquitoes; they suck your blood and leave.”

~Alaska Native saying
Conducting Research in Indian Country

- Respect and accurately reflect the varied cultures and traditions among Native Americans
- Culturally appropriate research methods
- Address and highlight the diversity across tribal communities
- Build and maintain a trust between tribal communities and researchers
Community Participatory Evaluation

“Participatory evaluation is a partnership approach to evaluation in which stakeholders actively engage in developing the evaluation and **ALL** phases of its implementation.” (Zukaski, A., & Luluquisen, M., 2002)
Participatory Framework for Title VI Evaluation

Tribal Elders & Program Staff

Evaluation Working Group

ACL and ICF

Tribal Leadership

Steering Committee
Benefits to Participation

- Staff Training
- Tribe-specific Data Analysis
- Evaluation Planning
- Improved Performance Measures
Framing the Title VI Evaluation

**Review**
- Review Title VI Program Manual and other materials

**Assess**
- Advisory Group
- Grantee Interviews

**Plan**
- Logic Modeling
- Evaluation Planning

http://www.aoa.acl.gov/Program_Results/docs/EA-of-TitleVI-v2.pdf
Title VI Program Outcomes

Community

Spiritual
- Increase in empowerment
- Increase in cultural/community integration
- Maintain independence
- Decrease in risk of nursing home placement

Mental
- Increase in staff knowledge and skills
- Decrease in mental overload

Emotional
- Increase in social contacts
- Increase in social connectedness
- Decrease in social isolation

Physical
- Increase in physical safety
- Increase in food security
- Maintain overall health
- Maintain nutritional intake
- Maintain meal/service satisfaction
- Maintain physical activity

Family/Friends

Intergenerational connection
Long-Term Impacts of All Title VI Activities

- Increase in empowerment
- Increase in quality of life
- Increase in quality of care and services
- Decrease in ER and acute care visits
- Decrease in risk of nursing home placement
Title VI Evaluation Components

- Steering Committee
- Choosing Grantees
- Orientation and Training
- Data Collection
- Training and Technical Assistance
Eligibility for Title VI Evaluation

- Current Title VI Grantee
- 2016 UND Needs Assessment
Data Collection

- Title VI Director interviews and focus group
- Congregate meal focus group
- Home-delivered meal interviews
- Caregiver focus group
- Caregiver Survey
Compensation

- $16,000 to $18,000 awards over three years
- Evaluation training and technical assistance from ICF
Evaluation and Data Collection Timeline
Takeaways

**Sovereignty**
- [https://tribal.golearnportal.org](https://tribal.golearnportal.org)

**Respect**
- [https://store.samhsa.gov/shin/content/SMA08-4354/SMA08-4354.pdf](https://store.samhsa.gov/shin/content/SMA08-4354/SMA08-4354.pdf)

**Collaboration**
- [http://nicoa.org/resources/nicoa-resources/](http://nicoa.org/resources/nicoa-resources/)
Contact Information

Cynthia LaCounte, Cynthia.LaCounte@acl.hhs.gov
202-795-7380

Kristen (Krissy) Hudgins, Kristen.Hudgins@acl.hhs.gov,
202-795-7732