



# NATIONAL ASIAN PACIFIC CENTER ON AGING

## **The Asian American and Pacific Islander (AAPI) Aging Population**

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National Resource Center on AAPI Aging



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# National Resource Center on AAPI Aging

The National Resource Center on AAPI Aging is the first and only technical assistance resource center with a goal of improving both access to, and the quality of long-term services and supports for Asian American and Pacific Islander (AAPI) older adults.



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# National Resource Center on AAPI Aging

Through technical assistance, training, and educational resources, the National Resource Center on AAPI Aging works with aging organizations to accomplish this goal, thereby improving the quality of life of AAPI older adults nationwide.

<http://napca.org/resource/>



# Why Prioritize AAPI Cultural Competency?

- Population increasing and diversifying
- Increase satisfaction, improve health outcomes, and strengthen service equity
- Increase awareness, competence, and confidence
- Efficient spending/ resource allocation
- Stronger organizational viability for grants and contracts
- Protecting your organization from liability
- Meeting state and federal requirements



**Cultural competence is a quality indicator of I&R/A services and a requirement of the Older Americans Act (OAA)**



# Content

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# Section 1

## Key Terms



# Key Terms

- Cultural Competence
- Cultural Humility
- Linguistic Competence
- AAPI
  - Asian American
  - Native Hawaiian and Pacific Islander



Boundary representation is not necessarily authoritative





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# Section 2

## AAPI Older Adult Demographics



**AAPIs are the fastest  
growing minority group in  
the US...**



# Geographic Distribution of AAPI 60+ Growth Rate<sup>1</sup>

Top States (# Persons)	
California	328k
New York	83k
Texas	63k
New Jersey	44k
Florida	40k
Illinois	37k
Washington	33k
Hawaii	29k
Virginia	27k
Maryland	20k
Georgia	20k

Top States (Percent)	
North Dakota	116%
Montana	102%
South Dakota	90%
Vermont	88%
North Carolina	87%
Tennessee	86%
Georgia	83%
Florida	82%
Wyoming	81%
Indiana	80%
Texas	80%



**Between 2010 and 2030,  
the AAPI older adult  
population is projected to  
increase by 145%<sup>1</sup>**



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# Section 3

## AAPI Families and Culture



# Disclaimer

- Using cultural-based **generalizations**
- We are **not** asking you to profile or stereotype
- Each AAPI subgroup **differs** in socio-cultural traits
- Individuals **will** deviate from these cultural norms.



# AAPI Families and Culture

**Filial Piety** (noun)  
the important virtue  
and primary duty of  
respect, obedience,  
and care for one's  
parents and elderly  
family members.





# **Section 4**

## **Barriers to Accessing Long-Term Services and Supports & Resources for I&R/A Professionals**





The Older American's Act of 1965, as amended, requires states to give preference to older adults with the greatest economic and social need.

Targeting requires states to prioritize older adults who are minorities, low-income, and also those with Limited-English proficiency (LEP).

Although these provisions exist, **AAPI older adults do not have equitable access** to the services and supports they need.



**In 2013, 3% of AAPI older adults received Older Americans Act, Title III services nationally<sup>2</sup>**



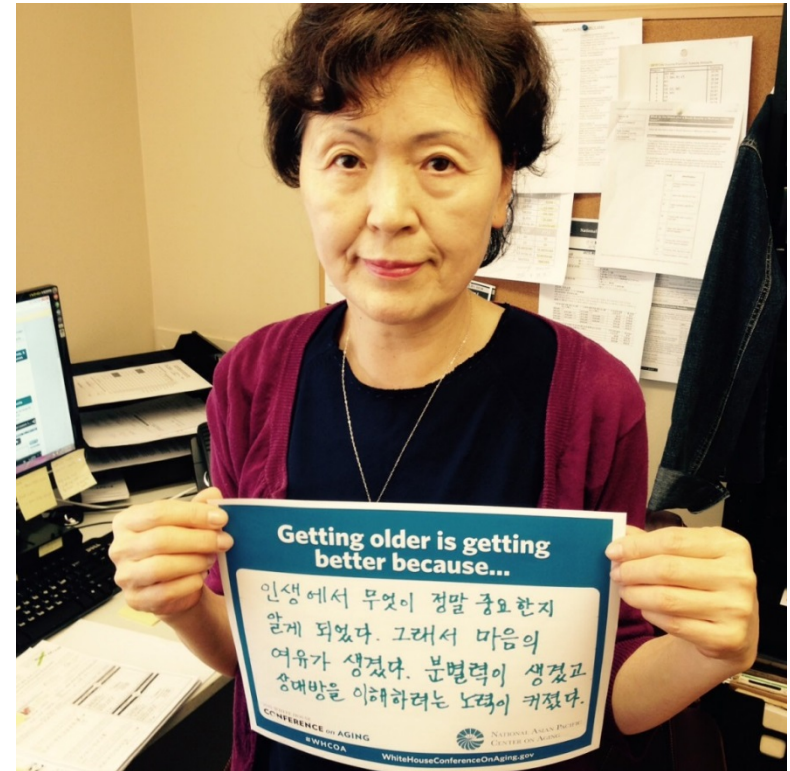
## Limited English Proficiency (LEP)

- Individuals who do not speak English as their primary language and who have a limited ability to read, write, speak or understand English, may be limited English proficient.
- LEP is also defined as a person's self-assessed ability to speak English less than "Very Well".



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**In 2010,  
only 15% of  
AAPI older  
adults spoke  
English at  
home<sup>1</sup>...**





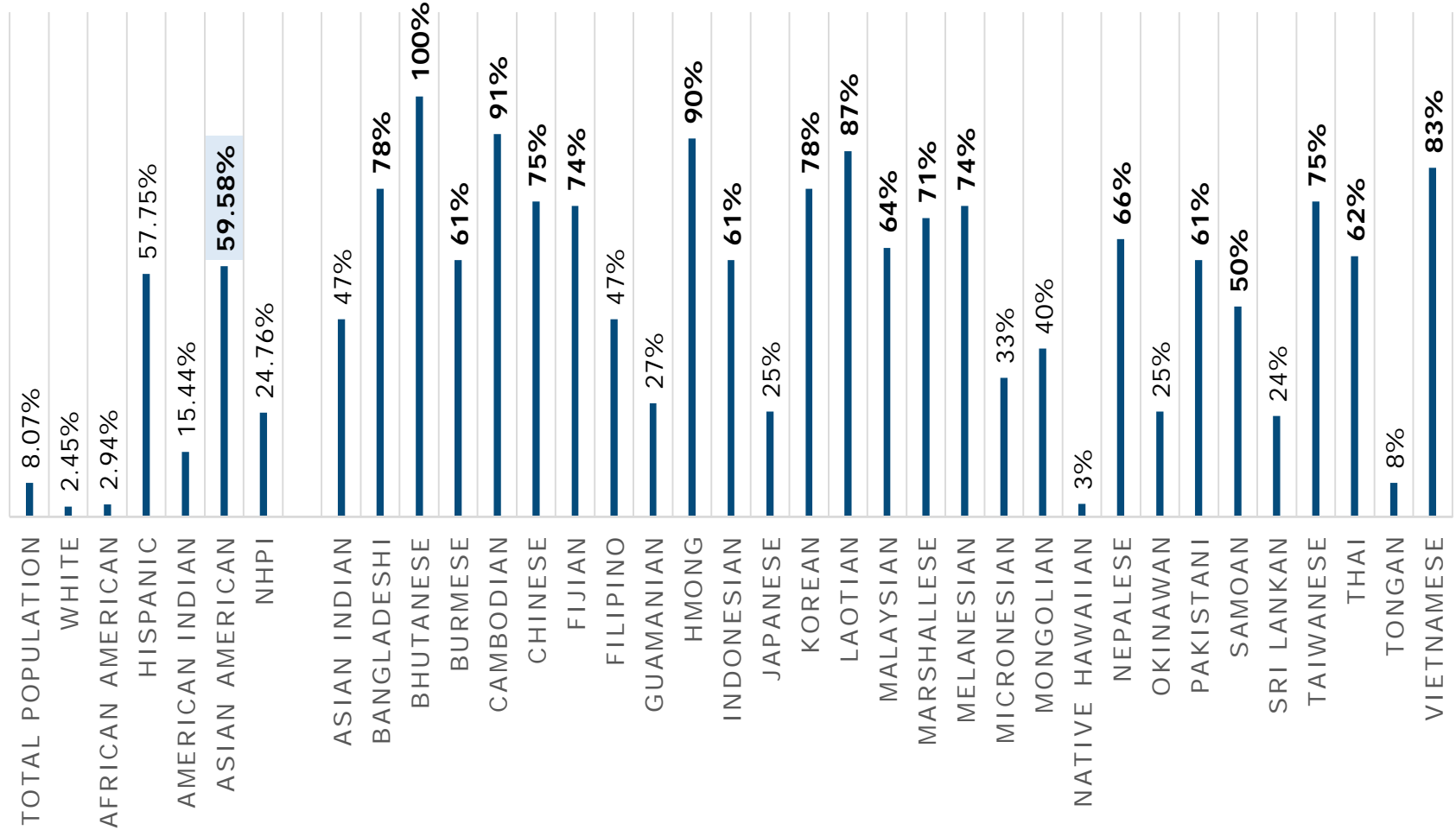
# More than 2 out of every 3

Chinese, Korean, Vietnamese,  
Laotian, Hmong, Fijian, Marshallese,  
Nepalese, Taiwanese, Bangladeshi,  
and Burmese older adults

**are LEP<sup>1</sup>**



# Limited English Proficiency (LEP) of Older Adults (65+) <sup>1</sup>





# Resources for I & R/A Professionals:

- **Interpreters**
  - Fact Sheet: 4 Strategies to Identify an Interpreter <http://napca.org/resource/national-resource-center-on-aapi-aging-3/>
- AAPI- Serving Community-Based Organizations
- Local Universities
- National, Regional and State Interpreter Associations
  - [https://www.lep.gov/interp\\_translation/trans\\_interpret.html](https://www.lep.gov/interp_translation/trans_interpret.html)



# Resources for I & R/A Professionals:

- **Translation of Resources**
  - American Translation Association  
<http://www.atanet.org/>
- Environmental Scan... many resources exist!
  - Example ----->
    - Appendix B

alzheimer's association®



**Strengthening Community-Based  
Services for Asian American and Pacific  
Islanders Affected by Dementia**







# Immigration Status

- Not recognized as a vulnerability factor for Title III services
- 80% of AAPI elders are immigrants<sup>1</sup>



# More than 2 out of 3

Chinese, Filipino, Korean, Vietnamese,  
Asian Indian, Bangladeshi, Burmese,  
Indonesian, Nepalese, Pakistani, Taiwanese,  
and Thai older adults

**are immigrants<sup>1</sup>**



# Resources for I & R/A Professionals:

- Community-Based Organizations
- Department of Justice List of Pro Bono Legal Service Providers:  
<https://www.justice.gov/eoir/list-pro-bono-legal-service-providers>

THE UNITED STATES  
DEPARTMENT OF JUSTICE

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### LIST OF PRO BONO LEGAL SERVICE PROVIDERS

Please select a state/territory from either the map or the list of states/territories below to view the pro bono legal services available in that particular state/territory:

Alabama Louisiana Oklahoma



**“Having... folks on the Vietnamese side – friends, family, people [my Mom] interacts with – not understand [Alzheimer’s] disease, but then on the other side, having the system – the mainstream providers – not understand [our] cultural needs, it’s like this double whammy and it’s exhausting to be [a caregiver] in the middle.”**

GAPS: <https://vimeo.com/268811803/6745380c62>

A short film by Peter Trinh, an independent filmmaker and documentarian in Seattle, Washington



# How Culture Impacts AAPI Communication and Engagement

- AAPI older adults **may**:
  - Be reluctant to complain or ask for clarification
  - Value group consensus more so than other ethnically-diverse families
  - Prioritize family harmony, and fear “family shame”
  - Vary in level of acculturation
  - Be impacted by historical trauma



# Communication and Engagement Strategies

- Build trust by prioritizing culture!
- Establish the professional's role and assume authority
- Self-disclose to build social/ cultural connection



# Communication and Engagement Strategies

Tips to help comprehension:

- Notify LEP AAPI clients of availability of in-language services.
- Use open-ended questions.
- Be attentive to non-verbal cues.
- Check for understanding regularly.



# Section 5

## Key Takeaways and Next Steps





# When Working With AAPI Older Adults...

- Remember that cultural identity impacts communication and engagement
- Utilize person-centered approaches
- Build trust by prioritizing culture
- Include AAPI older adults and the communities that support them (i.e. community-based organizations, community leaders)



## Commit to Cultural Humility!

- **NASUAD IQ** Course, Strengthening Cultural Competence in I&R/A Work with AAPI Older Adults <http://www.nasuadiq.org>
- **Stanford University** self-paced, ethnogeriatric cultural competence training for care of several AAPI populations  
<http://geriatrics.stanford.edu/ethnomed.html>
- **The National Resource Center on AAPI Aging** [www.napca.org/resource](http://www.napca.org/resource)



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**Thank You!**



## References

1. U.S. Census Bureau. (2010). 2010 Census. February 2016.
2. Administration for Community Living. (2013). *Aging Integrated Database: State Program Reports Custom Tables*. August 2016.



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**Please complete the  
evaluation to help us  
strengthen our TA!**

<https://www.surveymonkey.com/r/KV3XRRP>



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# Contact Us For Technical Assistance

## National Resource Center on AAPI Aging

A Technical Assistance Resource Center  
Partially Funded by the U.S. Administration  
on Community Living

[www.napca.org/resource](http://www.napca.org/resource)

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