CAREGIVERS IN AMERICA
Growing Contributions with Little Support

www.nasaud.org
WHO ARE THEY: Prevalence

39.8 million are caregivers

6 in 10 are employed
WHO ARE THEY: Compensation

90% of all caregivers who provide long-term services and supports are UNPAID.
WHO ARE THEY: Gender

60% FEMALE 40% MALE
WHO ARE THEY: Age

- 50-64: 34%
- 65-74: 12%
- 35-49: 23%
- 18-34: 24%
- 75+: 7%

1 in 10 Caregivers are 75 or Older
WHERE CARE RECIPIENTS LIVE

- 48% his/her home
- 35% caregiver home
- 11% nursing facility, assisted living, retirement community
- 6% someone else’s home
HOURS OF CAREGIVING

24.4 HOURS AVERAGE PER WEEK
CAREGIVER TASKS

57% assist with medical/nursing tasks

78% who provide medical/nursing tasks are managing medications, and administering IVs, injections, and medications
CAREGIVER TASKS

42% perform medical/nursing tasks without any training
CAREGIVER STRESSORS

Emotional

55% feel overwhelmed
CAREGIVER STRESSORS

Health

1 IN 5 REPORT PHYSICAL STRAIN DUE TO CAREGIVING DUTIES
CAREGIVER STRESSORS

Financial

FAMILY CAREGivers ARE

2.5 TIMES MORE LIKELY
TO LIVE IN POVERTY
CAREGIVER STRESSORS

Financial

1 IN 5 RETIREES LEFT WORKFORCE EARLY TO CARE FOR FAMILY
CAREGIVER STRESSORS

Financial

$303,880
LOST INCOME and BENEFITS
ON AVERAGE OVER LIFETIME
FOR FAMILY CAREGIVERS 50+
SERVICES FOR CAREGIVERS

The National Family Caregiver Support Program: Caregivers Served in 2013

- Information Services: 12,600,435 served
- Respite Care: 60,450 served
- Counseling: 117,530 served
- Access Assistance: 779,359 served
- Cash & Counseling: 1,802 served
- Supplemental Services: 32,904 served
SERVICES UNABLE TO MEET DEMAND

8 OUT OF 10 COULD USE MORE INFORMATION AND SUPPORT
THE GROWING VALUE OF CAREGIVING

UNCOMPENSATED Family & Friend Caregiving* ≥ TOTAL Medicaid Spending

$470 BILLION Economic Value $449 BILLION

*CAREGIVERS IN 2013
PROFILE OF CAREGIVERS IN AMERICA

- 82% care for 1 adult
- 15% care for 2 adults
- 3% care for 3+ adults

On average, caregivers help with 4.2 Instrumental Activities of Daily Living

- 49% felt they had no choice in taking on this role
- 85% provide care to a relative
- 28% of caregivers have a child or grandchild living with them

Caregivers by Race:
- 16.9% White
- 19.7% Asian American
- 20.3% African American
- 21% Hispanic

$28+ billion in lost productivity for full/part-time employed caregivers

8.4 million provide care to an adult with an emotional or mental health issue

17.9 billion hours of unpaid care for people with Alzheimer’s & related dementias

600,000-700,000 families have an adult with I/DD living with aging family members with no future planning