



# **Curriculum for Empowering Self-Advocates**

## **Volume 3**

### **Pilot Training Topics**

1. Introduction
  - Meeting One Another
  - Class Agreements
  - Our Priorities
  - Everyone Teaches, Everyone Learns
  
2. Being Empowered
  - Our Experiences
  - Feeling Good About Ourselves
  - Celebrating Who We Are
  
3. Starting to Take Charge
  - Choices in Our Lives
  - Supply and Demand
  - Exercising Our Rights Responsibly
  - Telling Others What We Want
  
4. Being On the Team
  - What is Teamwork?
  - Communicating with the Team
  - Teamwork in Solving Problems
  - Leading the Team



## 5. In the Driver's Seat

- Things We Want to Do, Places We Want to Go
- Managing the Individual Planning Process
- Choosing People to Help
- What If Someone Disagrees?
- Changing the Way the System Works

## 6. Other Issues to Cover