



We are very glad you are interested in IndependentChoices! Many participants have said that their lives are better because of IndependentChoices. People are able to stay at home for a longer period of time being cared for by family, friends or trusted employees. We are glad to offer you this opportunity and wish the same success for you.

To Apply or Request More Information Call Toll Free:

1-888-682-0044

IndependentChoices

History

IndependentChoices is part of a national effort called Cash and Counseling. Cash and Counseling is sponsored by the Robert Wood Johnson foundation, Centers for Medicare and Medicaid Services (CMS), and the Office of the Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services. The national program office is housed at the Boston College Graduate School of Social work.

IndependentChoices began enrolling participants in December 1998. Arkansas was the first state to have a program like IndependentChoices. New Jersey and Florida soon followed with programs. Today there are a total of 15 states who have implemented or are in the process of implementing similar programs under Cash and Counseling.

**Please share this brochure
with a friend**

IndependentChoices

Control . . .

Flexibility . . .

Independence



*Arkansas Department of
Human Services*

1-888-682-0044

IndependentChoices

What is it?

IndependentChoices is a Medicaid program that allows you to direct your own personal assistant services at home.

**YOU
ARE
THE
BOSS**



You Choose:

- Your assistant
- When your assistant works
- What your assistant does for you
- How your assistant takes care of your needs
- Other items that support your care and independence

Who is eligible?

If you are:

- Currently receiving Medicaid in a category that covers personal care
- Age 18 or older
- In need of personal assistant services
- Wanting to be responsible and direct your own personal assistant services

You may be eligible for IndependentChoices.

If you are not currently receiving Medicaid, contact your local DHS county office to apply.



"Hiring my daughter makes me feel independent. I know she is always there. She knows what I like and what I don't like."

How Does It Work?

Tell us you are interested by calling us at 1-888-682-0044. We will explain the program and help you enroll, if you choose.

What If I Need Help?

IndependentChoices has staff that can help. When you call 1-888-682-0044, you will talk to a counselor who will help you understand the program, assist with completing forms, help you make decisions about your personal assistant, etc. If appropriate, the counselor will make a referral to a nurse who will come to your home to assess your needs.

IndependentChoices also has hired a bookkeeper to act on your behalf. This bookkeeper will process your worker's timesheet, issue payroll checks, and withhold and pay taxes on your behalf.

You may also choose a representative to act on your behalf.