



Services for People with D i s a b i l i t i e s

Division of Services for People with Disabilities, Dept. of Human Services

Ogden Office

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Ogden, UT 84402

Phone:(801) 626-3300

<http://www.dspd.utah.gov/index.htm>

DSPD Mission

The Mission of the Division of Services for People with Disabilities (DSPD) is to promote opportunities and provide supports for persons with disabilities to lead self-determined lives. DSPD also promotes public awareness and acceptance of people with disabilities.

Who do they serve?

DSPD serves individuals with multiple disabilities. Most have mental retardation or developmental disabilities. Eligible clients have a severe, chronic disability and substantial functioning limitation in seven major life-functioning areas. Individuals over 18 who may have a brain injury and a physical disability may be served.

Eligibility

Children and adults may be eligible for DSPD services if they have the following qualifying disabilities:

- Mental retardation: a disorder in which a person's overall intellectual functioning is well below average--an intelligence quotient (IQ) of 70 or less. Individuals with mental retardation have a significantly impaired ability to cope with common life demands and lack some daily living skills expected of people in their age group and culture. The impairment may interfere with learning, communication, self-care, independent living, social interaction, play, work, and safety. Mental retardation appears in childhood, before age 18.
- Cerebral palsy: a medical condition caused by a permanent brain injury that occurs before, during, or shortly after birth. It is characterized by a lack of muscle control and body movement.
- Autism: a disorder of brain function that appears early in life before the age of 3. Children with autism have problems with social interaction, communication, imagination, and behavior.

- Severe epilepsy: a chronic brain disorder that causes seizures, characterized by a variety of symptoms including uncontrolled body movements, disorientation or confusion, or loss of consciousness. Epilepsy may result from a head injury, stroke, brain tumor, lead poisoning, genetic conditions, or severe infections.
- Acquired brain injury: the result of a traumatic injury to the head or a stroke, hypoxia, toxic exposure, or intracranial surgery that results in substantial impairment in cognitive abilities or physical functioning.
- Adults with physical disabilities who cannot use 2 or more limbs.
and if they have severe functional limitations that are likely to continue throughout their life in three or more of the following life activity areas:
- Self-care: a person requires assistance or training in eating, toileting, bathing, dressing or grooming.
- Receptive and expressive language: a person who lacks functional communication and does not demonstrate an understanding of simple two-step requests.
- Learning: see Mental Retardation above.
- Mobility: a person who requires assistive devices to be mobile and who cannot evacuate themselves in an emergency.
- Self-direction: a person who is significantly below average in making appropriate decisions relating to safety, legal, financial, or residential issues or someone who has been legally declared incompetent.
- Capacity to live independently: a person who does not have the basic survival skills necessary to live in the community or someone who is a significant danger to themselves or others.
- Capacity to become economically self-sufficient: An adult who receives disability benefits or who is unable to work 20 hours a week or is paid less than minimum wage without employment support.

Applying for Services

Contact the Region DSPD Office in your area to begin the application process (see chart below). An intake worker will explain the information required and the associated timeframes for submitting the needed information. This information may include:

- Form 19 (Division's eligibility for services document), signed by a physician or psychologist, which certifies the diagnosis and severity of disability.
- Inventory for Client and Agency Planning (ICAP) form that identifies skills, deficits, and problem behaviors.
- Social history
- Psychological or medical evaluation

The intake worker uses this information to:

- Determine eligibility;
- Determine Medicaid eligibility;
- Identify needed services and supports; and
- Place people on the waiting list if funds for services are not immediately available.

Services are provided to those with the most critical needs first when funding is available. DSPD receives funding through appropriations from the legislature. More often than not, DSPD is not able to offer immediate services to eligible individuals so

they are placed on the waiting list. Currently, there are about 1,900 people waiting for services for which funding is not available.

DSPD determines how critical the need is by using a standardized evaluation called the Needs Assessment. Members of local committees assess an individual based on a variety of factors including:

severity of disability and problem behaviors exhibited; family's strengths and weaknesses; special medical needs; health and safety issues; availability of other resources; length of time projected deterioration of disability without services; without services.

A "needs" score is established which indicates the level of need. People with the highest scores have the first priority for services. This score determines a person's rank order on the waiting list. The Needs Assessment can be redone if a person's situation changes or there is a suspected change in one or more of the above factors. Contact your intake worker to request another assessment.

Services

DSPD offers a variety of services for both children and adults to help them participate fully in a community setting. Once a person is found eligible for services and removed from the waiting list, staff will assess the person's needs and assist in selecting the supports that best serve the person. Supports are determined by the person's needs and the amount of funding available.

Family Managed or Self-Administered Services:

This option is typically limited to respite care and other types of family support. Families who choose this option must do the following:

- Hire and train their own staff and have more control over who provides the supports and services to their family member who has a disability;
- Hire a fiscal agent who is responsible for payroll functions;
- Comply with certain defined regulations;
- Complete administrative work that private providers generally do.

This is considered "sweat equity" so not all families are interested in, nor may be appropriate for, this option.

Services for Children:

- Respite Care: temporary care to relieve parents or caregivers from the day-to-day care they provide to the person with a disability.
- Family Assistance and Support: includes activities such as assistance with daily activities, help with therapies, assistive technology and/or environmental modifications.
- Host Home or Professional Parent Services: an out-of-home service in the private home of specially trained families. These families also have a variety of specialized backup services offered through a private provider agency.

Services for Adults:

- Supported Employment: includes job development, placement, intensive on-the-job training

- Day Services: include daytime supervision and support to develop and maintain self-help and communication skills
- Host Home: residential community option where individuals choose to live in a family setting
- Supported Living: staff support for a variety of needs and activities for parts of the day or week so an individual can live on their own or with their family
- Supervised Living Supports: residential services offered in a group home or supervised apartment where needs can vary from intermittent supervision to intensive 24-hour supervision
- Respite Care (See description listed for Services for Children)
- Senior Supports: services designed for people 55 and older who have medical conditions that precludes them from participating in traditional day programs.
- Utah State Developmental Center: Utah's only state-operated intermediate care facility—offers intensive medical, behavioral, psychological and dental services to those over age 18. Admissions are limited and require intensive screening and court commitment process. Services are designed for:
 - very medically fragile individuals
 - those requiring psychiatric evaluation and stabilization
 - offenders who need intensive supervision
 - those with severe disabilities who cannot be served in less restrictive settings



Division of Services for the Blind and Visually Impaired

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Utah State Office of Rehabilitation

Ogden Office

150 North Washington Blvd.

Ogden, Utah 84404-3952

(801) 625-0311

Mission

The mission of the Division of Services for the Blind and Visually Impaired (DSBVI) is to assist individuals in achieving maximum levels of independence and, whenever possible, developing goals toward competitive employment.

Eligibility

Individuals are eligible clients of DSBVI if they meet any of the following criteria:

1. Stable vision with distance visual acuity of 20/70 or less in the best eye with best correction
2. Progressive vision loss with distance visual acuity of 20/50 or less in the best eye with best correction
3. Field loss such that the visual field is 30° or less in the best eye
4. Functional vision impairment of physiological origin documented by an eye doctor, psychological problems or learning disabilities are NOT qualifying conditions
5. Individuals with a qualifying visual condition in one eye and good vision in the other may served ONLY by Vocational Rehabilitation

Referral for Services

Referral for services can be made in several ways:

- The individual's ophthalmologist or optometrist
- Another professional or agency
- By a family member or friend
- By self-referral

Cost of Services

There is no cost for services offered by the Division for the Blind and Visually Impaired. Low Vision Services does stock an assortment of devices and supplies which are available for purchase at cost.

Services

Vocational Rehabilitation (VR) Services

(800) 284-1823, ext. 379

The Vocational Rehabilitation Unit provides services to help individuals with visual impairments to prepare for, obtain, and maintain employment.

- An individual must have a visual impairment which results in a substantial impediment to employment
- Rehabilitation services must be necessary for the individual to maintain employment or become gainfully employed.

Services

You may receive many different types of services. The services you get are based on your individual job goals and needs. All services provided must be included in your Individual Plan for Employment (IPE) and approved in advance. Some examples of possible services are:

- Training and Adjustment Services can provide help to gain employment skills which include:
 - Independent mobility skills;
 - Effective written communication; and
 - Good independent living skills (cooking, cleaning, self-care, money management, etc.).
- Counseling and Guidance: You will meet one-on-one with a counselor who will assist you in selecting a vocational goal, select the services you need, and help you reach the job goal you have set.
- Vocational Evaluation: Evaluations help you determine your aptitudes, interests, and abilities, so that you can choose a goal which best suits you.
- Assistive Technology: AT is special equipment that will help you reach your job goal, you may need AT equipment purchased for you and you may need training on how to use it.
- Job Placement: Your counselor will help you decide what help you need to obtain a job. You might need a job coach, on-the-job training, supported employment, a referral to an employment services or you may work towards self-employment.
- Job Support: You might need support on the job such a short term support such as a job coach, Supported Job Based Training (SJBT), or long term support through supported employment.
- Training and Education: This may include:
 - A summer work experience program for those between the ages of 16 and 22;
 - Vocational training at local trade schools;
 - Classes to prepare for training in colleges and university;
 - A college or university education; and
 - Job seeking skills training to prepare a resume and improve job interviewing skills.

- Medical Services and Treatment: these are services you would get from a doctor, health care worker or psychologist that will help you reach your job goals.
- Follow-up Services: After at least 90 days of working, you and your counselor will decide whether or not to close your VR case. Even if your case is closed, you can still get post-employment services if you need help to keep a job.
- Other Services: Other services may include interpreters, readers, transportation for job training, licenses and fees, tools, equipment, and other services you and your counselor think you need to reach your employment goal.

Training and Adjustment Services

(800) 284-1823, 348

Training and Adjustment Services include:

- Counseling by a staff social worker
- Outreach training services
- A complete center-based orientation and training program
- Orientation and Training Program (OTP)
- Activities of Daily Living (ADL)
- Woodshop
- Crafts
- Keyboarding and Computer Skills
- Notetakers Class
- Braille Class
- Orientation and Mobility (O&M)
- Adjustment to Blindness

Low Vision Services (LVS)

(800) 284-1823, ext. 373

Low vision means that after all conventional means of correction and surgery have been used, a person's ability to see is still impaired. If a person's corrected vision acuity is 20/70 or worse, or if their visual field is greatly reduced, they have low vision. LVS offers help to all persons living in the State of Utah who have a significant vision problem.

Services

LVS provides help to visually impaired persons in five general areas:

1. Reading and Near Vision Devices
2. Distance Vision Devices
3. Improved Lighting and Reduce Glare
4. Non-Optical Devices
5. Environmental Modification

Deaf-Blind (DB) Services

Voice/TTY (801) 323-4358 (800) 284-1823, ext. 358 Voice

Specialized services are offered for blind and visually impaired individuals who also have hearing loss. A deaf-blind specialist is available to provide assistance with:

- Information regarding adaptive equipment and an equipment loan bank.
- Training in alternative communication skills.
- Deaf-blind related books and videos available for check-out.
- Information and referral to other community, commercial or government services.
- Advocacy.
- Training for individuals or programs who serve the deaf-blind population

Deaf-Blind Support Service Provider Program: A Support Service Provider (SSP) Program is also offered to blind and visually impaired individuals who have a significant hearing loss. The program provides a paid provider to assist individuals in the community or at home with visual and auditory tasks to promote independence in the community.



CHOOSE TO WORK

“Increasing Employment Opportunities for People with Disabilities”

Utah State Office of Rehabilitation and Utah Department of Workforce Services

What is Choose To Work Utah?

Choose to Work Utah is a project created from a partnership between the Utah State Office of Rehabilitation and the Utah Department of Workforce Services. The purpose of this project is to meet the expanding needs of Utah employers by providing them with qualified and job ready individuals. Choose to work Utah Employment Specialists provide statewide job development and placement services to Utah job seekers with disabilities, offering employers a constant source of job applicants. Applicants' skills range from entry level to professional in virtually all job categories.

Services Offered to Employers

- Job Development: Providing a personalized match for employers; needs with qualified job seekers.
- Job Placement Services: Linking employers with qualified applicants
- Employer Assistance: Consultations on topics such as ADA, accommodations, barriers and sensitivity training
- Employment Preparation: Prepares job seekers to meet employers' needs by providing employment readiness services
- On-The-Job-Training: Funds are available through the two agencies to financially assist employers when an employee needs training at the workplace
- Employment Support Services: Enables person with disabilities to adapt to employers' needs by providing assistive technology, assisting with accommodations and offering employment supports
- Bonding: The Department of Workforce Services can provide fidelity bonding insurance for job seekers at no cost as needed

Financial Incentives and Resources

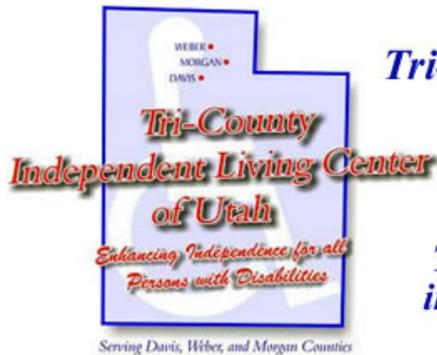
- Welfare to Work Tax Credit
- On-The-Job Training
- Work Opportunity Tax Credit
- Assistive Technology
- Supported Employment
- Supported Job-Based Training
- Job Accommodation Network (JAN)

For More Information Contact

WWW.JOBS.UTAH.GOV

WWW.USOR.UTAH.GOV

WWW.GOODWORKUTAH.GOV



Tri-County Independent Living Center of Utah *Serving Davis, Weber, and Morgan Counties*

The mission of the Tri-County ILC is to enhance independent living for all persons with disabilities

Tri-County Independent Living Center

2726 Washington Blvd., P.O. Box #428, Ogden, Utah

Voice: (801) 612-3215 TTY: (801) 612-3732

Website: <http://www.tri-county-ilc.com/>

What is Independent Living?

Independent Living is control over one's life, including managing all aspects of their affairs where they live, work and play. Tri-County helps individuals with disabilities to maximize choices and minimize reliance on others. A person who is independent decides what services they receive, if any, and directs their daily living activities.

Who is eligible for services?

Any individual with a severe physical or mental impairment whose ability to function independently in the family or community or whose ability to obtain, maintain, or advance in employment is substantially limited and for whom the delivery of independent living services will improve the ability to function, continue functioning, or move towards functioning independently in the family or community or to continue in employment, respectively.

Services

Information and Referral

The IL Center provides information and referrals to anyone in the community needing to find specific programs and services not provided at the Center. Tri-County supplies information to individuals in Davis, Weber and Morgan Counties on:

- Access/Accommodations/Americans with Disabilities Act (ADA)
- Individuals with Disabilities Education Improvement Act (IDEA)
- Work Incentives/ Social Security
- Accessible/Affordable Housing
- New Freedom Initiative
- Other disability related issues

Independent Living Skills Training

Tri-County provides training for individuals to enhance or develop skills to live as independently as possible. Some of the skills taught at the Center include:

- Coping skills
- Personal care supervision
- Social skills
- Money management
- Banking procedures
- Household management
- Food preparation/nutrition
- Accessing transportation
- Employment interviewing
- Alternative communication

Peer Counseling

People who have been in your situation understand you best. In peer counseling you talk with those who have been in your shoes and shared your experiences. A person who has a disability and experienced barriers in their community will assist other individuals with similar disabilities to overcome their barriers.

Systems and Self Advocacy

This training teaches the vital skills for advocating for oneself and as a group. The Center provides two kinds of advocacy.

The first is Self Advocacy, which involves the Center working with individuals to learn techniques for accessing goods or services from state, federal, or local agencies.

The second is System Change Advocacy, which involves teaching individuals how to be effective at bring changes in the system that will improve the quality of life for all persons with disabilities.

Assistive Technology and Loan Library

Tri-County works with individuals and their families to acquire assistive technology necessary to maintain an independent life style. Tri-County maintains a loan bank of assistive technology. The loan bank has both high tech equipment such as computers with special programs and special recreation equipment that can promote your independent living. All items are loaned for a specific period of time depending on the demand.

Recreation

Tri-County has several recreation programs for individuals with disabilities that can be accessed from their web site or by contacting Tri-County Independent Living Center.



Utah Department of Workforce Services

<http://www/jobs.utah.gov> (801) 526-WORK (9675) TTY: (800) 346-4128

About DWS

Mission Statement

We provide employment and support services for our customers to improve their economic opportunities.

Vision Statement

We are preparing our customers to prosper now and as the workforce of the future

Services

Employment Services

- Job Referrals

Current job openings in your area are listed online or posted on job boards. You will also receive referrals by mail.

- Career Counseling

You may meet with an employment counselor to discuss employment interests and needs and receive an individual job search

- Workshops

A variety of workshops are offered including effective communication, problem solving skills, self-esteem and resume' writing. The self-directed job search module includes meeting employer expectations, networking, and interviewing techniques.

- Labor Market Information

Available on website at jobs.utah.gov. Information includes occupations in demand, current wages in your area, and economic outlook for the future.

Job Connection Room

Access to everything in the job connection room is offered at no cost and is to be used for employment related purposes only

- CHOICES – Career Exploration Guide

Choices is a software program designed to help you find direction in seeking a career. Learn about your interests and skills, what training you may need, and where to get the training.

- Resume Preparation

Winway Resume is available to help you prepare your resume. This user friendly program “walks” you through the resume format while you add your personal information.

- Typing Tutor

Learn to type, or practice and improve your typing speed with the typing tutor.

- Internet

Access our website, jobs.utah.gov

- America’s Job Bank (AJB)

This website is a search engine for job openings nationwide.

Skills Testing

Tests are not required, but many employers rely on the Department of Workforce Services’ testing to recruit qualified applicants which offers the following tests at no cost to applicants:

- Computer and Electric Type Testing
- Ten Key, Data Entry
- Word Processing and Spreadsheets
- Dictation and Speed Writing

Supportive Services

- Food Stamps

Anyone can apply, eligibility is based on income and assets

- Financial Assistance

Many financial assistance programs are available, eligibility is based on income, assets and household composition

- Medicaid Programs
- Medical Assistance

There are many medical programs available with determining factors including CHIP and PCM

Supportive Services

- Training

Training funding for On-the-job training, apprenticeships, and short term training

- Referrals to Community Resources
- Child Care Assistance

Child care assistance is available for low income families who are employed

- Unemployment Assistance

An information specialist can assist you if you need to file an unemployment claim

- Emergency Assistance

Emergency funds are available to assist with utilities and eviction notices