Support Options

Your Home, Your Community, Your Choice

Atlanta Regional Commission
DHR received the Nursing Home Diversion Modernization (NHDM) Grant from AoA in 2007 to implement a demonstration project in the ARC’s Atlanta Region from September 2007 through March 2009. DHR received the 2nd NHDM Grant which will allow us to continue the program through March 2010.
Key Elements

- Uses ADRC or other **single entry point** system
- Offers **flexible services, supports and financing** to meet the unique needs and preferences of the individual
- Targets individuals at **high risk of nursing home placement**
- Targets individuals at **high risk of spending down to Medicaid**
- **Complements the efforts of family** caregivers and other community supports
- Is **not** case management
A demonstration program that invites consumers who are at-risk of nursing home placement and Medicaid spend-down to actively participate in managing their own services within an established budget.
Who is eligible?

- Eligible consumers must:
  - Be age 60 or older
  - Meet frailty level for nursing home placement
  - Have a total individual income not to exceed $2,022 per month
Eligibility Continued

- Pay a cost share
- Have needs that can be safely met by Support Options and informal support systems
- Have resources:
  - $12,000-$39,000 for a single individual
  - $116,400-$143,400 for a couple
What Services Can Be Purchased?

- In-Home Services
- Treatment & Training
- Environmental Modifications and Provisions
- Respite Services
- Consumer-Direction Support Services
Who Can Provide Services?

- Professional agencies or individuals.
- Family, friends, neighbors, or other community members.
Support Options

**Consumer**
- Fiscal Management Service (FMS)
- Support Options Counselor

**Provider**
- Vendors
- Independent Contractors
- Employees
  - Family Members, Friends, Neighbors, Professionals
What are the Advantages?

- Support Options allows consumers to:
  - Choose what types of services will best meet their needs
  - Choose who will provide services
  - Manage their own budgets
  - Delay or prevent nursing home placement and/or Medicaid spend-down, and
  - Stay in their homes and communities.
Accessing Support Options

- Client or professional calls Support Options Counselor
- Support Options Counselor screens consumer for eligibility
- Support Options Counselor schedules a home visit to complete assessment and create the support plan
- Services will begin after enrollment is finalized