**What is Support Options?**
Support Options is a program for consumers age 60 or older and at risk of nursing home placement that lets them select the services they need in order to remain at home. With Support Options, consumers actively participate in deciding what combination of services and goods will best meet their needs in their home and community. In working with a Support Options Counselor, the consumer will have the opportunity to manage a budget to choose which services they will purchase and who will provide them.

**Who is eligible for Support Options?**
In order to participate in Support Options, consumers must:

- Be age 60 or older;
- Meet frailty level for nursing home placement;
- Have a total individual income (i.e. Social Security benefits, pension) not to exceed $2,022 per month;
- Have resources within the following range:
  - Single: $12,000 - $39,000
  - Couple: $116,400 - $143,400
- Pay a portion of the cost;
- Have needs that can be safely met by Support Options and informal support systems.

**What services can be purchased with Support Options?**
Funds can be used to purchase support services including:

- **In Home Services** which may include personal care, homemaker and companion services;
- **Respite Care** which may provide support to the caregiver;
- **Treatment and Training** which may include therapies, family counseling and training and caregiver training and education;
- **Environmental Modifications and Provisions** which may include home-delivered meals, supplies or equipment, home modifications and transportation;
- **Consumer-Direction Support Services** which includes fiscal intermediary services.

**Who can provide services?**
- Professional agencies or individuals that the consumer selects
- Consumer’s family (excluding spouse), neighbors, friends or other community members

**How does Support Options work?**
Consumers or their representatives:

- Contact a Support Options Counselor to discuss eligibility for the program;
- Meet with a Support Options Counselor in their home to discuss their needs and service options;
- Develop a support plan and budget with assistance from a Support Options Counselor;
- Choose, hire, train and manage all service providers;
- Complete paperwork and provide it to the fiscal intermediary service to issue payment for approved services and goods.

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**For more information on Support Options, please call**

**404-463-3158**

Support Options is sponsored by the Atlanta Regional Commission, Area Agency on Aging; the Georgia Department of Human Resources, Division of Aging Services; and the United States Administration on Aging.

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