Building a National Community Care Corps of Volunteers Supporting Independent Living

HCBS Conference December 8, 2020
1:30 PM - 2:30 PM ET

Sara Paige, Oasis Institute
Stacy Canan, Caregiver Action Network
Sandy Markwood, National Association of Area Agencies on Aging
Anne Montgomery, Altarum

communitycarecorps.org
1. Overview of Community Care Corps
   Sara Paige, Oasis Institute
   Stacy Canan, Caregiver Action Network

2. Impact of Community Care Corps: Snapshot of Two Grantees
   Sandy Markwood, n4a

3. Community Care Corps Research and Preliminary Data
   Anne Montgomery, Altarum

4. Q&A
COMMUNITY CARE CORPS
Leadership
MISSION
To foster innovative models in which volunteers assist family caregivers, older adults, and adults with disabilities with non-medical care

GOAL
Assist older adults and persons with disabilities maintain their independence and live in the community
Target Populations
• Older Adults
• Persons with Disabilities, age 18+
• Family Caregivers

Required Elements for Models
• Volunteer Age 18+
• Community-Based Services
• Non-Medical Volunteer Services
• Addresses Unmet Community Need
• Innovative, Replicable, Sustainable
• Nonprofit or Government Agency
Community Care Corps Grantee & Applicant Locations
Wide Range of Geographical Regions in the US

- Applicants: 183
- Total Requested Amount: $24 Million
- Grantees Selected: 23
- Total Amount Awarded: $2.4 Million
Aging Clinic of the Rockies • AoA Southern Central Connecticut • Aroostook AoA Catholic Charities SW Ohio • Catholic Community Service Juneau • CBVFR Auxiliary, Inc Clackamas County Social Services • Good Shepherd Interfaith Volunteer Caregivers • Lori’s Hands Jewish Family Services of Washtenaw County • Lifespan of Greater Rochester • DOROT, Inc.

COMMUNITY CARE CORPS
2020 GRANTEEs

Lutheran Social Service of Minnesota • St. Agnes Hospital Foundation • RSVP of Rock County Lutheran Social Services of North Dakota • New Mexico Caregivers Coalition • ElderSource North Coast Opportunities, Inc • Shepherd’s Centers of America • ShareCare of Leelanau, Inc

Villages of the Berkshires, Inc • Volunteers of America-Northern CO Services
Examples of Volunteer Services

- Companionship & Friendly Visiting
- Education & Training
- Technology & Communication Assistance
- Running Errands
- Resource Referrals
- Minor Home Modifications
- Social & Recreational Activities
- Meal Preparation
- Help Around The House
- Transportation
- Medical Equipment Lending/Delivery
- Stress Reduction
- Companionship
- Running Errands
- Resource Referrals
- Minor Home Modifications
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- Medical Equipment Lending/Delivery
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Impact of Community Care Corps: Snapshot of Two Grantees

SANDY MARKWOOD

NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING (N4A)
Meeting the Needs of Caregivers in the Community
Made Harder Because of COVID-19
Aroostook Area Agency on Aging (ME)
Aroostook Goals

- Increase social inclusion
- Increase level of independence
Aroostook Focus: 3 Friendlies

- Friendly Visiting
- Friendly Helpers
- Friendly Neighbors
3 Friendlies During COVID: 19
Eldersource Area Agency on Aging (FL)
Eldersource: Caring Connections
Eldersource: Caring Connections + COVID-19
How COVID-19 has and will likely continue to change programming

**CDC Has Information For Older Adults at Higher Risk**

8 out of 10 COVID-19 deaths reported in the U.S. have been in adults 65 years old and older. Visit CDC.gov/coronavirus for steps to reduce your risk of getting sick.

cdc.gov/coronavirus
Caregiver: COVID-19 and Beyond

Avoiding Caregiver Burnout During COVID-19
The Importance of Community
The Importance of Caring
Contact Information

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National Association of Area Agencies on Aging
www.n4a.org
Altarum is a nonprofit research and consulting organization that creates and implements solutions to advance health among vulnerable and publicly insured populations.

Altarum’s role in the Community Care Corps project is to manage data collection and evaluation for pre- and post-surveys for volunteers, caregivers, and care recipients.
Types of Community Care Corps Surveys

Volunteer
Pre-Survey
Post-Survey

Caregiver
Pre-Survey
Post-Survey

Care Recipient
Pre-Survey
Post-Survey
Community Care Corps

Data presented here is preliminary and not for distribution

Thank you
LimeSurvey is an open-source online web survey platform

- **Software is FREE** and based on data security, transparency, and openness

- Supported at Altarum in an environment with Federal Government level security standards

- Online surveys are designed to be easy to navigate by respondents

**Community Care Corps - Post Survey**

**Volunteer - Service Description**

What non-medical volunteer services have you been providing for this organization? (Please select all that apply)

- Respite care
- Technology/communication assistance
- Companionship
- Meal preparation
- Help around the house
- Transportation
- Minor home modifications
- Education and training
- Stress reduction
- Running errands
- Social/recreational activities
- Not sure
- Other: [ ]
Types of Questions

Select all that apply
• Appears as a square check box

Rating Difficulty
• Choose one answer for each line

Choose one answer
• Round radio button

Fill-in-the-blank
• Default Text

If numbers are requested, there is a warning:
Demographic Profile of Volunteers*

*Preliminary data, not for distribution
Reasons to Volunteer*

Why did you choose to volunteer with this organization? (Select all that apply)

- Personal Connection: 54%
- Giving Back: 84%
- Learning Skills: 41%
- Organization Connection: 38%
- Career Paths: 12%
- School Or Faith Organization: 17%
- Provide Companion: 62%
- New Friends: 36%
- Service Program: 7%

*Preliminary data, not for distribution
Demographic Profile of Caregivers*

*Preliminary data, not for distribution
Caregiver Employment Status*

*Preliminary data, not for distribution
Caregiver Results Before and After Intervention*

*Preliminary data, not for distribution
Care Recipient Results Before and After Program Intervention*

- **Good Quality of Life**: 57%
- **Not Depressed, Worried, or Lonely**: 61%
- **Household Tasks not Difficult**: 29%
- **Easy to Sign Up for Services**: 93%
- **Program Makes Easier to Maintain Living Situation**
- **Volunteers Trained**
- **Would Recommend this Program**
- **Satisfied with Program**

*Preliminary data, not for distribution*
Demographic Profile of Care Recipients*

*Preliminary data, not for distribution
Care Recipient Living Situation*

Where do you currently live?

- **In My Own Home**: 85%
- **Senior Housing**: 8%
- **Assisted Living Facility**: 2%
- **Life Plan or Continuing Care Community**: 2%
- **In a Family Member's Home**: 3%
- **With a Friend or Roommate**: 1%
- **Other**: 2%

*Preliminary data, not for distribution*
THANK YOU!

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Q & A

Send questions after this presentation to:
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For more information, visit:
www.communitycarecorps.org