Innovative Solutions for Diverse Needs
Using Research to Develop Interventions and Resources

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Older Adults in Texas

• One of the fastest growing populations:
  o 2020: 5.5 million Texans 60+
  o 2030: Projected 7.2 million 60+

• Nearly 40% of Texans 65+ have four or more chronic conditions

• 11% of adults 65+ living in poverty

• 17% adults 85+ live in rural areas

Sources: U.S. Census Bureau. American Community Survey (ACS) for Texas; American Health Rankings for Texas
HHSC is the designated State Unit on Aging for Texas.

**HHSC oversees:**
- eligibility determination
- system planning and evaluation
- policy development and rule-making
- Ombudsman services
- aging programs
  - Aging Services Coordination
Aging Services Coordination

- Connecting and coordinating HHSC aging services and programs
- Raising awareness of aging issues and available resources
- Building partnerships to enhance and expand existing resources
- Assessing state and local capacity
- Creating innovative programs to meet needs
Identifying Needs & Trends

AGING TEXAS WELL

- Physical Health
- Mental Health
- Social Engagement
- Housing
- Caregiving
- Legal
- Financial
- Protections
- Community Support
- Health and Long-term care
- Employment
- Education
- Recreation
- Volunteerism
- Transportation
- Spirituality
Texercise

A statewide health promotions initiative to educate and involve individuals and communities in physical activities and proper nutrition.
Age Well Live Well

Age Well Live Well is a campaign that provides resources and tools to help individuals and local communities address the challenges associated with aging and create opportunities for living well.

• Be Healthy
• Be Connected
• Be Informed
Opioid Awareness

• State Opioid Response Grant (SAMHSA)

• Enhance AAA services

• Builds capacity between AAA and SUD networks
First Responder Training

• Six-module training

• Partnered with SMEs

• Tailored for different populations
Texas Talks

• Worksite-based campaign encourages aging related conversations

• Four conversation topics each holiday season

• Easy to implement
LTCF Volunteer Management

Volunteer management toolkit features:

• Volunteer Immersion Training

• Volunteer management training and resources
Thank you

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