Reopening Resources List
FOR SENIOR NUTRITION PROGRAMS

Updated April 2021

The following resources may be useful for your program to reference as you plan for bringing people back to in-person settings. This list accompanies Reopening Considerations for Senior Nutrition Programs and Reopening Signage & Communication Resources.

Be sure to check your state’s specific guidance and requirements when making any plans or policies.

General Guidance
- Coronavirus Disease 2019 (COVID-19) | ACL
- Coronavirus (COVID-19) Frequently Asked Questions | CDC
- COVID-19 Guidance for Older Adults | CDC
- Health Department Directories | CDC
- Summary of Guidance for Public Health Strategies to Address High Levels of Community Transmission of SARS-CoV-2 and Related Deaths, December 2020 | CDC MMWR
- Pandemic Playbook | LeadingAge
- Senior Nutrition Program COVID-19 Response and Recovery Promising Practices Collection | NRCNA

State Reopening Policy Examples
- California: Updated Guidance for Temporary Alternative Service Delivery of the Older Americans Act Programs Operations During the COVID-19 Pandemic (September 2020)
- Louisiana: Guidance for Senior Centers/Meal Sites in Planning for Reopening (April 15, 2021)
- Pennsylvania: COVID-19 Provider Guidance (updated regularly, several resources)
- State Materials on COVID-19 | ADvancing States

Addressing the Older Americans Act Intent Areas
- Celebrating the National Senior Nutrition Program | ACL Highlights vibrant examples of how the Senior Nutrition Program meets the key intents of the Older Americans Act. Includes webinars, toolkits, and activity guides.
- National Resource Center on Nutrition and Aging | NRCNA COVID-19 webpage as well as numerous resources to enhance all aspects of the Older Americans Act intent areas.
Preventing Food Insecurity, Malnutrition, and Hunger

- Defeat Malnutrition Today
- Feeding America
- Food Research & Action Center | FRAC
- Meals on Wheels America | MOWA
- Nutrition Best Practices | n4a
- National Association of Nutrition and Aging Services Programs | NANASP

Enhancing Socialization

- Commit to Connect | ACL
- National Resource Center for Engaging Older Adults | EngAGED
- Well Connected | Covia

Promoting Health and Well-being

- Mental Health and Coping During COVID-19 | CDC
- Resources | NCMHA
- Coronavirus (COVID-19) Resources | SAMHSA
- Employees: How to Cope with Job Stress and Build Resilience During the COVID-19 Pandemic | CDC
- How Right Now

Symptoms and Getting Sick

- How to Protect Yourself and Others | CDC
- Symptoms of Coronavirus | CDC
- Coronavirus Self-Checker | CDC
- What to Do If You Are Sick | CDC
- Contact Tracing | CDC
- When You Can Be Around Others After You Had or Likely Had COVID-19 | CDC

Testing

- COVID-19 Testing Overview | CDC
- Test for Current Infection (Viral Test) | CDC
- Topic Collection: COVID-19 Drive-Through Testing/Community Screening Resources | HHS
- SARS-CoV-2 Testing Strategy: Considerations for Non-Healthcare Workplaces | CDC

Vaccination

- Vaccines for COVID-19 | CDC
- COVID-19 Vaccination for Communities | CDC
- What Older Adults Need to Know about COVID-19 Vaccines | CDC
- Interim Public Health Recommendations for Fully Vaccinated People | CDC
Site Cleaning and Ventilation
- Cleaning, Disinfection, and Ventilation in Public Spaces | CDC
- Disinfectants for Coronavirus (COVID-19) | EPA
- How to Select and Use Hand Sanitizer | CDC

Mask and Handwashing
- Use Masks to Help Slow Spread | CDC
- Handwashing: Clean Hands Save Lives | CDC
- When and How to Wash Your Hands | CDC

Social Distancing and Community Spaces
- Social Distancing | CDC
- Community Organizations and Gatherings | CDC
- Considerations for Community-Based Organizations | CDC

Staff and Volunteers
- COVID-19 and the Family and Medical Leave Act Questions and Answers | DOL
- Guidance for Businesses and Employers Responding to COVID-19 | CDC
- Guidance on Preparing Workplaces for COVID-19 | OSHA
- What Paratransit Operators Need to Know about COVID-19 | CDC

Other Considerations and References
- Community Mitigation Framework | CDC
- Guidance for Adult Day Services Centers | CDC
- Retirement Communities and Independent Living | CDC
- Shared and Congregate Housing | CDC
- FAQ about COVID-19 for Institutional and Congregate Food Service Operators | CDC
- What to do if a Student Becomes Sick at School or Reports a New COVID-19 Diagnosis Flowchart | CDC
- Caregivers in Crisis: Caregiving in the Time of COVID-19 | RCI

Communication
- Ready-to-use Articles & Graphics | ACL
- Communication Resources | CDC
- Print Resources | CDC
- Social Media Toolkit | CDC
- Life is Better with Clean Hands | CDC
- CDC COVID-19 Communication Toolkits for:
  - Older Adults and People at Higher Risk
  - Business and Workplaces
  - Community and Faith-Based Organizations
  - Community-Based Organizations COVID-19 Vaccine Toolkit
  - People with Disabilities
- Aging & COVID-19: Vaccination, Mental and Physical Health, and Isolation Infographic | NIHCM
- 4 Elements of an Accessible Meeting Platform | PEAT