We deliver more than meals. We nourish healthy wellbeing.
Roots in older adults

679 congregate sites | 10,000 homes

18+ million OAA hot catering & home meals
7 major hurricanes | 1 major pandemic

42+ million relief meals
Largest supplier of non-MRE meal kits to the U.S. Military

900,000+ military support meals
We deliver meal solutions for any plan program or member need.
We deliver healthy variety to accommodate all tastes and needs with RD-designed menus, 60 DRI*-meal varieties, nutrition-rich additions from local providers, and shelf-stable options.

* Dietary Reference Intakes
Fresh produce & fruits

Prepared flash-frozen meals

Shelf stable, pantry & supplements
We deliver food as medicine

High Calorie, High Protein
- Malnutrition
- Cancer
- HIV
- Wound Healing
- Surgical Recovery
- Breastfeeding Mothers
- Post C-Section

Low Sodium, Heart Healthy
- Congestive Heart Failure
- Hypertension
- Expecting mothers
- Pre-eclampsia

Kidney Friendly
- Chronic renal failure on dialysis

Weight Management
- Obesity
- Weight standards
- Expecting mothers

Pureed
- Dysphagia
• Participation in medically-tailored meals program appears to be associated with fewer skilled nursing admissions and less overall medical spending

• Difference of $3,828 vs. $4,592 in cost of monthly care

• Approximately a 50% reduction in inpatient admissions for those who participated in a medically-tailored meals delivery program

• Reduction of 16% in healthcare costs
Malnutrition is a leading cause of hospitalization & readmissions

- Greater than one-third of patients are malnourished upon admission to the hospital

- If left untreated, approximately two-thirds of these patients will become even more compromised during their hospitalization

- Roughly one-third of patients not malnourished at admission will become malnourished during their hospital stay

- 30-day readmission rates decreased from 16.5% to 7.1% in a community hospital that implemented a comprehensive nutrition intervention plan
Thank you