

Building Blocks for Real Change to Support Family Caregivers: A Federal Strategy and State Task Forces

HCBS CONFERENCE
AUGUST 28, 2018
BALTIMORE, MARYLAND



Today's Goals

- Explore how state family caregiving task forces serve as building blocks for change
- Understand how the RAISE Family Caregivers Act could facilitate positive improvements in family caregiver supports
- Brainstorm how learnings from state family caregiving task forces can inform RAISE efforts

Our Speakers:

- Ilene Henshaw, Director, State Health, AARP
- Melinda Bertucci, Associate State Director, Advocacy, AARP Mississippi
- Gene Varela, State Director, AARP New Mexico
- Kyky Knowles, Acting Secretary, Aging and Long-Term Services Department, New Mexico
- Rhonda Richards, Senior Legislative Representative, AARP





Family Caregiving in MS

Melinda Bertucci
Associate State Director, Advocacy
AARP Mississippi
mbertucci@aarp.org 601-898-5418

MS Caregiving Activity

- 2014 MS Senator Terry Burton, (R) passed SCR 561 creating the Caregivers Taskforce
- 2015 AARP passed the Caregivers Act
- 2015 MS created the Mississippi Access to Care program
- 2015 MS created the Mississippi Family Caregiver Coalition
- 2016 MS held the Family Caregiver Summit
- 2016 MS received the Lifespan Respite Grant



Family Caregiving in NM

Kyky Knowles

Acting Secretary

NM Aging & Long Term Services Dept.

505-476-4652 Kyky.knowles@state.nm.us

Gene Varela

State Director

AARP New Mexico

505-946-3604 evarela@aarp.org



NM Caregiving Activity

- 2013 AARP NM Hosts Caregiver Roundtable
- 2014 Joint Memorial Calling for Family Caregiver Task Force to Develop State Family Caregivers Plan
- 2014-15 Task Force Meets, Develops and Releases New Mexico State Plan for Family Caregivers
- 2015 Lay Caregiver Aftercare Act (NM version of the CARE Act) adopted
- 2015 NM Aging & Long Term Services Department Implements some Caregiver Plan Recommendations

NM State Plan for Family Caregivers

Goals

- Access to resources – easy, awareness, ADRC role
- Training – inventory existing training, identify needs, provide culturally relevant training
- Limit Future Caregiver Burden – support services
- Support Caregivers – support groups, advocacy, end of care support
- Coordination of Care – develop systems
- Support Working Caregivers – workforce flexibility
- Access to Respite Care – directory, expand, inform

HOME | ABOUT | FOR OUR PARTNERS | CONTACT US 1-800-432-2080

OUR SERVICES | CAREGIVERS | PROTECTING ADULTS | OMBUDSMAN | VOLUNTEER | SPECIAL EVENTS

NEW MEXICO AGING & LONG-TERM SERVICES DEPARTMENT

Resources

Do you need help taking care of a loved one, family member, or neighbor? Are you a caregiver looking for supports or services? We can help.

Call us toll-free at 1-800-432-2080. It's free and confidential.

NEW MEXICO AGING & LONG-TERM SERVICES DEPARTMENT

OUR SERVICES | CAREGIVERS | PROTECTING ADULTS | OMBUDSMAN | VOLUNTEER | SPECIAL EVENTS

Caregivers.

Each year 419,000 New Mexicans provide more than 274 million hours of unpaid family care.

Are you one of these caregivers?

A family caregiver is anyone who is an informal provider of in-home or community care for a relative or loved one. You may assist with activities of daily living such as bathing, dressing, eating, and medical tasks. You may run errands, take care of the house, take your loved one to appointments, or coordinate care. Most people, at some point in their lives, become caregivers.

There are a variety of supports and services that may be of assistance to you. Putting the pieces

Other NM Caregiving Activity

- 2016, 2017, 2018 AARP “I Heart Caregivers” Days
- 2017 Working Family Caregiver Issue Paper
- 2017 Legislative Action:
 - Caregiver Leave Bill;
 - Paid Caregiver Task Force Study Memorial
 - Informal and Family Caregiver Memorial
- Caregiver support included in Medicaid

Links/Resources

- [State Family Caregiver Plan](#)
- NM 2016 Survey Infographic
- NM Working Family Caregiver Issue Paper
- NM CARE Act Fact Sheet

RECOGNIZE, ASSIST, INCLUDE, SUPPORT, AND ENGAGE (RAISE) FAMILY CAREGIVERS ACT

Rhonda Richards
Federal Health and Family Team
Government Affairs
AARP
rrichards@aarp.org
August 28, 2018

RAISE Family Caregivers Act

- **Sponsored by Sens. Collins (R-ME) and Baldwin (D-WI) and Reps. Harper (R-MS) and Castor (D-FL)**
- **First introduced in July 2015**
- **Final version passed House in December and Senate in January**
- **Signed into law by the President January 22, 2018**

RAISE Family Caregivers Act

- **Requires the development, maintenance, and updating of a strategy to recognize and support family caregivers**
- **Brings together representatives from the private and public sectors to advise and make recommendations on the strategy**
- **Identifies recommended actions that communities, providers, government, and others are taking or may take to recognize and support family caregivers**

Areas Included in the Strategy

- **Promoting greater adoption of person- and family centered care in all health and long-term services and supports (LTSS) settings**
- **Assessment and service planning (including care transitions and coordination) involving family caregivers and care recipients**
- **Information, education and training supports, referral, and care coordination**
 - Including regarding hospice care, palliative care, and advance planning services

Areas Included in the Strategy

- **Respite options**
- **Financial security and workplace issues**
- **Delivering services based on the performance, mission, and purpose of a program while eliminating redundancies**

Family Caregiving Advisory Council

- Advise HHS Secretary and provide recommendations on recognizing and supporting family caregivers
- Not more than 15 voting members appointed by the HHS Secretary, including at least one representative of different categories listed in the law
- Non-voting federal members, including heads of CMS, ACL, VA (or their designees), and heads of other federal departments or agencies as appointed by the Secretary or the Chair of the Advisory Council

Key Timeline in the Law

- **Advisory Council must meet quarterly within the first year of enactment and issue first annual report not later than 12 months after enactment**
- **Initial strategy must be developed and published by the HHS Secretary not later than 18 months after enactment and biennially thereafter**
- **Process for public input developed by the Secretary**
- **Law sunsets three years after enactment**

Implementation Update

- Letters to HHS Secretary
- Next steps

QUESTIONS?



For More Information:

Ilene Henshaw: ihenshaw@aarp.org

Melinda Bertucci: mbertucci@aarp.org

Gene Varela: evarela@aarp.org

Kyky Knowles: Kyky.knowles@state.nm.us

Rhonda Richards: rrichards@aarp.org

