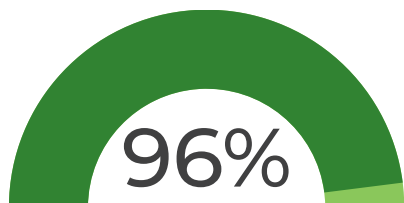


Home-Delivered Nutrition Services

Home-Delivered Nutrition Services offer nutritious meals delivered to the homes of older adults who are unable to travel to group meal sites. This service helps seniors maintain their health, independence, and ability to live safely in their home.



of HDM volunteers are trained to keep an eye out on older adults wellbeing.



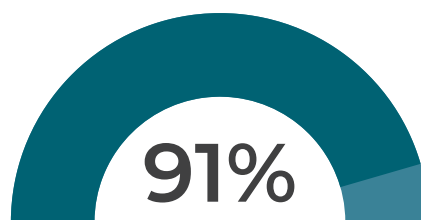
12,840,780

older adults experience limited or uncertain access to adequate meals.



232,322,238

meals provided to 1,627, 630 older adults in the program.



of participants reported the program helped them to continue to **live independently**.

Home-delivered meals provide nutritious meals, a critical safety check, and social interaction for vulnerable older adults

- **Reduces Hunger & Food Insecurity:** Home-delivered meals provide a reliable source of daily nutrition for older adults who may not be able to prepare their own meals or who may face food insecurity, reducing hunger and the risk of malnutrition.
- **Supports Local Economies:** Home-delivered meal services generate revenue for local restaurants and small businesses. These businesses source ingredients from local farmers and suppliers, boosting the economy.