

# Older Americans Act

The Older Americans Act (OAA) delivers vital supports for older adults to age with dignity, independence, and safety in their homes and communities. The OAA funds cost-saving programs proven to reduce premature institutionalization and health care costs.

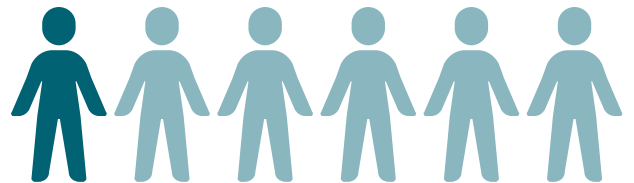
## OAA services include:

- Home-Delivered Meals
- Congregate Meals
- Information and Assistance
- Family Caregiver Support
- In-Home Care
- Transportation
- Long-Term Care Ombudsman
- Legal Assistance
- Health Promotion and Disease Prevention

## OAA programs provide a strong return on investment



## OAA programs reach



**1 in 6**  
older Americans annually

56 State Agencies on Aging

618 Area Agencies on Aging

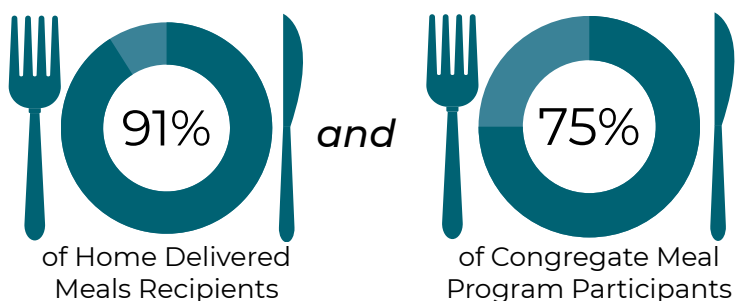
Nearly 20,000 Service Providers

281 tribal organizations  
representing 400 tribes



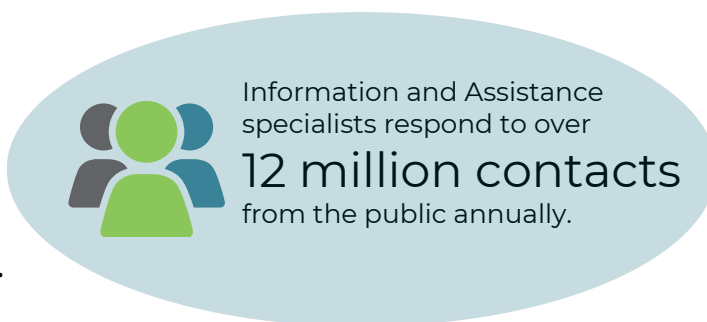
# The OAA establishes a national network of organizations dedicated to the delivery of essential programs for older adults.

## Nutrition Programs



reported that OAA meals allowed them to continue to **live independently**

**Information and assistance programs** help older adults connect to community resources.



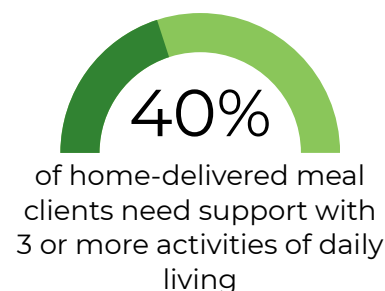
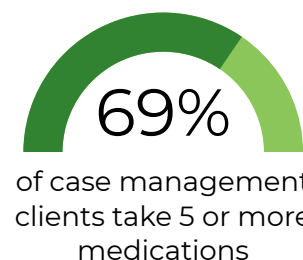
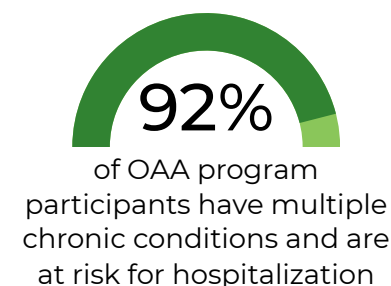
Over 65% of caregivers who receive OAA services report that without services, their care recipient would not be able to remain in the home.



**Caregiver support programs provide resources and trainings** for family members and friends caring for a loved one.

People who access OAA programs often have complex health needs.

OAA services help these individuals avoid hospitalization and remain in their communities longer.



**Health promotion and disease prevention programs** focus on preventing and reducing chronic health conditions and supporting healthy lifestyle choices.