

To the Rescue! States' Approaches to ARPA HCBS FMAP Increase Reinvestment Plan

2021 HCBS Conference

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Session Overview

Panel Members

- **Nathan Grossman (facilitator)**
Public Consulting Group LLC
Human Services Disability & Technology Portfolio Manager
- **Damon Terzaghi**
ADvancing States
Senior Director of LTSS Policy

State Representatives

- **Kristin Ahrens**
Pennsylvania Dept. of Human Services, Office of Developmental Programs
Deputy Secretary
- **Lee Grossman**
Wyoming Dept. of Health
HCBS Administrator
- **Tammy Whitlock**
Virginia Dept. of Medical Assistance Services
Deputy Director of Complex Care

Nationally, states have a one-time opportunity to reinvest over \$11 billion to “enhance, expand, or strengthen” a broad array of HCBS programs between now and March 2024.



Introduction

Damon Terzaghi



ADvancing States
Washington, DC
Senior Director of LTSS Policy

Mr. Terzaghi is responsible for leading ADvancing States' policy work, including analyzing federal and state legislation and regulations; providing technical assistance to state entities on Medicaid programmatic and policy issues; establishing the association's priorities regarding the Older Americans Act and related programs; and researching national trends around long-term services and supports.

Prior to joining ADvancing States, Mr. Terzaghi served as Vice President for the Marwood Group LLC where he led the group's Medicaid research practice, he served as a Health Insurance Specialist for the Centers for Medicare and Medicaid Services (CMS), served as a Senior Policy Associate for the National Association of State Medicaid Directors, and provided technical assistance through the Center for Workers with Disabilities. Mr. Terzaghi began his career working for the Oregon Department of Human Services where he performed research to guide policy for Medicaid and related programs.

He holds a Bachelor of Arts Degree from Willamette University in Salem, Oregon, and a Master of Science in Public Health Administration from Trinity University in Washington, D.C.



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Overview of LTSS ARPA Spending Plans

2021 HCBS Conference

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Our mission is to design, improve,
and sustain state systems
delivering long-term services and
supports for older adults, people
with disabilities, and their
caregivers.

ARPA HCBS Funding

- American Rescue Plan Act (ARPA) provided states with an extra 10% federal funding (FMAP) for Medicaid HCBS
- States may not reduce state HCBS spending as a result of higher federal funds
- States must spend increased resources on efforts to enhance, expand, or strengthen HCBS

State ARPA Spending Plans

- States must submit plans to the Federal Government (CMS) on how to spend the money
 - State spending plans demonstrate LTSS priorities moving forward
 - Compilation of all plans:
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- Analysis of plans available:

State Priorities in ARPA Plans

- New/Expanded Services:
 - Caregiver Supports: 24 states
 - Home Modifications: 19 states
 - Assistive Technology: 19 states
 - Behavioral Health: 15 states
- Additional waiver “slots”: 13 states
- Provider rate increases: 28 states
- Provider bonuses: 15 states
- Rate study: 25 states

State Priorities (continued)

- Provider training/certification: 38 states
- Recruitment/retention bonuses: 29 states
- Telehealth improvements: 12 states
- LTSS EHRs: 10 states
- Health and welfare technology: 15 states
- Housing supports: 12 states
- Behavioral health initiatives: 23 states

Workforce Initiatives: Examples

- Provide recruitment and retention incentive grants. Initiate a workforce development initiative (Alabama)
- Offer enhanced training and support beyond current training requirements for the individuals who provide direct, hands-on care for those with disabilities and their families, incentivizing retention, and professionalism among this workforce (Alaska)
- Partner with higher education and establish affordable pathways to allied health professions to build career advancement opportunities for the workforce (Colorado)
- Create a nursing incentive campaign, specifically to offer service retention bonuses for nurses providing home care (Delaware)
- Expand high school nurse aide training programs (Hawaii)

Workforce Initiatives: Examples

- Explore how to use a pay-for-outcomes strategy for provider recruitment and retention strategies, ex: p4p for percentage of staff hired with a certain level of training (Indiana)
- Increase internship and supervision support for CBHI workforce including targeted relationships with institutions of higher education (Massachusetts)
- Supplemental payment pools for HCBS services, using structures such as:
 - Sign-on bonuses;
 - Retention bonuses;
 - Ladder advancement stipends; and
 - Competency/training support stipends. (New Hampshire)
- Grants to clinics, physician offices, hospitals, private duty nursing, home health, or other clinical providers for the purposes of loan repayment, sign-on bonuses, training, and certification costs (New Mexico)
- Establish a \$2.5M performance based contracting fund for AAAs that meet certain metrics in terms of quality/ quantity/ workforce diversity (Oregon)
- Incentives to move to West Virginia to provide professional mental health services in rural communities.

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Thank you!

Damon Terzaghi
Senior Director
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The background is a solid blue color. It features several abstract geometric shapes, including squares and rounded rectangles, in various shades of blue. Some shapes are solid, while others are outlined in white. The shapes are scattered across the page, with a higher concentration on the left side. The text 'Panel Discussion' is positioned in the lower-left quadrant of the image.

Panel Discussion

Introduction

Kristin Ahrens



Commonwealth of Pennsylvania
Department of Human Services
Office of Developmental Programs
Deputy Secretary

Kristin Ahrens currently serves as the Deputy Secretary for Pennsylvania's Office of Developmental Programs (ODP) within the Department of Human Services.

Prior to her appointment as Deputy Secretary, Ms. Ahrens served as the Director of the Bureau of Policy and Quality Management at ODP. Kristin also served as the Policy Director for Pennsylvania's University Center for Excellence in Developmental Disabilities. Ms. Ahrens' 30 years of experience working with people with developmental disabilities, spans from advocacy and community education to providing supported living, family support and self-directed services and includes development and management of several self-directed models. Prior to moving to Pennsylvania, Ms. Ahrens was the Director of Self-Determination Resources, Inc. (SDRI), a regional brokerage serving adults with I/DD, in Oregon.

Ms. Ahrens has a Masters in Education and Disability Studies Certificate from Temple University.

Introduction

Lee Grossman



State of Wyoming
Department of Health

Lee Grossman has served as the Home & Community Based Services Administrator for the Wyoming Department of Health since January 2017. In this capacity, he leads Wyoming's Medicaid waiver programs serving older adults and individuals with physical and developmental disabilities.

Lee has ten years' of experience in state government working in Medicaid delivery system design, policy management, and home and community based services. Lee serves on the Board of Directors of the National Association of State Directors of Developmental Disabilities Services (NASDDDS).

Lee is a University of Nebraska graduate with a B.A. in political science and earned a master's degree in public administration from the University of Wyoming.

Introduction

Tammy Whitlock



Tammy Whitlock currently serves as the Deputy Director for Complex Care at the Virginia Department of Medical Assistance Services (DMAS), where she oversees behavioral health services, Commonwealth Coordinated Care Plus, and all long-term care programs.

Prior to coming to DMAS, Tammy worked in the areas of physical rehabilitation, mental health, and juvenile justice. Tammy started working with DMAS in 1994 as a Rehabilitation Analyst and has held various positions in Long Term Care, Maternal & Child Health and Managed Care.

Tammy received her Bachelor's from Longwood University and her Master's in Health Administration from Virginia Commonwealth University.

Commonwealth of Virginia
Department of Medical Assistance Services
Deputy Director for Complex Care



Solutions that Matter