

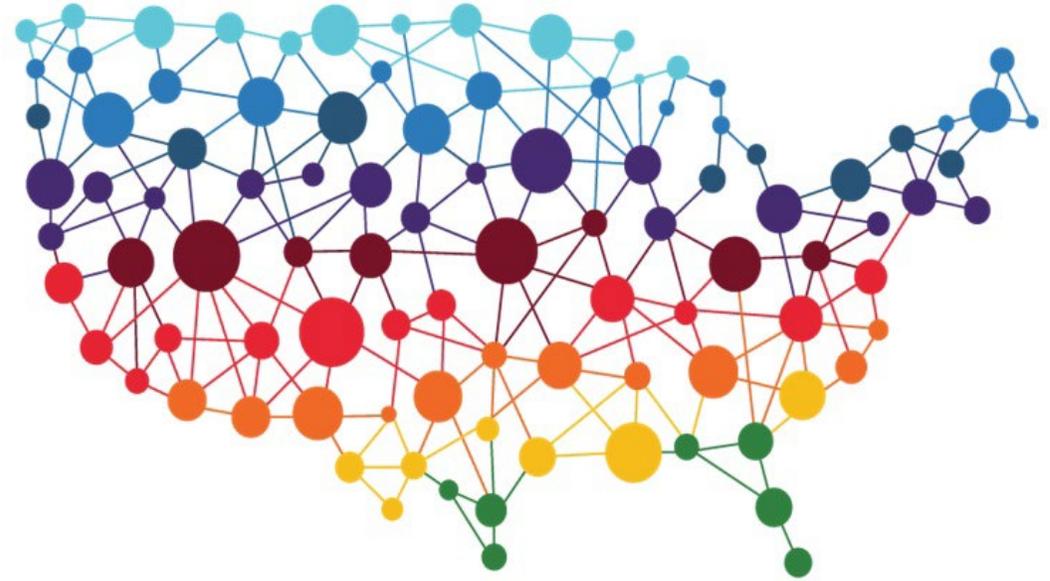


SAGE's National Resource Center on LGBTQ+ Aging (NRC) is the country's first and only technical assistance resource center aimed at improving the quality of services and supports offered to lesbian, gay, bisexual, transgender, queer+ (LGBTQ+) older adults.

The NRC offers educational resources meant to assist you in learning the best ways to create an inclusive, safe, and welcoming environment for your LGBTQ+ older adult population.

# LGBTQ+ Older Adults Across the Country

- 20% of LGBTQ+ people avoid medical care due to fear of discrimination.
- 41% of LGBTQ+ older adults report living with a disability.
- Many fear having to re-closet as they age to access services.
- LGBTQ+ older adults twice as likely to live alone as they age and less likely to have children.
- SAGE study found 60% of LGBTQ+ older adults report lacking companionship and 50% feel isolated.



2014 estimates indicate upwards of 3 million LGBTQ+ people age 55+ growing to 7 million by 2030.

# Caregiving in LGBTQ+ Community

- ✓ LGBTQ+ people have higher rates of caregiving than general population (1 in 5 vs. 1 in 6)
- ✓ May be estranged from family and traditional caregiver supports
- ✓ Often rely on family of choice for caregiving



# Unique Challenges

- ✓ Legal/Policy Issues
  - Families of Choice often lack legal recognition
  - Not all partners have married
- ✓ Family Conflict
  - LGBTQ+ people may be caring for unsupportive family members
  - LGBTQ+ people may be cared for by unsupportive family members

# U.S. Census Household Pulse Survey Economic, Health & Well-being Among 50+ LGBT Adult Findings

- More economic insecurity among LGBT adults – including food insecurity
- More LGBT rented vs owned homes
- More pronounced economic disparity among Asian, Black, Hispanic, and Multiracial LGBT age cohorts than White LGBT age cohorts.
- Black and Hispanic LGBT people who reported living in poverty report food insecurity, difficulty paying bills, expenses and rent.
- More reports on anxiety and depression among LGBT than straight/cisgender people.
- More LGBT report being prescribed medication for mental health.
- More LGBT report needing help from mental health professional, but not getting it.

Source: U.S. Census Household Pulse Survey (July 2021–August 2022)

Note: Bolded values indicate LGBT people are statistically different from straight/cisgender people.

# Support through SAGE



## Phone/Video Call Support Program

[sageusa.org](https://sageusa.org)

# Supports through SAGE



 **HAVE QUESTIONS ABOUT YOUR FINANCES?**

## SAGECENTS

is here to help.

.....

SAGECents is a digital wellness platform made specifically for LGBTQ+ elders to increase financial stability and reduce economic stress.

Instantly access tools, information, & resources that can help you make the financial decisions that are right for your life. Here you can find what benefits are available through Medicare, how to create a health proxy and a living will, and tips for increasing credit scores.

**SIGN UP TODAY!**

Create your free account at:  
[sageusa.org/SAGECents](https://sageusa.org/SAGECents)

 Advocacy & Services for LGBTQ+ Elders  
We refuse to be invisible

Digital Financial Wellness Program with instant access to tools and resources you can use today.

[sageusa.org/SAGECents](https://sageusa.org/SAGECents)

# Support through SAGE

**SAGE National LGBT Elder Hotline  
877-360-LGBT (5428)**



**sage** | Advocacy &  
Services for  
LGBT Elders  
**We refuse to be invisible®**

**SAGE Línea Nacional de Apoyo para adulto mayor LGBT  
877-360-LGBT (5428)**



**sage** | Advocacy &  
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# SAGECollab

 ANNOUNCING

**sage**  
**COLLAB**

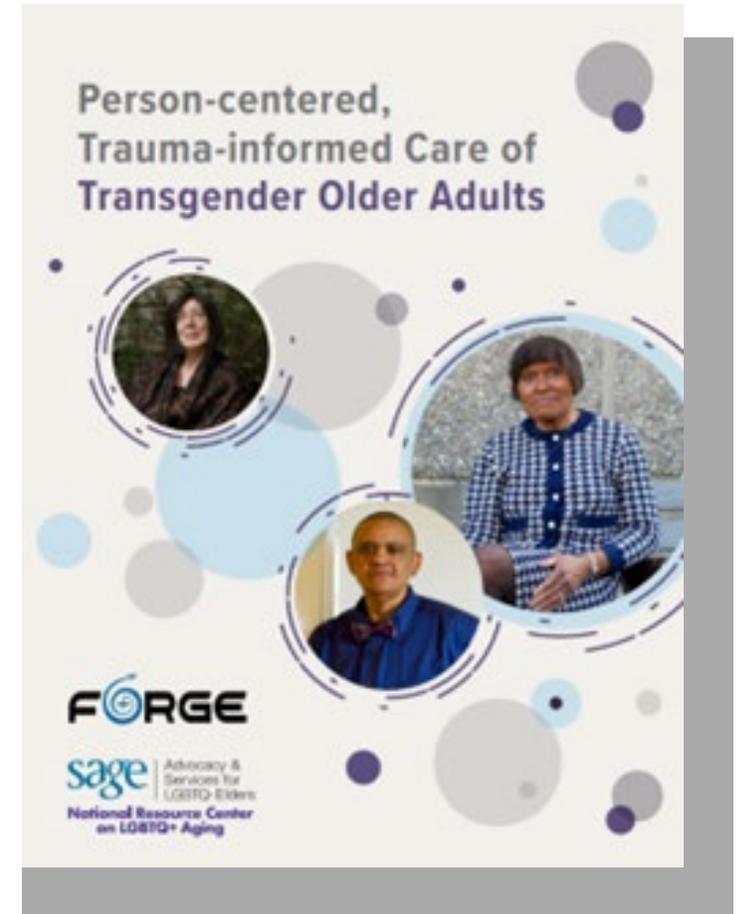
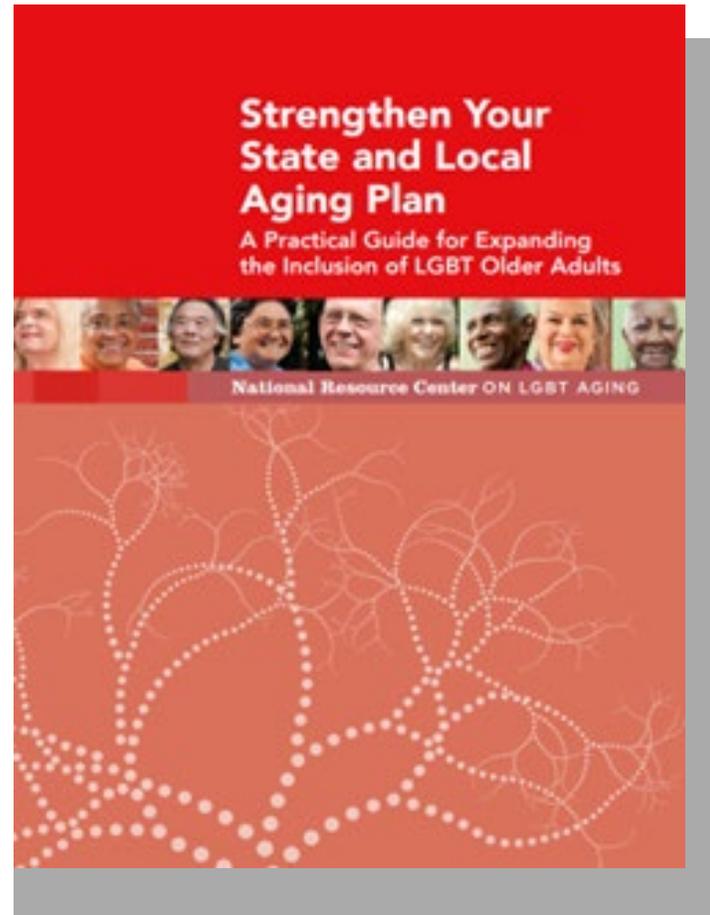
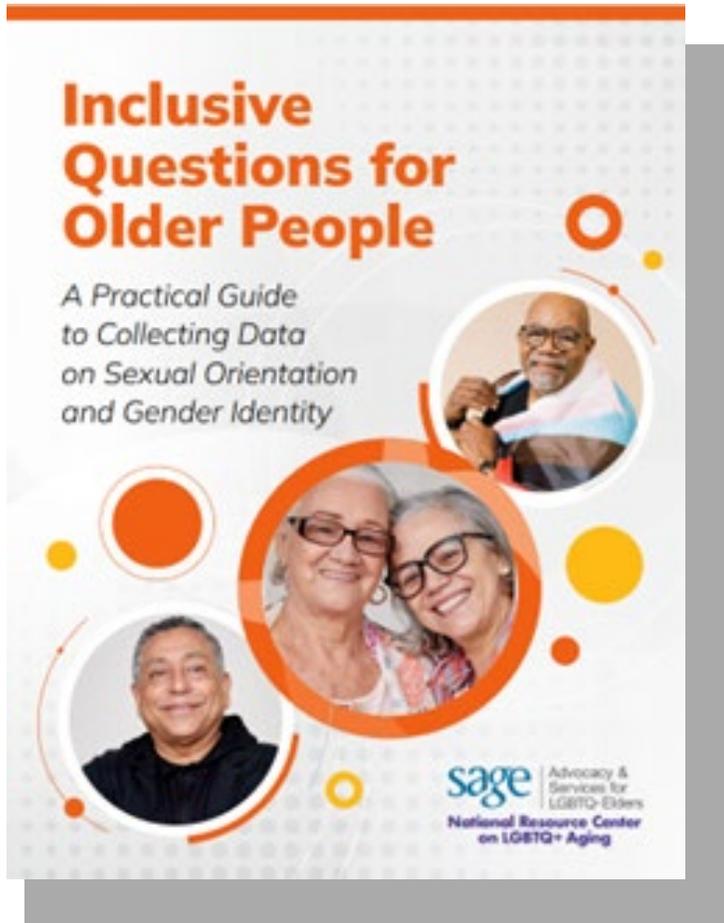
SAGECollab is a network of diverse organizations that partner with SAGE under the common goal of supporting LGBTQ+ older people in their communities. Together, we exchange ideas, explore public policy changes, and inspire each other to better support and empower older LGBTQ+ people everywhere.

Learn more:  
[sageusa.org/sagecollab](https://sageusa.org/sagecollab)

LGBTQ+ older people are diverse and live in every region of our country, from urban neighborhoods to rural counties—and everywhere in between.

SAGE is expanding to enable an ever more inclusive community-focused approach and increase capacity to reach more BIPOC, TGNB and rural elders and organizations, among other historically marginalized populations.

# Best Practice Guides & Toolkits



[www.lgbtagingcenter.org/guides](http://www.lgbtagingcenter.org/guides)

# Finding an LGBTQ+ Inclusive Long-Term Care Community

[theLEI.org](http://theLEI.org)

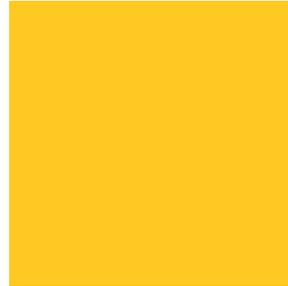


HUMAN RIGHTS CAMPAIGN FOUNDATION™

sage

Advocacy & Services for LGBTQ+ Elders

We refuse to be invisible®



# Creating more welcoming care for LGBTQ+ elders

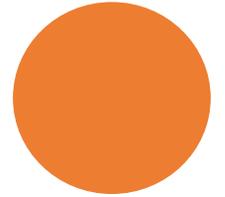


Free of charge training may be available to qualifying ACL resource centers, State Units on Aging and Disability, and Area Agencies on Aging. Complete the contact us form at [www.sageusa.care](http://www.sageusa.care) to see if your organization qualifies.

# Critical Need to Strengthen Community Engagement

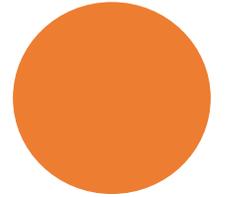
The lack of family supports,  
ongoing stigma, discrimination -  
leads many older LGBT people to  
ask the question:

Who will support me as I age?



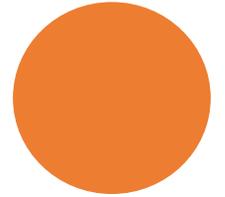
# Community Engagement

How can Area Agencies on Aging and other Community Organizations get started with outreach to LGBTQ+ communities?



# Community Engagement

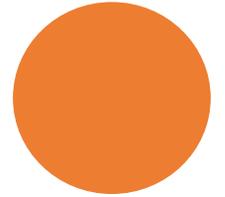
What if staff and volunteers are reluctant to engage in LGBTQ+ outreach and services?



# Community Engagement

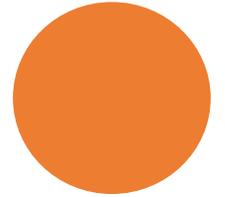
How do we know if we have LGBTQ+ older adults in our service area?

How do we know what supports they may need?



# Community Engagement

How can aging organizations find partners at the local/state level to work with in support of LGBTQ+ outreach and services?



# Community Engagement

How important is it to incorporate LGBT volunteers to be active in their own communities?

