



HEALTH EQUITY AND HUNGER:

Collaborative State Pathways
Improving Community-based
Food Security, Health and Well-being

Mom's Meals®, A PurFoods® Company
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Confidential and Proprietary





TODAY'S PANEL



Tim Conroy

In his role as National Vice President, Government and Healthcare Partnerships for Mom's Meals, Tim Conroy has responsibility for overseeing Long Term Services & Support (LTSS) waiver benefit programs, helping customers and clients access state benefit programs for home-delivered meals. He partners with executive management teams within the state government HHS and DOA programs, managed Medicaid organizations, local Area Agencies on Aging (AAAs), and Community Based Organizations (CBO) to ensure the continuation of partnerships to support member services.



Victoria Elridge

Victoria Elridge is the Commissioner for the Department for Aging and Independent Living (DAIL) under the Cabinet for Health and Family Services in Kentucky and is also an occupational therapist. Commissioner Elridge has led the state in ensuring no older Kentuckian goes hungry with an unrepresented number of home delivered and senior center meals served to older Kentuckians during the pandemic with pioneering and innovative service delivery. Commissioner Elridge is a recipient of the Ky Department of Veterans Affairs Ambassador Award and is a Kentucky Colonel.



Marnie Mountjoy

Marnie Mountjoy began her career with the Commonwealth of Kentucky in May of 2000 with the Department for Community Based Services as a child protective service worker in the Division of Protection and Permanency in Jessamine County. In August 2005, she joined the Department of Aging and Independent Living and since that time, she has served in a variety of rolls including overseeing the administration of programming funded by the Older Americans Act and pursuing additional grant opportunities to expand and enhance the services offered by the department. Mrs. Mountjoy is currently appointed to the role of Director for the Division of Aging and Independent Living which oversees the administration and implementation of state and federally funded programs designed to assist elderly and physically disabled Kentuckians and their caregivers.

Ms. Mountjoy is a 1997 graduate of Western Kentucky University where she earned a B.A. in both Psychology and Sociology and has pursued graduate studies in School Counseling at Middle Tennessee State University.



Kathleen Dougherty

Kathleen Dougherty is the Chief of Managed Care Operations for Delaware's Medicaid Program, Diamond State Health Plan. In this role, she has oversight responsibilities for the State's Managed Medicaid/CHIP and Long Term Care contractors, the External Quality Review vendor, the Transportation vendor, and the State's Health Benefit Manager.

Kathleen began her career with the State of Delaware in 2000 working for Medicaid Long Term Care Eligibility and has held increasing positions of responsibility, moving from Social Worker to Chief of Managed Care Operations.

NUTRITION AND FOOD INSECURITY

Malnutrition/Undernutrition: Faulty or inadequate nutritional status

Food Insecurity/Food Deserts: Difficulty obtaining nutritionally adequate and safe food due to lack of resources

Access to proper nutrition

- Helps manage chronic conditions (reduction A1c)
- Reduced hospital readmissions and ER visits
- Decrease in inpatient costs
- Reduced overall cost of care



COSTS OF FOOD INSECURITY

Access to *nutritious* food is vital as food insecurity, health equity and chronic condition repercussions continue to rise

46%
HIGHER

Mortality rate for food-insecure people than those with a sufficient diet

20%
MORE

in health care costs for food insecure families than food secure families

10x

Food insecurity rate for Black and Latino individuals than non-Hispanic individuals

\$50B

in health care costs a year for unhealthy diets

Sources: <https://www.thenationshealth.org/content/50/8/E32%20>, <https://www.feedingamerica.org/about-us/press-room/disparities-in-food-insecurity>, <https://www.cbpp.org/blog/food-insecure-households-likelier-to-have-chronic-diseases-higher-health-costs>, <https://journals.plos.org/plosmedicine/article?id=10.1371/journal.pmed.1002981>, <https://www.healthaffairs.org/doi/10.1377/hlthaff.2022.00414>



AGING

State Master Plans

- Long-term proposals, which address aging issues affecting all levels of the state that directly or indirectly affect aging residents
- Plans should include transparency and inclusion, equity and person-centered planning
- Few states currently have a master plan with many states targeting 2024 completion
- These plans will bring government, nonprofits, private and public organizations, community groups, and individuals together to rethink how services are designed, financed and delivered to all older adults equitably

Older Americans Act (OAA) Reauthorization

- OAA is the nation's law focused on supporting the independence, dignity and well-being of older adults
- In March of 2020 OAA was reauthorized through 2024
- June 2023 – the ACL proposed new rules updates to OAA programs – first since 1988
- ACL encouraging ongoing modernization toward person centered nutrition programming

<https://www.nextavenue.org/why-states-need-master-plans-for-aging/>



MEDICAID

In Lieu of Services (ILOS)

- Services or settings that are not covered under Medicaid plans but are medically appropriate and cost effective
- Benefit flexibility allows plans to focus on preventative solutions to keep members healthy and out of the hospital
- ILOS Examples:
 - New York - 2 meals/day medically tailored by a registered dietitian to meet the needs of the recipient
 - California (Community Supports) - 2 meals/day and/or medically supportive food and nutrition services for up to 12 weeks or longer if necessary
- MCO directed ILOS emerging

State 1115c Demonstrations

- Section 1115 gives the Secretary of HHS authority to approve experimental, pilot, or demonstration projects that promote the objectives of the Medicaid and CHIP programs
- Optional benefit addendums
 - Medically tailored home-delivered meals
 - Produce and pantry boxes
 - Nutritional counseling
 - Recipe cards
 - OTC cards



MEDICARE

Post-Discharge

- Nutrition is important to promote recovery and healing and prevent readmissions
 - 2 meals/day for 2-4 weeks after discharge
- MA plans have PD meal benefits
- OTC Cards

Special Supplemental Benefits for the Chronically Ill (SSBCI)

- Section 1115 gives the Secretary of HHS authority to approve experimental, pilot, or demonstration projects that promote the objectives of the Medicaid and CHIP programs
- Optional benefit addendums
 - Medically tailored home-delivered meals
 - Produce and pantry boxes
 - Nutritional counseling
 - Recipe cards
 - OTC cards

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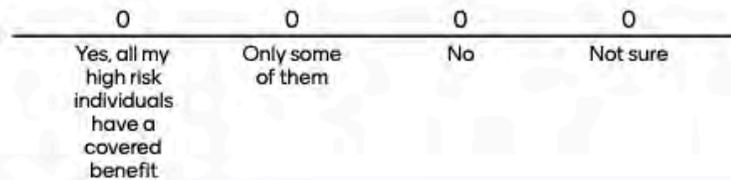


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menti.com
ENTER THE CODE
1912 5681

0	0	0	0	0
AAA	Community Based Organization	Provider Organization	Managed Care Plan	Other



Join at menti.com use code 1912 5681



Content

Your question ?

Do the food insecure individuals you support

[Add longer description](#)

Options ?

Yes, all my high risk individuals have a covered benefit X

Only some of them X

No X

Not sure 142 X

+ Add

Extras

Show correct answer(s) ?

Show results in percentage ?

Let participants submit multiple options

[Select another question](#)

MF

Account



Content



Design

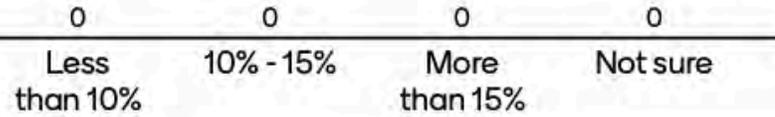


Settings



Got feedback?

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Content



Your question ?

How many people in the U.S. are currently fo

[Add longer description](#)

Options ?

Less than 10%

10% - 15%

More than 15%

Not sure

+ Add

Extras

Show correct answer(s) ?

Show results in percentage ?

Let participants submit multiple options

[Select another question](#)

MF

Account



Content



Design



Settings

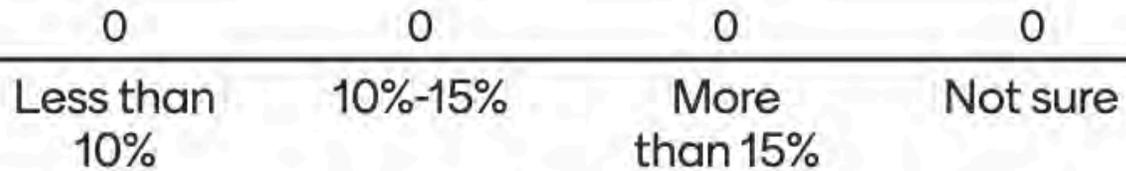


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DELAWARE
Division of Medicaid and Medical Assistance

State Funded Pilot for Chronic Renal Program

Delaware has operated a State Funded End Stage Renal Disease Program for over 25 years. Nutrition is critical to these participants to maintain good health.

DMMA along with our partners at University of Delaware, through program outreach and participant discussion identified members on days of dialysis lacked the means, and energy in many circumstances, to prepare meals.

DMMA Contracted Moms Meals to provide home delivered meals to our dialysis participants. This pilot program is anticipated to start as soon as next month, and will provide 2-3 meals per day for 13 weeks.

1115 Waiver - HCBS Home-Delivered Meals

In response to increased risk of food insecurity during Covid, in our Medicaid DSHP Plus members receiving HCBS, Delaware sought temporary authority through an Appendix K amendment so that DSHP Plus HCBS participants could receive a second home-delivered meal per day.

This additional meal was successful in supporting participants to remain in their homes and contributed to Delaware's goals of increasing supports for members needing LTSS.

As a result, DMMA amended its DSHP 1115 Waiver to provide up to two home-delivered meals per day as part of the permanent DSHP Plus benefit package.

Food Box Pilot - 1115 Renewal (still pending approval)

DMMA proposes to add Medicaid coverage of our Medicaid Food Box Initiative for postpartum members under the DSHP 1115 Waiver.

The objective of the Food Box Initiative is to address food insecurity and diaper needs and to improve maternal and infant health and reduce health disparities.

Expenditures would provide coverage of food boxes for members up to 12 weeks postpartum.

Post Partum Food Box Delivery Program

The Postpartum Food Box Delivery program started in February 2021 in partnership with DMMA, the Food Bank of Delaware, Modivcare, and our MCO's Amerihealth Caritas DE & Highmark Health Options, and tremendous consultation from Moms Meals.

Our postpartum members received 1 shelf stable food box, up to 2 boxes of diapers, and 1 pack of wipes per week for up to 8 weeks postpartum. As of May 2022 we had delivered nearly 15,000 boxes of food, 20,000 boxes of diapers, and 10,000 boxes of wipes

Why?

Food insecurity disproportionately impacts female-headed households, households with children under the age of 6, and Black & Indigenous and People of Color (BIPOC).

It has a significant impact on the maternal-infant dyad including an increased risk for postpartum depression (PPD) and anxiety, and decreased rates of breastfeeding.

Additionally, food insecurity has been associated with diaper needs, which can have a significant impact on infant health outcomes.

Outcomes

We received an overwhelming positive response from our members and our partners. The program has also shown benefits to our health outcomes including:

Postpartum members in program: 1455, **85% attended a postpartum visit**

Infants in the program: 1466, **95% had at least 1 Well child visit**

57% of members who received deliveries were Black or Hispanic

Additionally, DPH provided a map of high-risk zip codes, **>40% of deliveries** were to high-risk zip codes in Delaware



CABINET FOR HEALTH
AND FAMILY SERVICES

Department for Aging and Independent Living

**Victoria Elridge, MS, OT
Commissioner**

DAIL Mission



“Promote the welfare, dignity, and independence of older adults, individuals with physical disabilities, and adults in need of a guardian”





Older Adults



Individuals
with
Disabilities



Individuals
with
Dementia



Adults Under
State
Guardianship



Caregivers

Populations Served by DAAL

Meals, Meals, and More Meals



OAA-Title III

- Federal Funds
- Age 60 and Up
- Senior Center, Grab and Go, Home Delivered Meals



Homecare

- State General Funds
- Age 60 and up
- Home Delivered Meals



Expanded Senior Meal Program

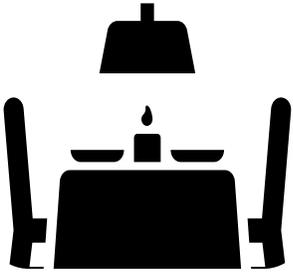
- Federal/State Funds
- Age 60 and Up
- Determined by AAA with SUA Approval



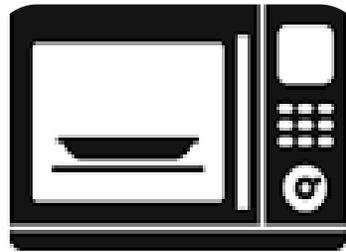
Aging and Physical Disability 1915C Waiver

- Federal/State Funds
- Unable to prepare meal and no natural in-home supports
- Hot or Cold Meal Delivery

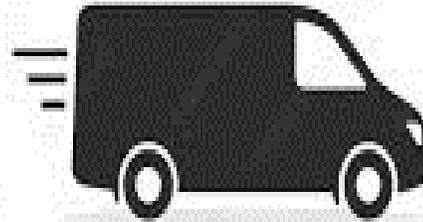
How Would You Like Your Meal Today?



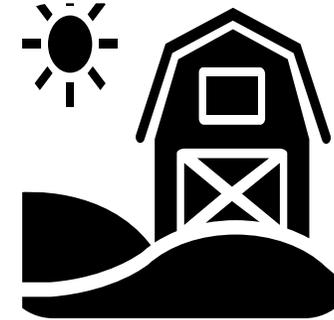
Restaurant
Meal
Vouchers



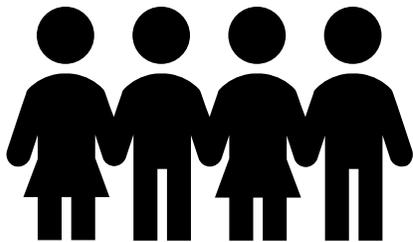
Microwave Meal
Program



Motor Meals



Farmer's Market
Meals



Congregate Meals



To-Go Meals



Home Delivered Meals



CABINET FOR HEALTH
AND FAMILY SERVICES

Department for Aging and Independent Living

Marnie Mountjoy

How we got here

- Commitment from Governor Beshear March 3, 2020 for all Kentuckians 60 and over could get a meal
- Additional funding in FY22, FY23 and FY24 from Governor Beshear and the Kentucky Legislative body. \$14.4 million for FY23 and FY24.
- Expanding the Senior Nutrition Program (ESMP)

GATEWAY MOTOR MEALS

Food. Fun. Fellowship.

SENIOR MOBILE FOOD TRUCK



Timeline

July 15, 2022

Internal discussions - how can we expand and improve services within our region?

September 20, 2022

ESMP proposal approved by DAIL

October 14, 2022

Picked up van & started designing vehicle wrap and marketing material

December 2022

Worked with the GADD Board and local community partners to develop the January MotorMeals schedule

January 2, 2023

GADD MotorMeals press release published and major social media push

January 4, 2023

Interview with Fox 56 regarding MotorMeals launch

January 5, 2023

Soft MotorMeals launch

January 6, 2023

First day for MotorMeals out in the region

MotorMeals is a food truck that serves meals to Seniors in Bath, Menifee, Montgomery, Morgan, and Rowan Counties.

Grab a FREE Hot Meal

A donation of \$1.00 is suggested.

Anyone Age 60 & Over

Individuals must enroll in the senior center program.



MotorMeals

Gateway Regional Senior Centers
Call: 855.882.5307



MotorMeals

SENIOR MOBILE MEAL FOOD TRUCK

855.882.5307

GATEWAY AREA DEVELOPMENT DISTRICT





MotorMeals

SENIOR MOBILE MEAL FOOD TRUCK

855.882.5307

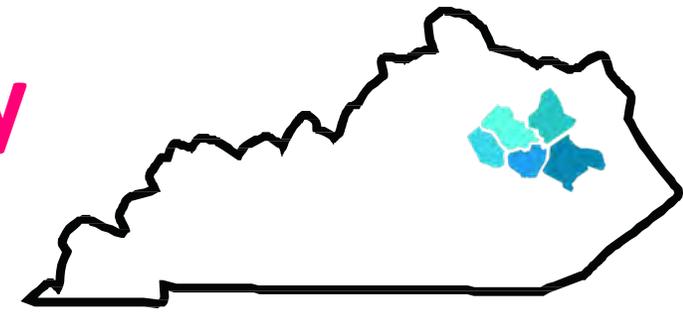
GATEWAY AREA DEVELOPMENT DISTRICT



REGIONAL IMPACTS



January
2023



Bath County

3 sites | 61 seniors served

Menifee County

3 sites | 83 seniors served

Montgomery County

3 sites | 86 seniors served

Morgan County

3 sites | 45 seniors served

Rowan County

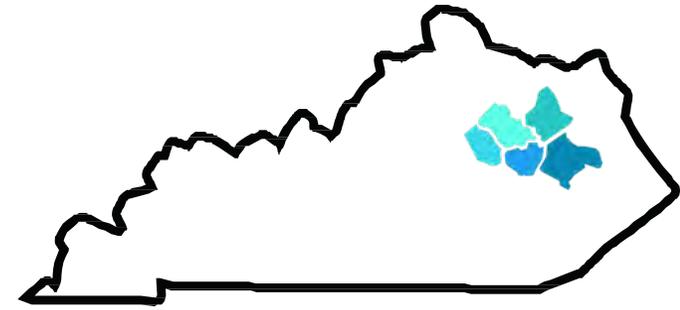
4 sites | 57 seniors served

332 additional seniors served via
MotorMeals

REGIONAL IMPACTS



July
2023



Bath County

5 sites | 120 seniors served

Menifee County

4 sites | 193 seniors served

Montgomery County

4 sites | 72 seniors served

Morgan County

4 sites | 75 seniors served

Rowan County

3 sites | 75 seniors served

515 additional seniors served via

MotorMeals

MotorMeals

GATEWAY AREA DEVELOPMENT DISTRICT

AUGUST 2023



SENIOR MOBILE MEAL FOOD TRUCK SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Lakeview Heights Community Building 385 Circle Drive Morehead, KY 40351	2 Montgomery Square Apartments 1376 Indian Mound Drive Mount Sterling, KY 40353	3 Big Woods Community Church 6758 Highway 1693 Wellington, KY 40387	4 Blackwater Fire Department 14123 U.S. 460 Ezel, KY 41425
7 Salt Lick Fire Department 164 Main Street Salt Lick, KY 40371	8 McBrayer Manor 10:30 AM - 11:00 AM Eagle View Apartments 11:00 AM - 11:30 AM Clearfield Manor 11:30 AM - 12:00 PM	9 Woodland Village Apartments 11:00 AM - 11:30 AM Camargo City Hall 11:30 AM - 12:00 PM	10 Korea Church of God 1534 Highway 1693 Wellington, KY 40387	11 J A Oldfield & Son 8447 Highway 460 West Mize, KY 40352
14 Bethel Fire Department 11:00 AM - 11:30 AM Pleasure Ridge Apartments 11:30 AM - 12:00 PM	15 Lakeview Heights Community Building 385 Circle Drive Morehead, KY 40351	16 Montgomery Square Apartments 1376 Indian Mound Drive Mount Sterling, KY 40353	17 Botts Christian Church 6584 US Highway 460 Denniston, KY 40316	18 Blackwater Fire Department 14123 U.S. 460 Ezel, KY 41425
21 Salt Lick Fire Department 164 Main Street Salt Lick, KY 40371	22 Elliottville Baptist Church 8100 Hogtown Hill Morehead, KY 40351	23 Mary Ray Trimble Housing 306 West Main Street Mount Sterling, KY 40353	24 Dayspring Church 151 Main Street Frenchburg, KY 40322	25 West Liberty Christian Church 304 Prestonsburg Street West Liberty, KY 41472
28 Sharpsburg Community Center 7781 W Tunnel Hill Road Sharpsburg, KY 40374	29 Mountain View Apartments 100 Rodburn Hollow Road Morehead, KY 40351	30 DuBois Community Center 100 Hamilton Avenue Mount Sterling, KY 40353	31 Tarr Ridge Union Church 2380 Tarr Ridge Road Frenchburg, KY 40322	

Unless noted otherwise, meals will be served at the location from 11:00 AM to 12:00 PM.

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MOREHEAD, KY 40351

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HOT TOPICS



Q&A



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Kathleen Dougherty

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Scan to download Mom's Meals white paper
Innovating to Overcome Food Insecurity: How states are taking new approaches to achieve better outcomes



THANK YOU!

MOM'S
MEALS®

