

Welcome!

ADVANCING STATES



Leadership, innovation,
collaboration for state
Aging and Disability agencies.



ADVANCING STATES



Our mission is to design, improve,
and sustain state systems
delivering long-term services and
supports for older adults, people
with disabilities, and their
caregivers.



Wi-Fi

Hotel Wi-Fi:
HCBS_Conference

Password: **MERCER**



Conference App



1

Search for “EventsAir” in the app store and download the mobile app

2

The event code for the HCBS conference is 082823

3

Log-in using the email address you used to register.

Conference App

Use the app to:

- Send direct messages to other attendees
- View the agenda and virtual exhibit hall
- Post updates and photos the live feed
- Win raffle prizes



**Post about the
conference!**

Use:

#HCBS2023

#ADvancingStates

Tag us on LinkedIn, Facebook
and Twitter

@ADvancingStates



All Sessions **Must** End at 11:45 am
Opening of Exhibit Hall



Visit with the Exhibitors



Win an Apple Watch!

Enter with your business card at the
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The
John A. Hartford
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Information and Referral/Assistance Intensive

National Home and Community
Based Services Conference

August 28, 2023

Presenters:

Nanette Relave, Director, National I&R Support Center, ADvancing States

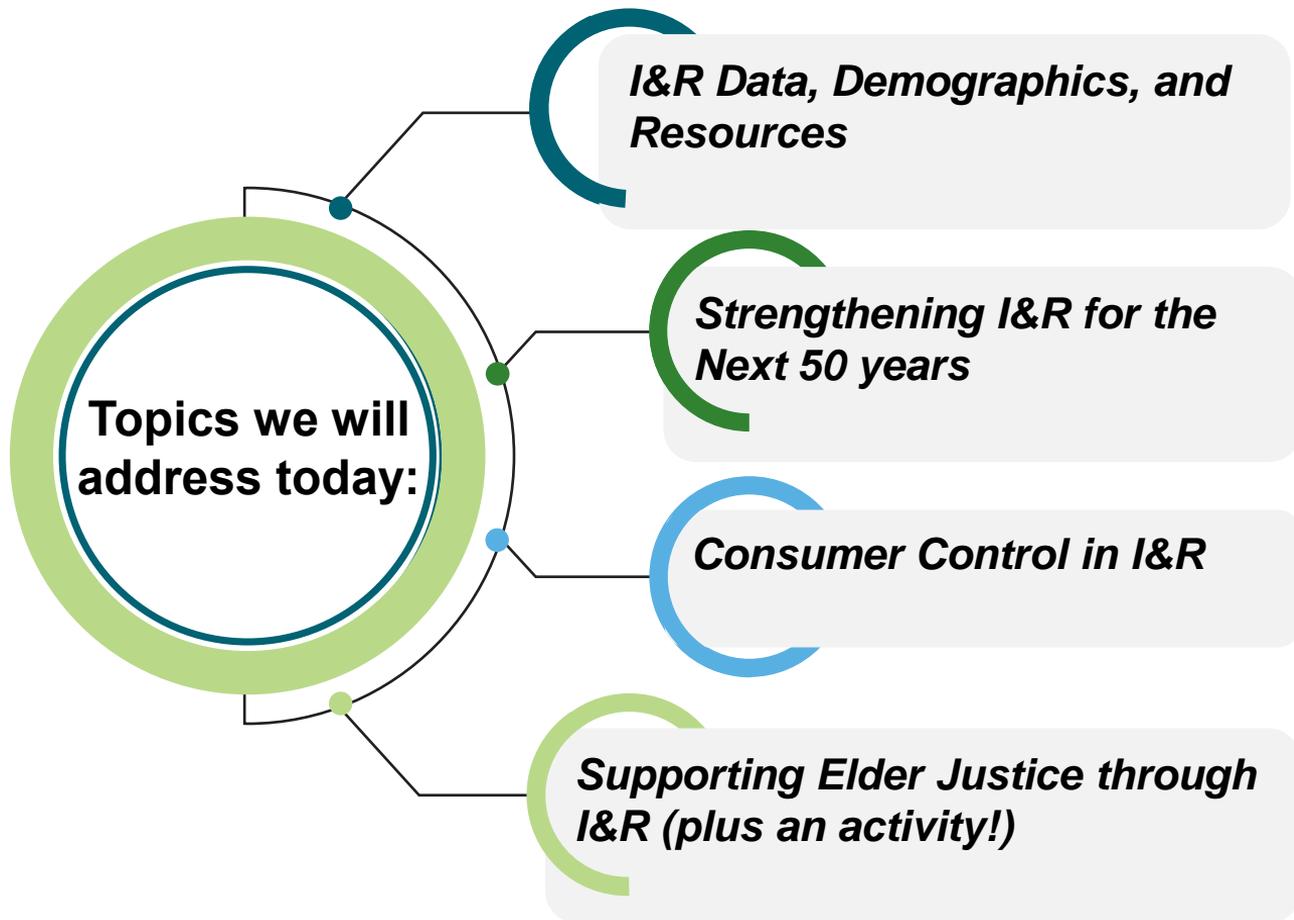
Sherri Clark, Senior Aging Services Program Specialist, Administration for Community Living

Sara Tribe Clark, Director, Eldercare Locator and DIAL, USAging

Mary-Kate Wells, Program Director, National Council on Independent Living

Sandra Ray, Program Director, Inform USA

Kimmy Moon, Project Administrator, National Center on Elder Abuse



2023 HCBS Conference

Information and Referral/Assistance Intensive

ACL Update

Sherri Clark

Program Specialist

Administration for Community Living

Agenda

- National Strategy to Support Family Caregivers
- National Housing and Services Resource Center
- Direct Care Workforce Capacity-Building Center
- Commit to Connect Initiative
- Vaccination Initiative
- 2022 AAA Survey

The Recognize, Assist, Include, Support & Engage (RAISE) Family Caregivers Act – An Overview

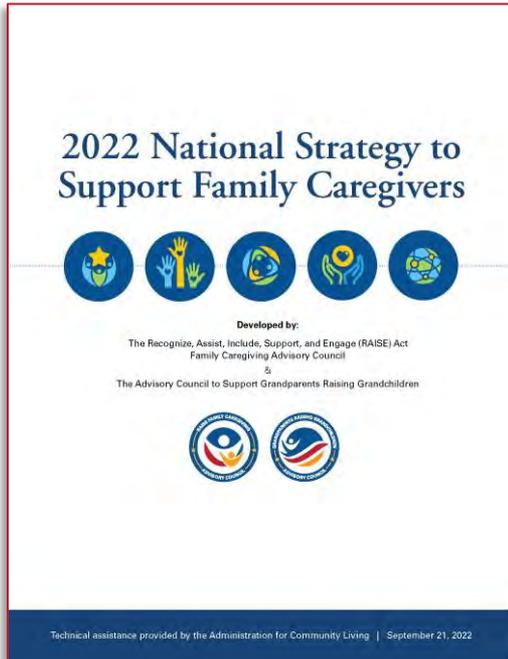
- Became law: Jan 22, 2018
- Three key components:
 - Family Caregiving Advisory Council (August 2019)
 - 15 non-federal members
 - ACL, VA, CMS plus cross-federal agency representation (HHS, CNS, Ed, CFPB)
 - Initial Report to Congress (September 2021)
 - National Strategy to Support Family Caregivers (September 2022)

National Strategy to Support Family Caregivers

A Focus on Five Priority Areas

- Awareness and outreach
- Engagement of family caregivers as partners in healthcare and long-term services and supports
- Services and supports for family caregivers
- Financial and workplace security
- Research, data, and evidence-informed practices

One Strategy | Four Components



[2022 National Strategy to Support Family Caregivers](#) - An overview and description of the strategy's goals and intended outcomes

[First Principles: Cross-Cutting Considerations for Family Caregiver Support](#) - Describes the four key principles that must be reflected in all efforts to improve support to family caregivers

[Federal Actions](#) - Nearly 350 actions that 15 federal agencies will take in the near term to begin to implement the strategy.

[Actions for States, Communities, and Others](#) - More than 150 actions others can take.

Advancing Aging Network Capacity to Recognize and Support Family, Kinship and Tribal Caregivers

- The project will undertake an initiative to advance the capacity of the NFCSP – OAA, Title III-E and NACSP-OAA, Title VI-C to better recognize and support family caregivers.
 - ACL will award up to 5 cooperative agreements to undertake activities of a national scope and reach. Each grantee will be grounded in one of the five priority/goal areas of the Strategy:
 - Increasing awareness of, and outreach to, family caregivers
 - Advancing inclusion and engagement of family caregivers within care teams
 - Advancing innovations in family caregiver services and supports
 - Strengthening financial and workplace security of family caregivers
 - Advancing a family caregiver national research and data collection strategy
 - Grants to be funded in September 2023
- 



Housing and Services Resource Center

**Coordinating access to affordable,
accessible housing and critical community services**



acl.gov/HousingAndServices

HSRC@acl.hhs.gov

Issues Around Health and Housing

- **Affordability**

- For every **100** extremely low-income renter households, there are **only 37** affordable and available homes

- **Accessibility**

- < **1%** U.S. housing stock is wheelchair-accessible
- < **5%** can accommodate individuals with moderate mobility disabilities.

- **Housing Stability**

- Housing retention--Limited awareness, access and availability of community services
- **80% of admissions into nursing homes are from hospital stays**; short-term admissions often turn into long-term nursing home stays
- Each year, **nearly 900,000** individuals fall into homelessness
- **48.5%** who used homeless shelters over the course of a year report having a disability, and **23%** are older adults.

HSRC Technical Assistance Activities

- HSRC Website (<https://acl.gov/HousingAndServices>)
- HSRC Email (HSRC@acl.hhs.gov)
- HSRC Communities of Practice
- HSRC Webinars
- HSRC Federal Office Hours for States

HSRC Webinars

- Developing Partnerships between Homelessness Systems Continuum of Care (CoC) and the Disability, Aging and Health Sectors
- Working Together to Empower Community Inclusion with Health/Housing/Independent-Living Partnerships
- Building and Sustaining Home Modification Collaborations: Strategies for Your Community
- Expanded Opportunities with Federal Funding for Housing and Services
- Partnerships to Increase Housing Stability Through Assistive Technology, Home Modifications, and Repairs



DIRECT CARE WORKFORCE STRATEGIES CENTER

- ACL has established a national center to expand and strengthen the direct care workforce across the country.
- The Center will provide TA to states and service providers and facilitate collaboration with stakeholders to improve recruitment, retention, training and professional development of the direct care workers.
- The center will harness the power of a team of organizations with expertise in disability, aging, and workforce issues.



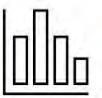
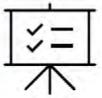
DIRECT CARE WORKFORCE STRATEGIES CENTER

Lead by the National Council on Aging, partners include;

- National Association of Councils on Developmental Disabilities
- Paraprofessional Healthcare Institute (PHI)
- University of Minnesota's Institute on Community Integration
- National Alliance for Caregiving
- Lincoln University Paula J. Carter Center on Minority Health and Aging
- Green House Project
- Social Policy Research Associates
- Housing Innovations
- Oryx Solutions
- Rockingstone Group



DIRECT CARE WORKFORCE STRATEGIES CENTER

 Environmental Scan <p>Assess current resources, consult stakeholders, identify best practices</p>	 Virtual Information Hub <p>Website and information hub for stakeholders and those interested in TA</p>	 Capacity Building Hub <p>Self-directed learning, virtually facilitated engagements, in-person support and convenings</p>	 Stakeholder Groups <p>Formal steering committee and lived-experience and subject matter expert informed advisory working groups</p>
 DCW Support Services <p>Resources that target front-line direct care workers seeking information and resources</p>	 DCW Data Warehouse <p>Data clearinghouse for employers, state agencies, and systems leaders</p>	 Consumer & Caregiver Data Warehouse <p>Data clearinghouse to support decision making for consumers and caregivers</p>	 Evaluation Program <p>Formal evaluation framework to support ongoing enhancements to approach and TA</p>

<https://acl.gov/programs/direct-care-workforce>

DCW Strategies Center Email Address:
DirectCareWorkforce@ncoa.org



Commit to Connect

COMBATTING SOCIAL ISOLATION AND LONELINESS IN ALL COMMUNITIES



- Aim is to connect people living with isolation with programs and resources to build the social connections they need to thrive.
- Commit to Connect is funded primarily by the U.S. Administration for Community Living
- USAging serves as the Coordinating Center
- <https://committoconnect.org/>

Key efforts include:

- Cultivating a nationwide network of champions who are committed to addressing social isolation and loneliness
 - Online discussions and resource sharing in the virtual Hub
- Holding Communities of Practice on topics including intergenerational engagement and measurement/evaluation
- Engaging stakeholders in peer networking and webinar opportunities



Nationwide Network of Champions

- Champions are passionate leaders and innovators at the local, state and national level dedicated to ending social isolation and loneliness.
- Examples of potential Champions include representatives from: aging and disability service providers, philanthropic organizations, educational institutions, senior centers, parks and recreation departments, respite providers, senior housing, state associations and more
- Joining the Nationwide Network of Champions is no-cost to you!



ACL Vaccine Uptake Initiative for Older Adults and People with Disabilities Grant

\$125M Awarded on December 19, 2022

- USAging (\$75M)
- National Council on Aging (\$50M)

Goal: Increase Vaccinations of Older Adults & People with Disabilities in the Community

- Vaccination clinics and in-home vaccinations
- Supportive services (e.g., transportation, in-person supports)
- Outreach & education



This Photo by Unknown Author is licensed under [CC BY-SA-NC](https://creativecommons.org/licenses/by-sa/4.0/)

Equity and Outreach

Focus on highest risk, hardest to reach older adults and people with disabilities in underserved communities

- ❖ Black, Latino and other people of color
 - ❖ LGBTQ+ Individuals
 - ❖ People At Risk of Institutionalization
 - ❖ People Living In Rural Areas
 - ❖ Low Income Individuals
 - ❖ People with Limited English Proficiency
 - ❖ Native Americans
- 

Community Impact

280+ Subawards awarded Across the Nation

Funded an estimated \$100 million subawards to Aging & Disability networks

Outreach and Education materials provided to over 19M+ people

2022

AAA National Survey Report

AAAs Serve More Older Adults with Complex Needs:
Trends and New Directions from the 2022 National Survey of AAAs



USAging
Leaders in Aging Well at Home

M
MIAMI UNIVERSITY
SCHOOL OF GERONTOLOGY CAREERS

National Survey of Area Agencies on Aging

www.usaging.org/aaasurvey

This work was supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, ACL/HHS or the U.S. Government.

AAA Information and Referral Activities

Activity	Percent of AAAs
Provide I&R/A outreach	100
Provide I&R/A outreach for caregivers	86
Have an I&R specialist on staff	80
Would like to add I&R staff	11
Have staff with AIRS certification	52
Would like to add staff with AIRS certification	16

Survey Report Toolkit

www.usaging.org/aaasurvey

- State data reports
- Fast Facts
- Slide deck
- Sample newsletter articles and social media posts
- And more!

FAST FACTS **AAA Housing and Homelessness Programs and Partnerships**

FAST FACTS **AAA Social Engagement Programs and Partnerships**

Social engagement plays a key role in our health and well-being.¹ For many of us, including older adults, engaging in social activities improves mental and physical health, and reduces loneliness, depression and stress—ultimately leading to improved overall health.² Area Agencies on Aging (AAAs) provide many social engagement opportunities for older adults, through core services such as congregate meals, as well as specific social engagement programs.

98% of AAAs have a program or activity to address the critical need for social engagement.

Most Common AAA Social Engagement Programs and Activities

Program/Activity	Percentage
Friendly visiting or wellness checks Telephone reassurance programs Memory cafés Caregiver support groups	90%
Medicare counseling and outreach Intergenerational mentoring	75%
Book clubs Art classes Music Pen pal programs Games Storytelling	63%
Technology training Tablet programs Virtual or hybrid programming	56%

Engagement Programs for Specific Populations

AAAs work to reach historically underserved populations and provide culturally responsive services. Recognizing that older adults from these groups are often at a higher risk of social isolation, **69 percent of AAAs offer social engagement programming tailored to the needs of different communities.** most commonly:

- Older adults living in rural areas: 43%
- Specific racial or ethnic minority groups: 34%
- People with disabilities: 32%
- Veterans: 31%
- Grandfamily or kinship caregivers: 30%
- LGBTQ+: 22%
- Refugees and/or immigrants: 8%

"We are starting to offer Guided Autobiography Classes which help older adults recall, share and record stories from their life. Not only is it a good mental exercise, but participants engage socially and gain new meaning in later life."

USAgging | 2023 PROFILE
Ohio Area Agencies on Aging State Data Report

This State Data Report presents data from Ohio AAAs as compared to AAAs at the national level. Data shown in this report were gathered through the 2022 National Survey of Area Agencies on Aging conducted by USAgging in partnership with the Scripps Gerontology Center at Miami University. The survey helps track the trends and new directions in a growing and evolving Aging Network. The full report is available at www.usaging.org/research.

About Ohio's AAAs

All 12 of Ohio's 12 AAAs responded to the survey, resulting in a response rate of 100 percent!

- 83 percent of AAAs in Ohio are independent nonprofits and the rest are parts of councils of government or regional planning and development agencies or county or city governments
- 33 percent of the AAAs in Ohio serve predominantly rural service areas

Budget and Staffing

Table 1 provides details about the median budget and staff size of the Ohio AAAs that responded to the survey.

Table 1: AAA Annual Budget and Staffing, Medians and Ranges

	Ohio	National
Budget		
Staffing		

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<http://www.facebook.com/aclgov>



<https://twitter.com/aclgov>



<https://cloud.connect.hhs.gov/acl-subscriptions>



Acl.gov

I&R/A Data, Demographics, and More!



NATIONAL INFORMATION & REFERRAL SUPPORT CENTER



Services

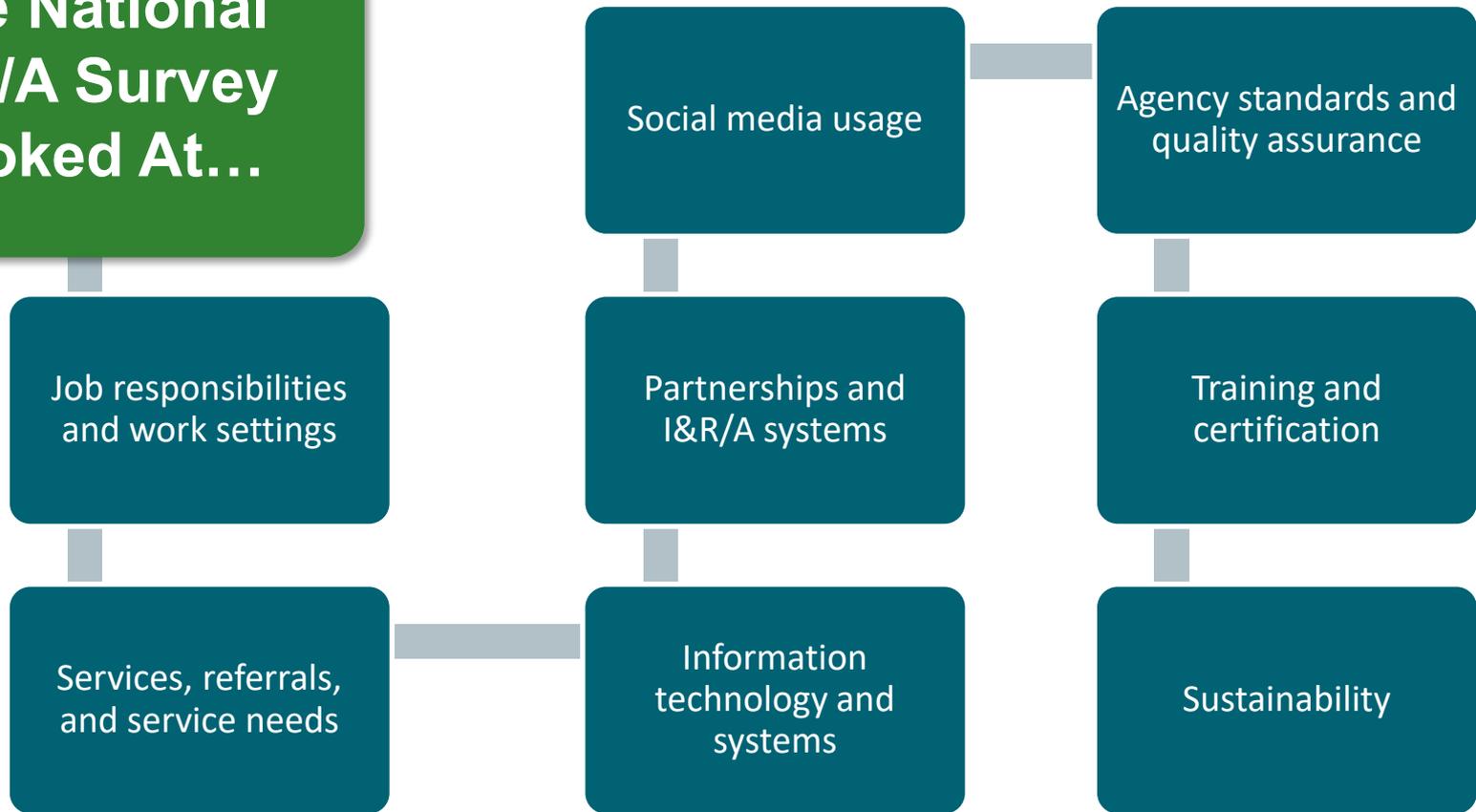
- Technical Assistance and Training Webinars
- Training: Online training; AIRS certification training; and Train the Trainer
- Distribution lists: sharing information and resources advancingstates.org/community-opportunities/stay-informed
- **National surveys: Aging and Disability I&R/A Networks**
- National training events: HCBS and partner conferences



Goal

To build capacity and promote continuing development of aging and disability information and referral services nationwide.

The National I&R/A Survey Looked At...



A complex role: Job responsibilities in addition to I&R/A

Over 60% reporting:

Community outreach and education

Eligibility screening and/or determination

Assessment (e.g. needs assessment)

Consumer advocacy

Over 50% reporting:

Person-centered counseling

Options counseling

Resource database management or maintenance

Supervision/management

Over 30% reporting:

Case management or service coordination

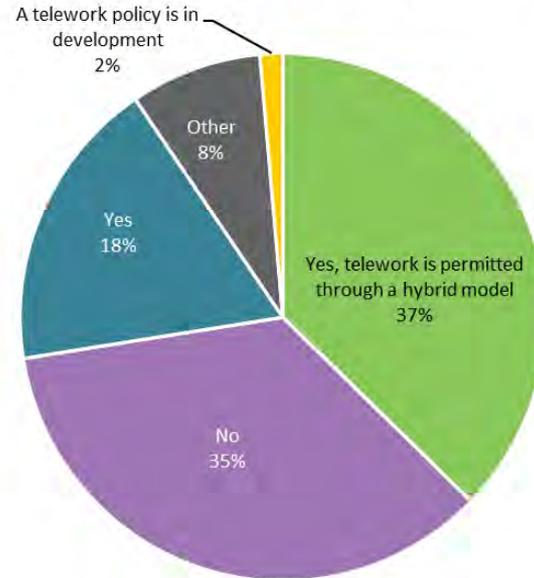
Vaccination information; vaccination access assistance

Medicare counseling

Care transitions

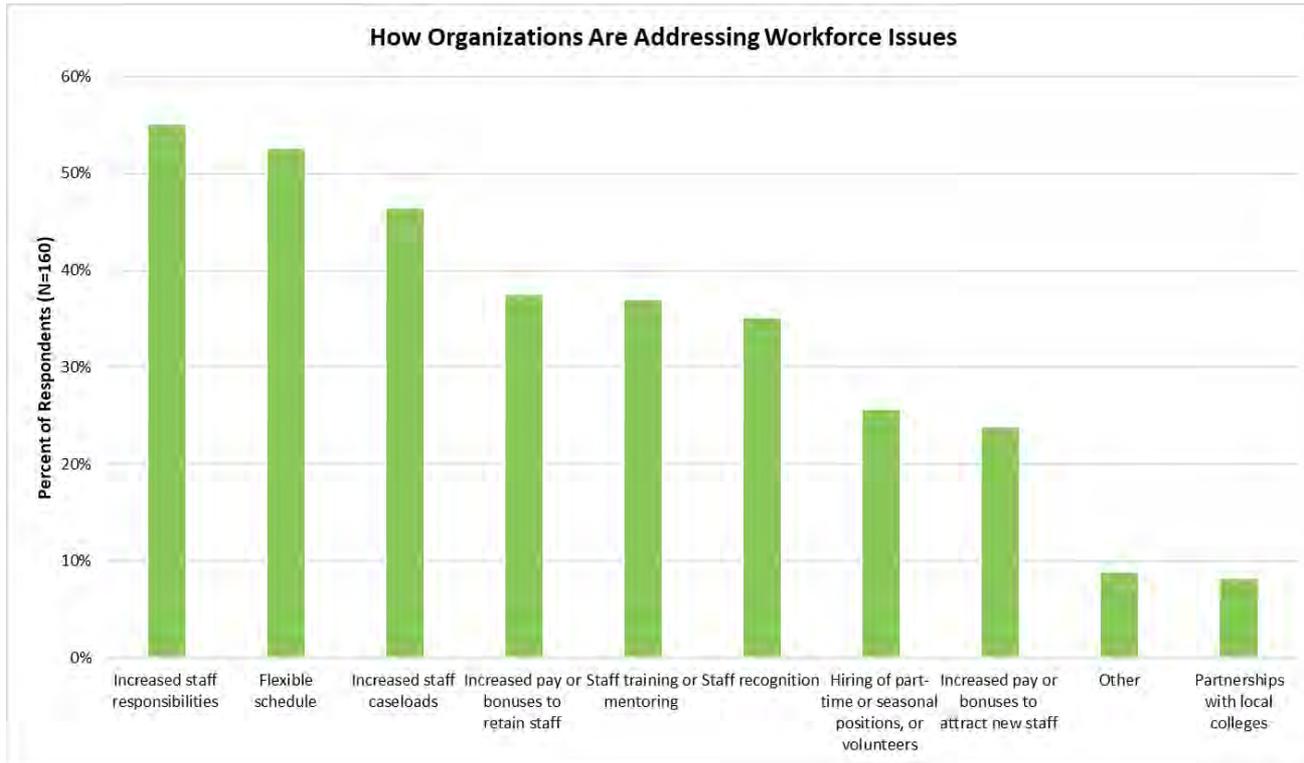
The pandemic altered work settings resulting in longer-lasting changes

Organizations that Allow Some or All I&R/A Specialists to Work Remotely

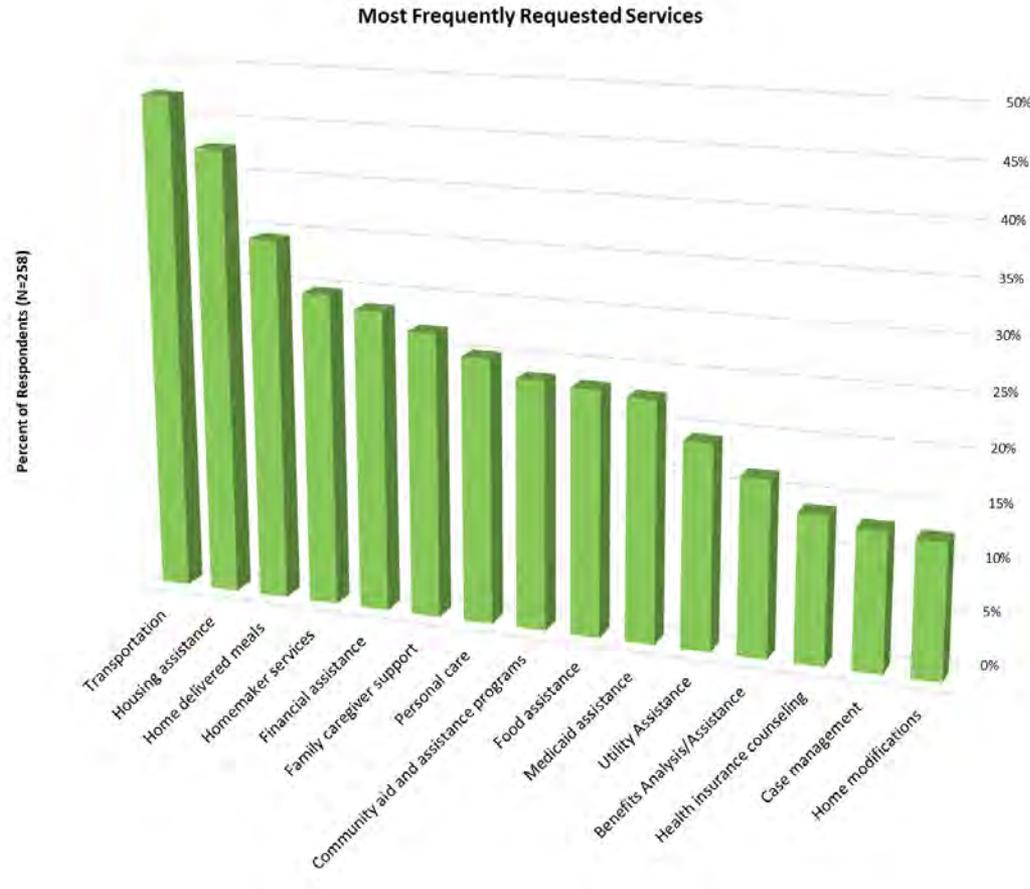


N=284

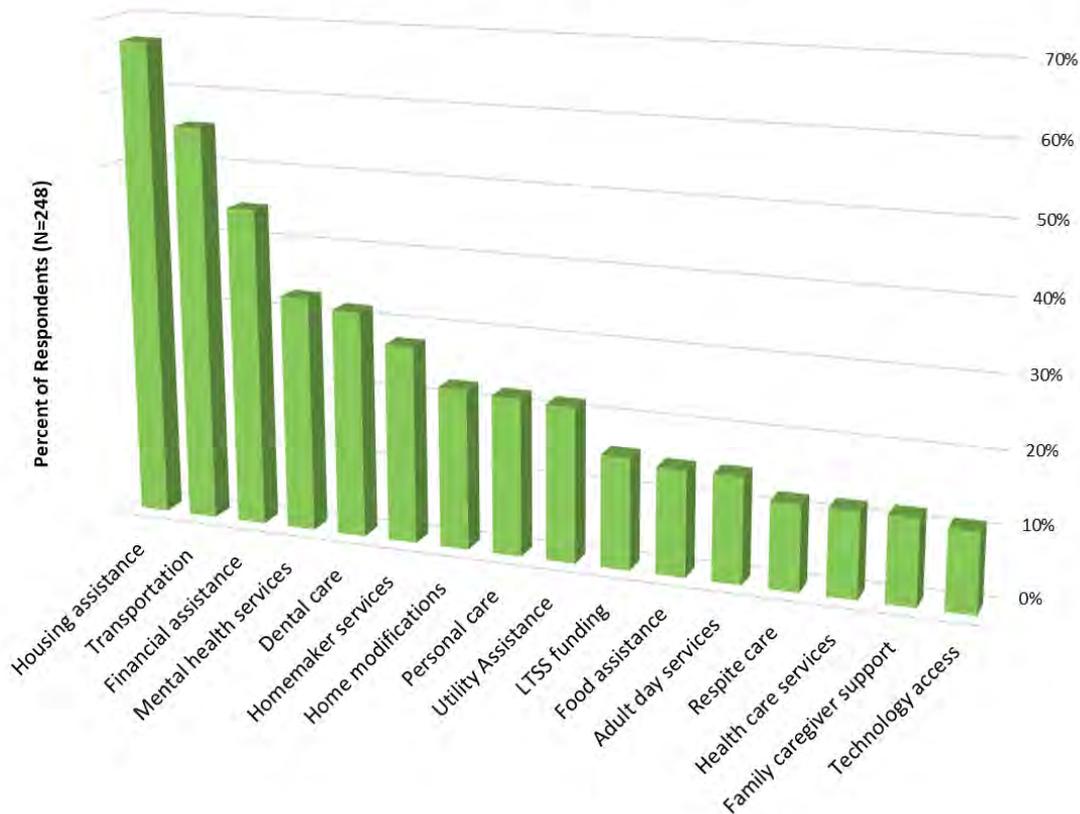
Staffing is a significant concern



**Transportation
and
Housing
Assistance
remain the
most
frequently
requested
services**



Most Frequent Unmet Service Needs



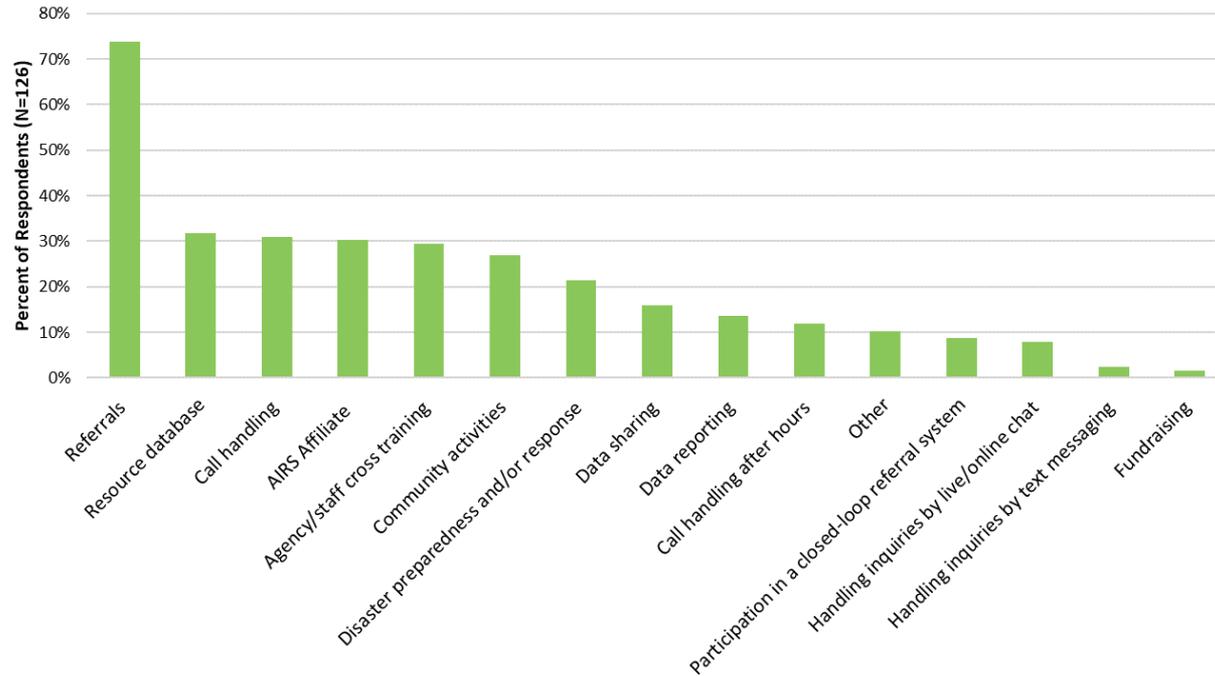
Housing Assistance and Transportation are top unmet needs

Reflecting needs,
agencies report serving
more individuals:

- Experiencing homelessness
- With multiple and complex needs
- Experiencing food insecurity
- With mental health conditions/needs
- Experiencing social isolation and/or loneliness
- With Alzheimer's and related dementias

Collaborative relationships support I&R/A services

Collaborative Activities with 211



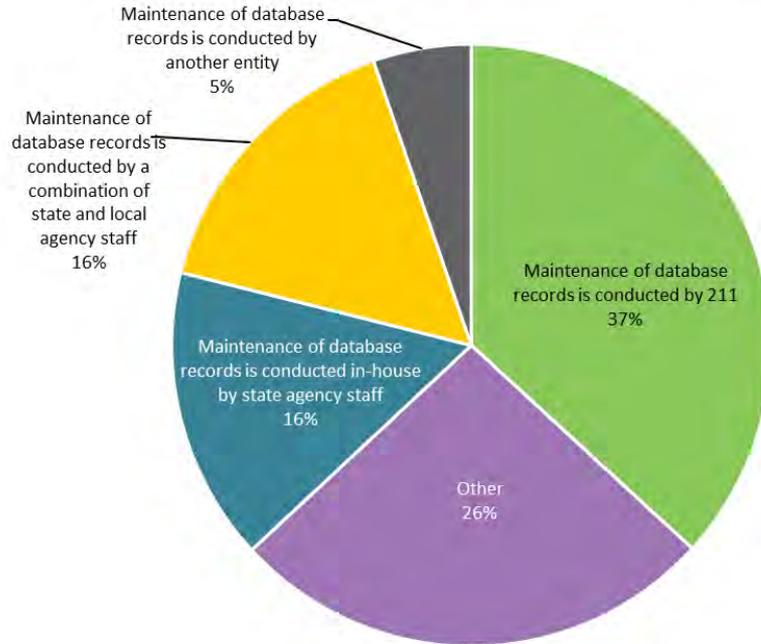
The resource database: An evolving story

- An online, searchable resource database is available to the public (32%)
- An online resource directory or list is available to the public (18%)
- A print directory is available to the public (20%)
- The resource database is not available to the public (41%)



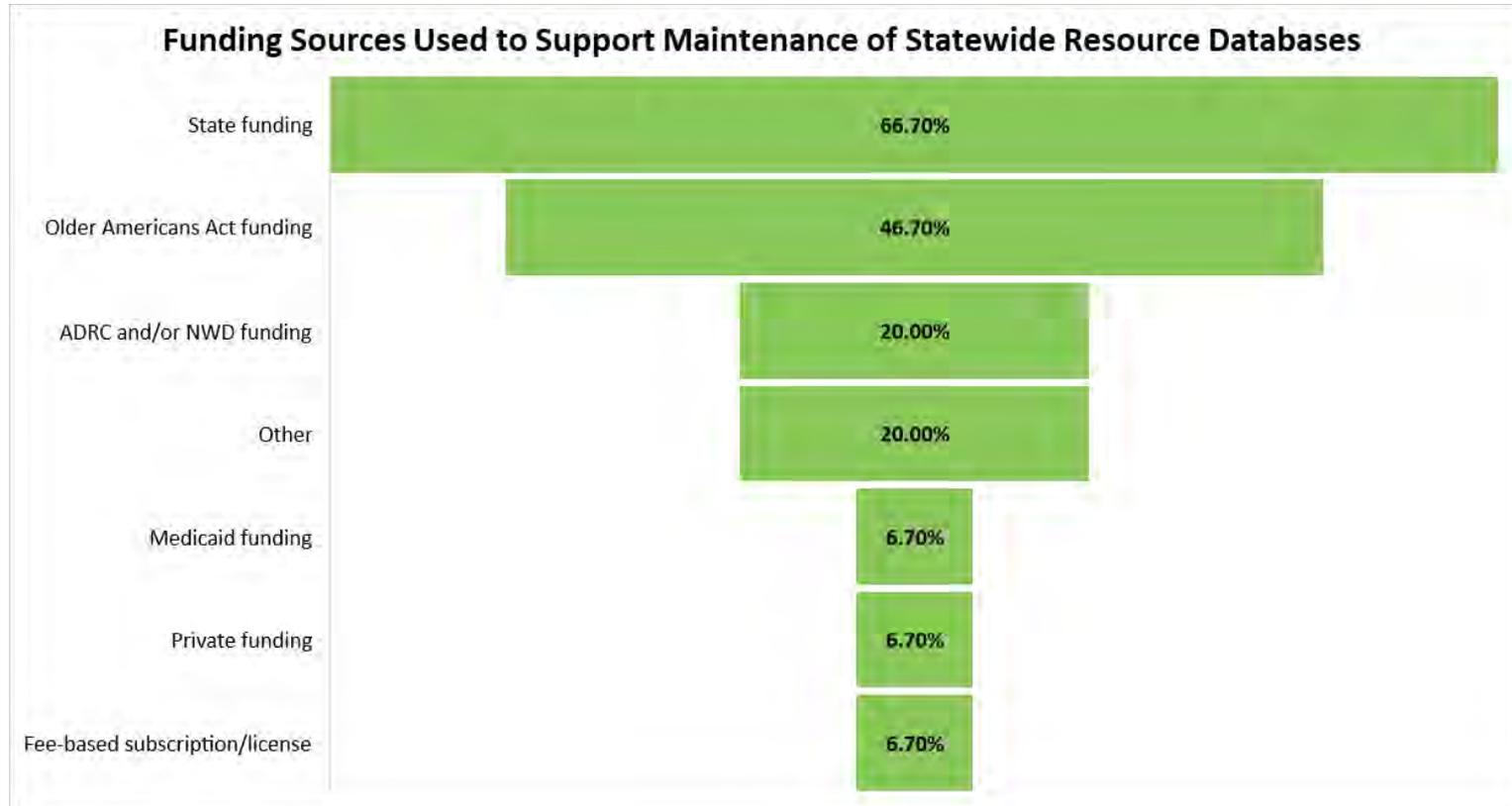
A look at statewide resource databases

How Statewide Databases are Updated and Validated



N=19

Funding sources for statewide databases



Professional standards guide I&R/A practice

51%

AIRS Standards exclusively

33%

ADRC standards

22%

We have developed our own standards

17%

Modified AIRS Standards

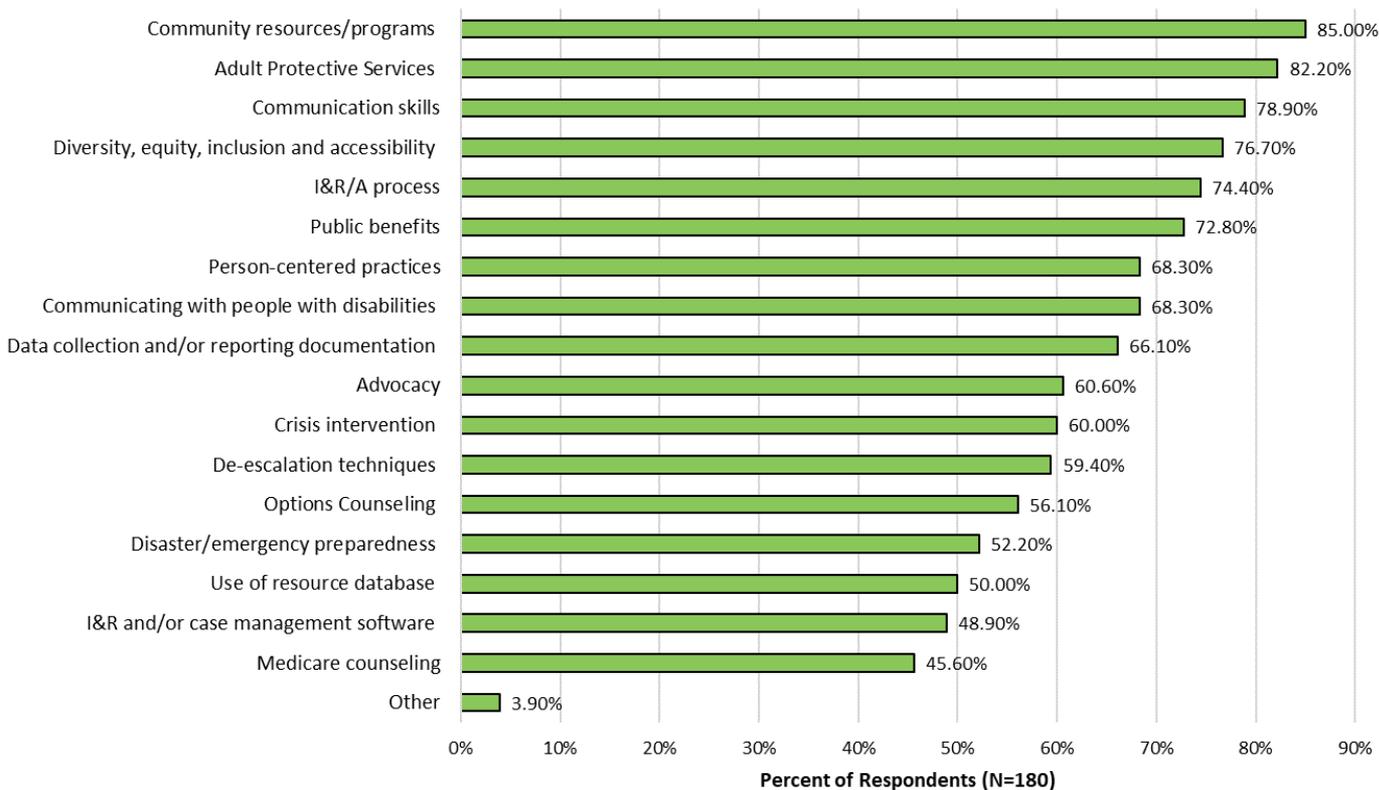
Even with varying requirements, Inform USA Certification is prevalent in the field

I&R/A Specialist Certification Requirements	% (N=201)
All I&R specialists must become AIRS Certified	48%
My agency does not have a certification requirement	22%
A certain percentage of specialists must become AIRS Certified	11%
Specialists must complete training, but not necessarily certification, on certain topics	10%
Specialists are encouraged, but not required, to become AIRS Certified	6%
Other	3%
Specialists must achieve certification in something beside AIRS Certification	1%

State-level policies can support certification

How state policies require or encourage certification of I&R/A staff	% (N=14)
I&R/A job descriptions require or encourage certification	50%
State policy requirements mandate that I&R/A specialists (all or a certain number) become certified	43%
State standards (for I&A, Options Counseling, etc.) require or encourage certification	27%
Contract requirements mandate that I&R/A specialists (all or a certain number) become certified	21%
My agency provides training for certification	14%
My agency funds/subsidizes the cost of certification exams	14%
Funding/grant opportunities require or encourage certification	7%

Training Topics for I&R/A Specialists



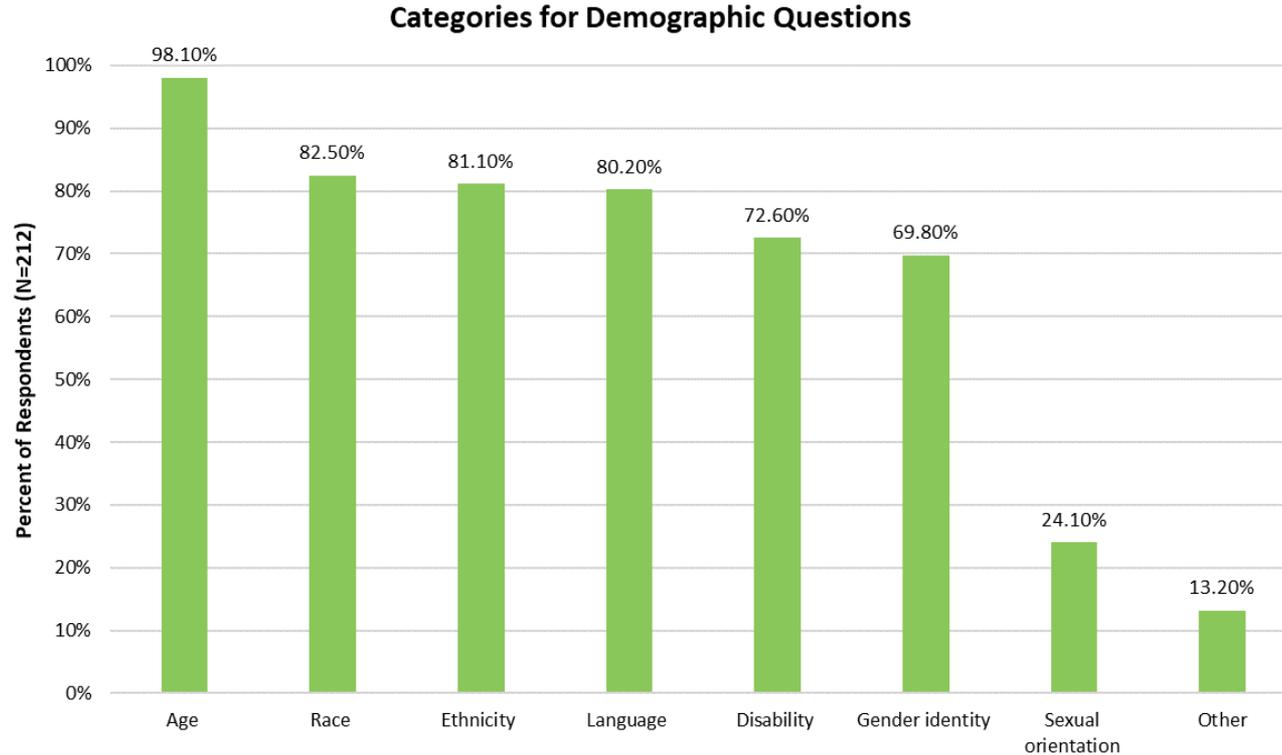
Training across a range of topics is important for professional I&R/A practice

**Sustainability
of resources
within
communities
and agencies
is an
enduring
concern**

Top issues affecting I&R/A organizations:

- Growing demand for services
- Limited resources in the community
- Resources to address housing needs
- Funding/sustainability
- Staffing
- Reduction of pandemic-related public benefits

A few words on demographic information



Asking demographic questions can make a difference: Agencies use diversity data for service improvements

- Create heat maps for underserved areas
- We use language data to justify the need for language support services
- To expand our resource database
- Ensure content accessibility and ease of use
- Ensure that staff represent the community we serve
- To foster new community partnerships
- Data has driven strategic planning to increase our presence in underserved communities
- To understand who we are not serving and change our outreach policies



USAging





Caller from Anywhere, USA...



DIAL
888.677.1199



Local, state and national resources



Quick Look-Up Feature



[Home](#) [About](#) [Resources](#)

1-800-677-1116 

Find help in your community by entering your zip code OR city and state.

Zip Code

City/State

Enter zip code

Search



Find on the Eldercare Locator Website

1. Information and Referral/Assistance
2. Aging and Disability Resource Center
3. Area Agency on Aging
4. Title VI American Indian, Alaskan
Native and Native Hawaiian Program
5. State Unit on Aging
6. Elder Abuse Prevention
7. Health Insurance Counseling
8. Legal Service Program
9. Long Term Care Ombudsman

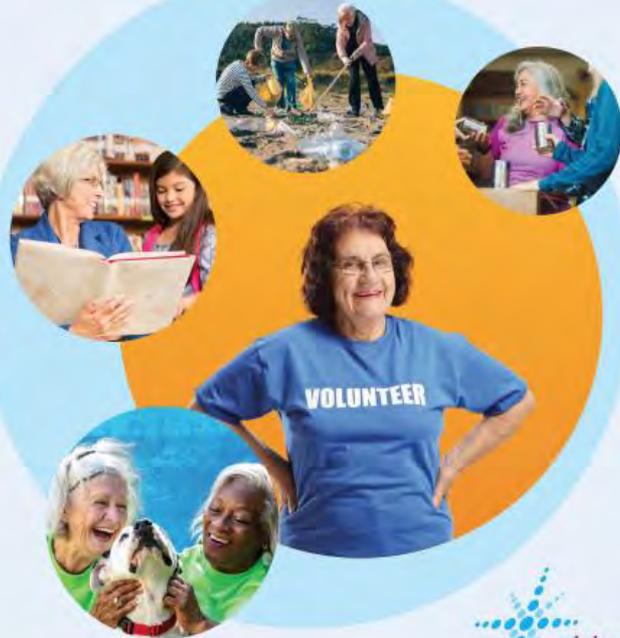


Publications

- Benefits Guide
- Brain Health
- Home Modification
- Long-Distance Caregiving
- Social Connections and Emotional Wellness
- Transportation
- Volunteering

Ready to Volunteer... Now What?

A Guide for Older Adults on Giving Back



1 (800) 677-1116
eldercare.acl.gov



Connecting You to Community Services

Disability
Information and
Access Line



DIAL Partners



Independent Living Research Utilization



Disability Information & Access Line
Your primary vaccine access resource

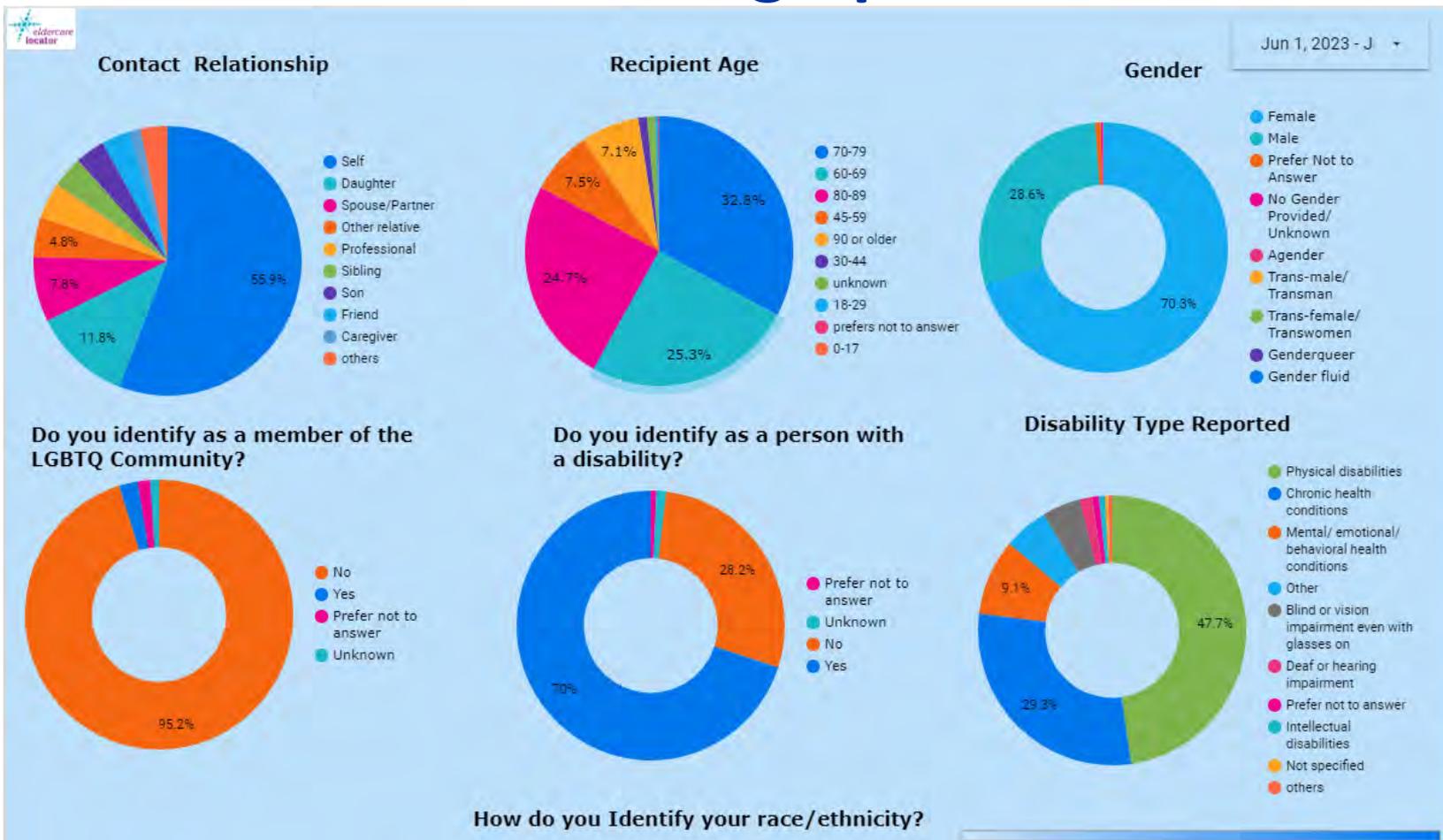
Developments – Accessibility and Diversity

- DIAL: call center for people with disabilities
- Partnership with the Disability Network
- Accessibility
- Demographic data collection
- Cultural competence/sensitivity training
- USAging's DEI initiative

Developments – IT & QA

- Remote work capability
- Updated telephony systems
- Automated customer satisfaction survey
- Enhanced Quality Assurance
- New CRM and resource management database
- Incorporated use of reporting software, DOMO
- Data dashboard

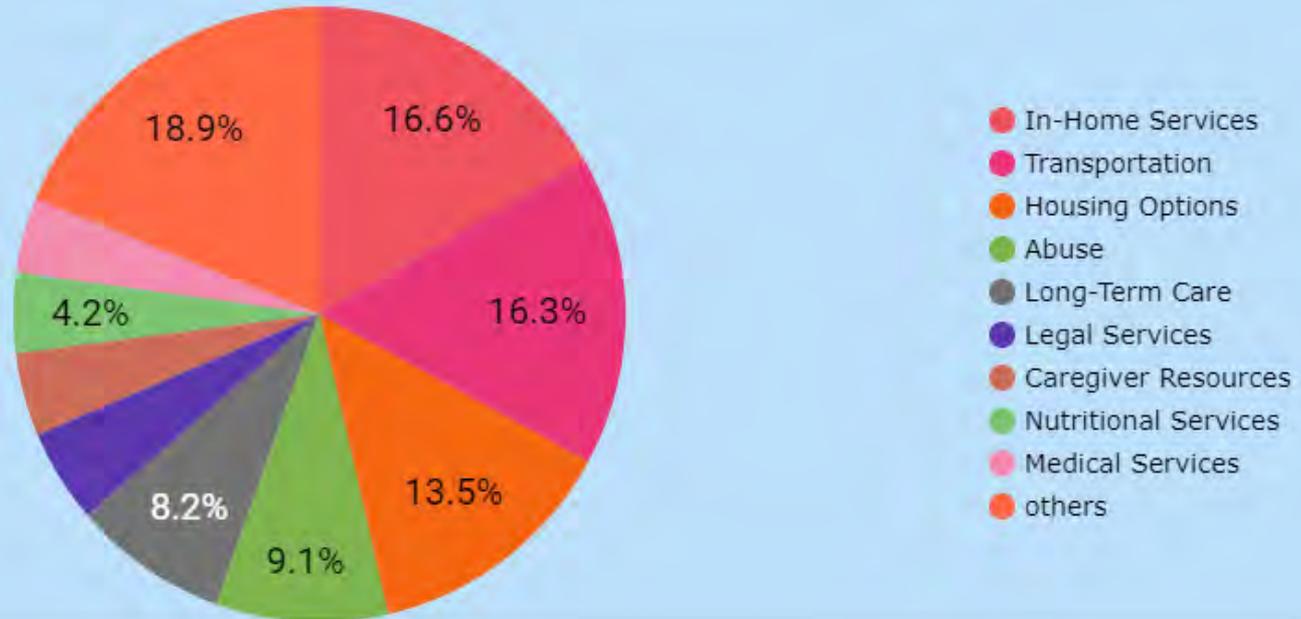
Data Dashboard - Demographics



Data Dashboard



Eldercare Locator Call Center Dashboard- Purpose of Call



Eldercare Locator

Then and Now: 2012 vs. 2022

Reason	Number of Calls
Transportation	16,550
In-home Services	10,570
Health Insurance	9,730
Housing	8,696
Medical Supplies/ Services	7,447

Reason	Number of Calls
Transportation	30,744
In-Home Services	27,998
Housing	24,065
LTC	14,002
Elder Abuse	12,403

Understanding Who We Serve

2014

- Gender- Male, Female
- Age/ Disability- over/under 60
- Language Spoken
- Relationship
- Veteran status

2023

- Gender- Male, Female, Transman, Transwoman, Gender queer, Agender, Non-Binary
- LGBTQ
- Age Ranges
- Preferred Language
- Disability Type
- Veteran Status
- Relationship

Eldercare Locator Demographic Data: Age

Recipient Age	Percentage
0-29	<1%
30-44	1%
45-59	8%
60-69	27%
70-79	34%
80-89	23%
90 or older	6%

DI AL Demographic Data: Age

Age	Percentage
0-29	6%
30-44	9%
45-59	24%
60-69	29%
70-79	16%
80-89	9%
90 or older	3%

Eldercare Locator Demographic Data: Disability

Reported Disability	Percentage
Physical Disabilities	49%
Chronic Health Conditions	28%
Mental/ Emotional/ Behavioral	10%
Blind/ Visual Impairment	4%
Deaf/ Hearing Impairment	2%
Intellectual	1%
Autism	< 1%

DIAL Demographic Data: Disability

Race/ Ethnicity	Percentage
Physical Disabilities	41%
Chronic Health Conditions	26%
Mental/ Emotional/ Behavioral	18%
Blind/ Visual Impairment	5%
Intellectual	3%
Deaf/ Hearing Impairment	2%
Autism	1%

Eldercare Locator Demographics: Race/Ethnicity

Race/ Ethnicity	Percentage
White/ Caucasian	53%
Black/ African American	28%
Hispanic/ Latino	8%
Asian/ Asian American	2%
American Indian/ Alaska Native	1%
Native Hawaiian/ Other PI	< 1%
Middle Eastern/ Arab	< 1%

DIAL Demographic Data: Race/Ethnicity

Race/ Ethnicity	Percentage
White/ Caucasian	49%
Black/ African American	26%
Hispanic/ Latino	10%
Asian/ Asian American	2%
American Indian/ Alaska Native	2%
Native Hawaiian/ Other PI	< 1%
Middle Eastern/ Arab	< 1%

Eldercare Locator Demographic Data: Gender and LGBTQ+

LGBTQ+	Percentage
Yes	2%
No	95%
Prefer Not to Answer	1%

Gender	Percentage
Female	70%
Male	29%
Transwoman	< 1%
Transman	< 1%
Agender	< 1%
Gender Queer	< 1%
Gender Fluid	< 1%

DIAL Demographic Data: Gender and LGBTQ+

LGBTQ+	Percentage
Yes	5%
No	89%
Prefers not to answer	2%

Gender	Percentage
Female	64.4%
Male	32%
Transwoman	< 1%
Transman	< 1%
Agender	< 1%
Gender Queer	< 1%
Gender Fluid	< 1%

DIAL Contact Information

Phone/Text: 888-677-1199

Email: DIAL@usaginganddisability.org

Live Chat: acl.gov/DIAL

ASL Direct Video:

acl.gov/DIAL or 888-677-1199



Hours of Operation:

Monday – Friday, 8:00 am - 9:00 pm ET



Contact Information

Phone/Text: 800-677-1116

Email: eldercarelocator@usaging.org

Live Chat: eldercare.acl.gov

ASL Direct Video:

888-677-1199



Hours of operation

Monday – Friday 8:00 am – 9:00 pm ET



Sandra Ray, CRS
Program Director



Rebrand...and Refresh



What is Changing?

- The Organization's Name
- Website URL: informusa.org
- Networker: networker.informusa.org
- Product Names
- Certification and Accreditation Badges
- Member controls over their account
- Change in the processing of payments and applications

Previously Changed:

Address

4800 Hampden Lane, Suite 200
Bethesda, MD 20814

Phone: 240-744-4742

No more facsimilie/fax

What is Not Changing?

- The Organization's mission or purpose
- The product offerings or requirements

Membership Benefits

- Survey Participation/Results
- Committee Service + Advocacy
- Board Service
- Member pricing on events and partner products/services
- Free & Low-Cost Training
- Sector News and Resources
- Closed Networking Platform for I&R Pros



What About the Standards?

- The only thing different about the standards today is ... nothing!
- Standards revision takes place every three years
- Underway beginning August 2023
- Final version expected for board approval in Spring 2024

AIRS ACCREDITATION

FOR THE PUBLIC



When you reach out for help, this organization provides top level care, and quality resources.

FOR STAFF



Demonstrated commitment on the part of your leadership to meeting the highest standards in the field; active participation in ongoing training opportunities.

FOR THE ORGANIZATION



Internally, it provides quality guideposts for programming. Externally, it signals to partners and the public a third-party validation of services.

FOR FUNDERS



Your dollars are being well spent; objective evidence/ independent review for quality control.

FOR COMMUNITY PARTNERS



The organization is an industry leader in information and referral; elevates the network of service provision in your area.

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What About
Certifications?

Certification

Benefits

- Fresh look for certification badges
- Digital badges updated via Credly
- New exam version of the CRS - A/D coming soon
- The only certification designed specifically for I&R professionals
- Approximately 4,000 professionals hold an Inform USA certification



A white speech bubble with a dark blue background. The text inside the bubble is centered and reads: "What about training and member support?".

What about
training and
member
support?

Member Training and Support

- Single Sign-On coming soon
- Monthly webinars
- Course updates coming soon
- Updated training manual coming Spring 2024
- Registration now open for Nov. 2 - 3rd virtual conference



Coaching Micro-Certification

- Cohort method of training
- Five weeks/session
- 3 - 4 times/year
- Eligible persons: existing certification holders
- Ideal for those new or growing in their leadership and supervision capacity



Consumer Control in Information and Referral: Independent Living Perspective

National Council on Independent Living



National Council on Independent Living

The National Council on Independent Living (NCIL) is the longest-running national cross-disability, grassroots organization run by and for people with disabilities.



What is Independent Living Philosophy?

- Consumer Control
- Self-help and Self-determination
- Individual and Systems Advocacy
- Peer Support
- Equal Access

The Independent Living Movement and Centers aim to maximize the leadership, empowerment, independence, and productivity of individuals with disabilities, and the integration and full inclusion of individuals with disabilities into the mainstream of American society.



The Independent Living Network: Centers for Independent Living (CIL)

Centers for Independent Living are consumer-controlled, community-based, cross-disability, nonresidential private nonprofit agencies for individuals with significant disabilities (regardless of age or income).

CIL Core Services

1. Information and Referral Services (entry point)
2. Independent Living Skills Training
3. Peer Counseling
4. Individual and systems advocacy
5. Transition (NEW!) Transition back into the community, assistance to stay in the community, transition of youth to postsecondary life

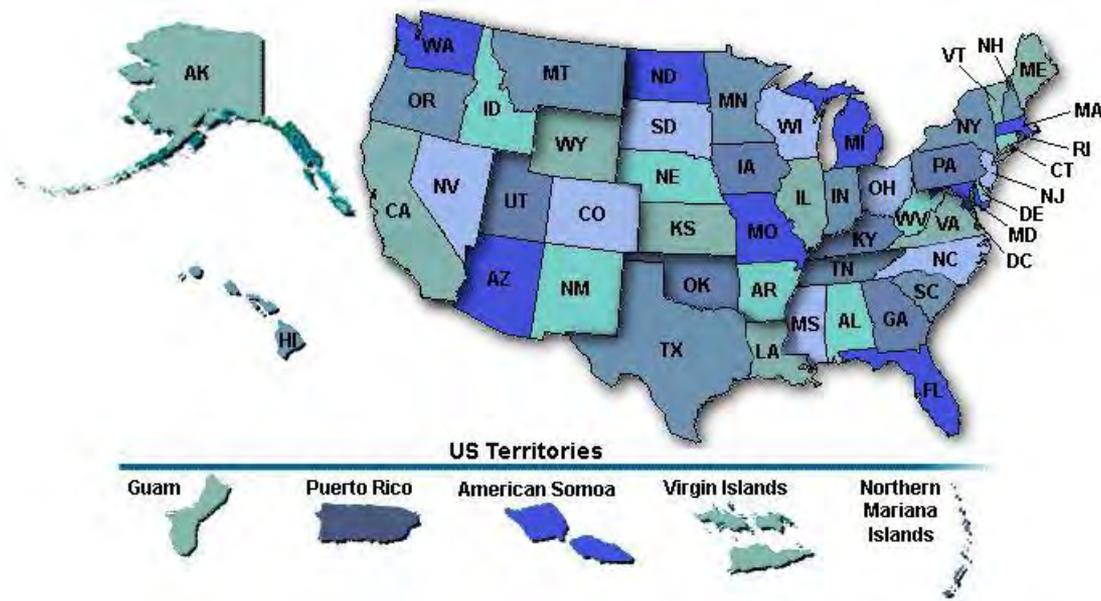


The Independent Living Network: Statewide Independent Living Councils

Statewide Independent Living Councils (SILCs)

- Each state must establish and maintain a SILC
- Develop the State Plan for Independent Living (SPIL)
- Monitor, review, & evaluate implementation of SPIL
- Coordinate activities with other entities in the state

Resource: CIL/SILC Directory



<http://www.ilru.org/html/publications/directory/index.html>

The Independent Living Network is a vital part of the disability and aging network

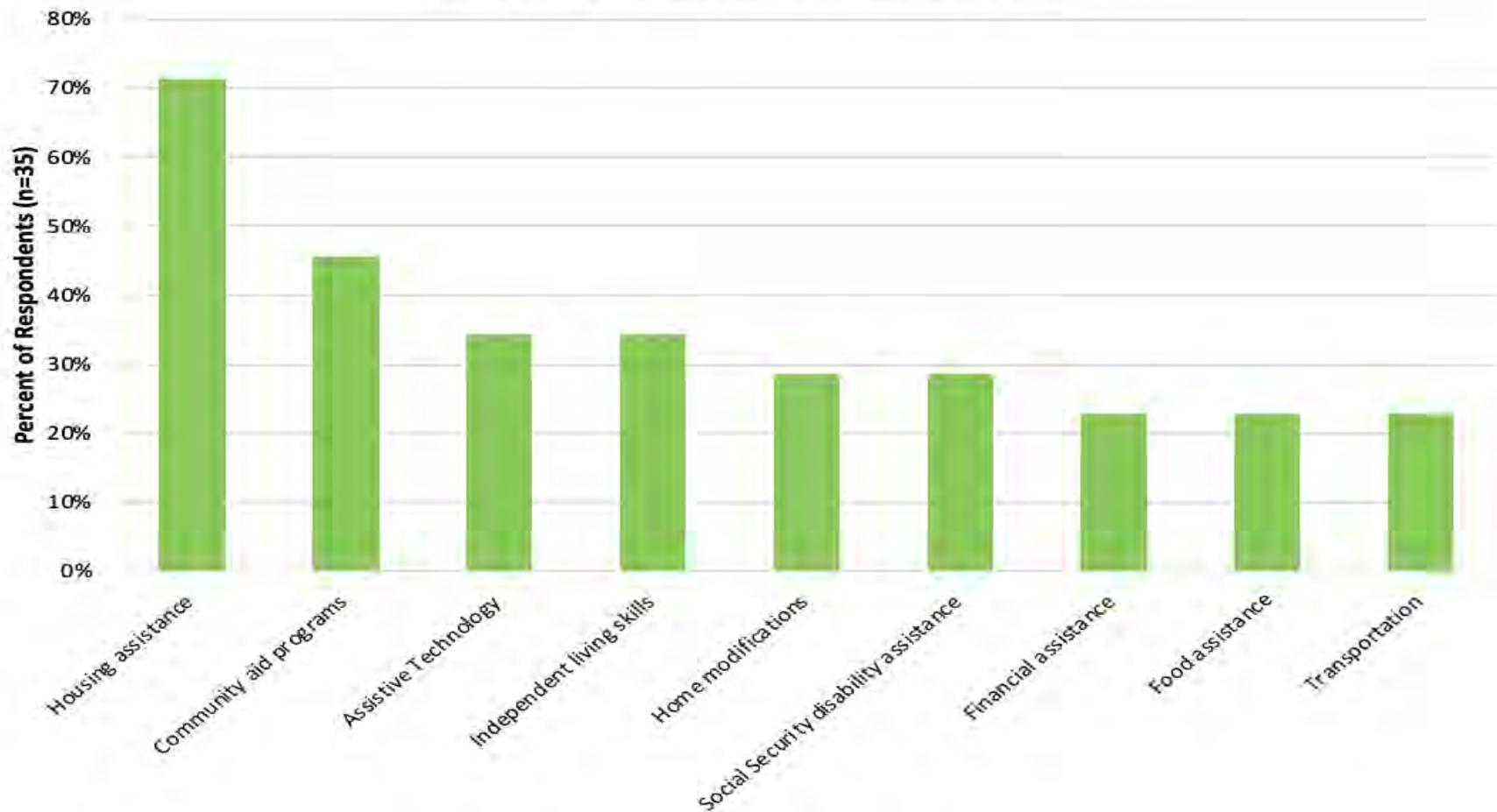
Disability is a natural part of life, including aging.

Nothing about Us without Us!

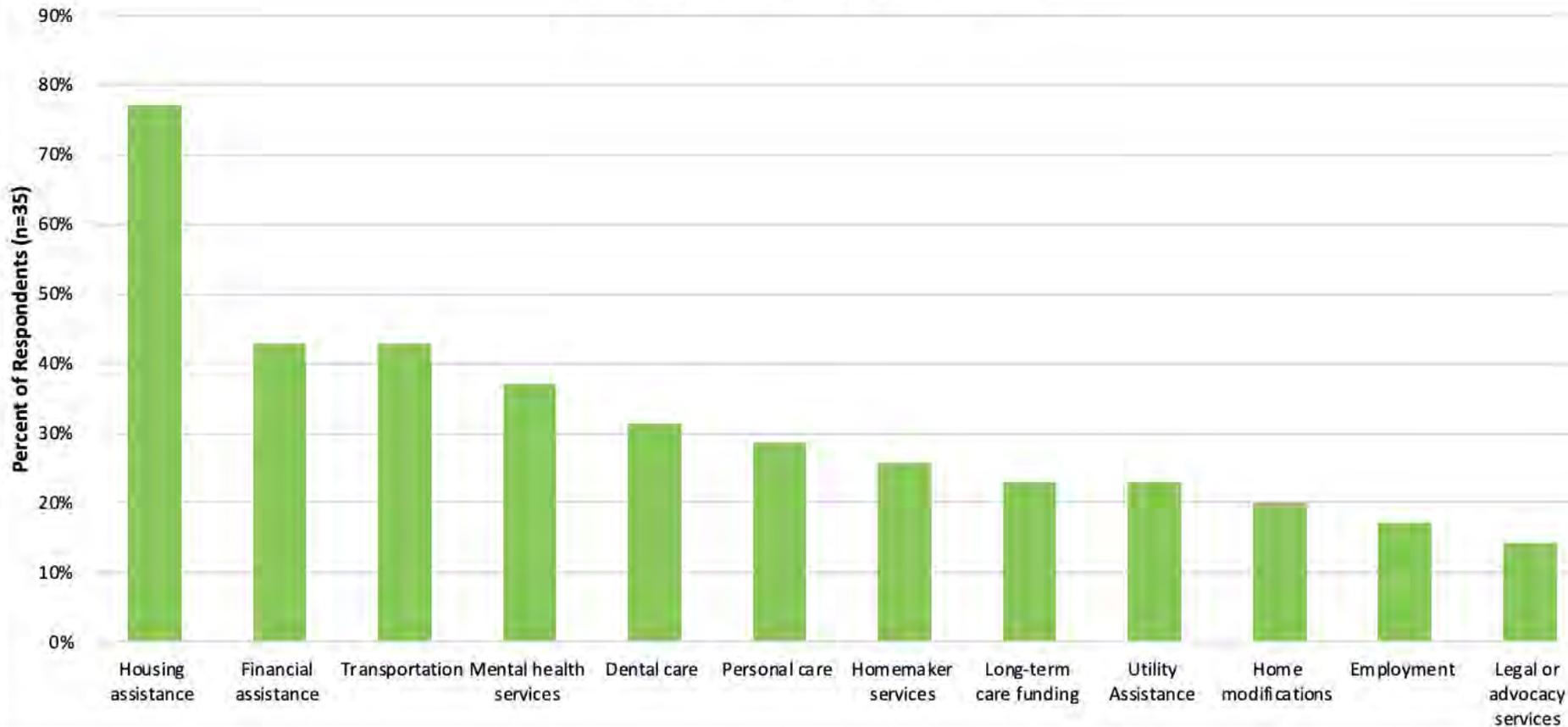
I&R in CILs

- I&R is often the **entry point** to resources and services.
 - In Centers, I&R is a primary mean for promoting consumer empowerment.
 - Often calling for IL services and resources within the community.

Frequently Requested Services for CILs



Most Frequent Unmet Needs for CILs



I&R in CILs

- The heart of **consumer control** is decision making power.
 - Supports an individual's capacity for self-determination
- Respect decision making power of the person (dignity of risk)
- Respect the dignity and diversity of all people.

What is Consumer Control?

- Nothing about Us without Us!
- People with disabilities are the best experts on their own needs.
- People with disabilities have the right to make choices and to control the decisions in their lives.
- People with disabilities deserve equal opportunity to decide how to live, work, and take part in their communities, particularly in reference to services that powerfully affect their day-to-day lives and access to independence (such as HCBS).

Navigating relationships and consumer control dynamics as an I&R professional

- Bringing it back to the consumer
- Balancing caregiver/consumer dynamics
- Respecting Dignity of Risk

Other practices that support Consumer Control in I&R

- Informing individuals of their rights and of Client Assistance Programs.
- Ask the person what their preferred method of communication is.
- Address any access needs at the request of the individual.
- Be intentional with community partnerships and resource recommendations.

The heart of consumer control is decision making power.



National Council for Independent Living:

For more information, please visit <https://ncil.org/>

Mary-Kate Wells

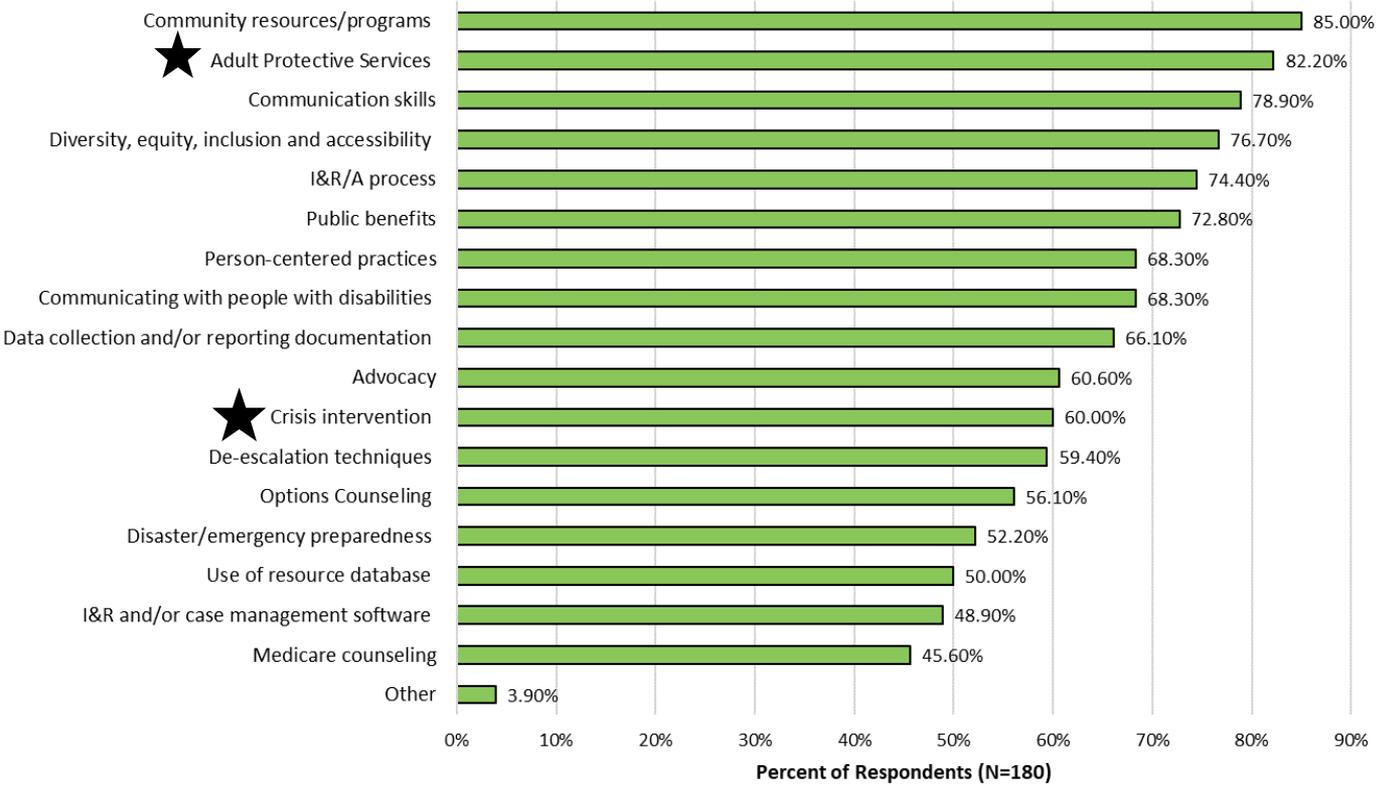
Program Director, NCIL

Mary-kate@ncil.org



Addressing Elder Justice in I&R

Training Topics for I&R/A Specialists



Training on Adult Protective Services is provided by over 80% of respondent agencies

These circumstances with I&R/A inquirers may also be factors to consider related to risk for elder abuse:

- Experiencing homelessness
- **With multiple and complex needs**
- Experiencing food insecurity
- **With mental health conditions/needs**
- **Experiencing social isolation and/or loneliness**
- **With Alzheimer's and related dementias**



So Many Callers in Crisis: Supporting Elder Justice through I&R

August 28, 2023

Kimmy Moon, MPH

Project Administrator, National Center on Elder Abuse

The National Center on Elder Abuse

NCEA
National Center on Elder Abuse

The National Center on Elder Abuse (NCEA) provides up-to-date information regarding policy, research, training, best practices, news and resources on elder abuse, neglect and exploitation for policy makers, professionals in the elder justice field and the public.



About the NCEA

Education

Through training, education, and a comprehensive resource repository, we inform professionals and the public of the facts of elder abuse, prevention tools, and intervention strategies

Research

We synthesize, disseminate, and translate the latest research in the field to inform practitioners and professionals about evidence-based practices to prevent and respond to abuse

Collaboration

We work with community, state, and national elder justice organizations to design and deliver resources to support elder rights, autonomy, and wellness

Training Resources on Elder Abuse (TREA)

TIP: Use when on-boarding new staff or volunteers



Training Resources on Elder Abuse

A searchable database of elder abuse related training materials designed for professionals, caregivers and the community.

Inspired by the Elder Justice Roadmap, our goal is to increase the number of professionals, caregivers and community members who receive high quality training on elder abuse.

Need assistance with an elder abuse inquiry? Visit the National Center on Elder Abuse (NCEA).

New and Notable

- USC Judith D. Tamkin Symposium on Elder Abuse
- The National Center on Law & Elder Rights' Elder Justice Toolkit, with national resources on civil legal aid and elder abuse, is now available on their website

Reframing Elder Abuse Project

What is the Reframing Elder Abuse Project?

Reimagines our cultural dialogue on elder abuse

Improves the public's awareness of elder abuse

Enhances understanding of the underpinning issues

Elevates public exchange on the topic

Reframing Elder Abuse Video Lecture Series



Reframing the Conversation on Elder Abuse

Frameworks Academy

\$ 75.00

FREE [e-course](#) with code
“NCEAElderJustice”

USC Center for Elder Justice NCEA Publications Library

Available in
multiple languages

Find fact sheets,
brochures, research
briefs, policy updates,
and more

NATIONAL CENTER ON ELDER ABUSE
Signs of Elder Abuse

Elder abuse can include neglect, physical, emotional, financial or sexual abuse. It is up to all of us to prevent and report suspected abuse. **Here are some signs of elder abuse that everyone should know.**

Emotional & Behavioral Signs

- Unusual changes in behavior or sleep
- Fear or anxiety
- Isolated or not responsive
- Sadness

Physical Signs

- Bruises, bumps, dirtiest, and welts
- Cuts, sores or burns
- Torn, stained or bloody underclothing
- Sexually transmitted diseases without clear explanation
- Dehydration, poor nutrition or dehydration
- Poor living conditions
- Missing daily living aids (glasses, walker, and medication)

Financial Signs

- Unusual changes to bank account or money management
- Unusual or quick changes in a will or other financial documents
- False signatures on financial documents
- Unpaid bills

REPORTING ABUSE

Programs such as Adult Protective Services (APS) and the Long-Term Care Ombudsman are here to help. For reporting numbers, contact Eldersource Locator at 1-800-827-1161 (www.eldersource.org).

In cases of urgent danger, call 911 or the local police or sheriff.

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**The Phone Scam:
What You Should Know**

WHAT

A phone scam is aimed at stealing large sums of money through wire transfer, gift card purchases, money orders, or mobile payment apps from older adults. These types of scams are typically referred to as "Grandparent Scams," but they can happen to anyone.

HOW

This scam aims to put us into a state of crisis to protect ourselves or a loved one. Someone will call posing as a someone we care for or an official (officer, lawyer, doctor, etc.) urgently requesting money.

WHEN

Avoid answering calls from unknown callers. Always call your loved one to determine if a call is legitimate and do not share personal or financial information. A scam is not inevitable, we can all support one another to prevent phone scams.

WHO

Who is available to provide assistance?

- Local Law Enforcement or Consumer Protection Agency
- National Elder Fraud Hotline: 1-833-372-8311
- Federal Trade Commission (FTC): reportfraud.ftc.gov
- Visit NCEA for more resources: ncea.acl.gov

NCEA
National Center on Elder Abuse

Keck School of
Medicine of USC

This document was developed for the National Center on Elder Abuse (NCEA) of the Keck School of Medicine of USC and is published in part as a grant No. 504882002-01-000 from the Administration on Community Living (ACL). Contents cannot be altered without government permission. We encourage you to report fraud and consumer protection. Thank you to all who support us with their gifts and generous contributions to our community. We are grateful for your support.

If you care for someone with dementia...
You are their advocate!

Keck School of
Medicine of USC

ARCHSTONE
FOUNDATION

Tips & Tools Series

- [Person-Centered, Trauma-Informed Care of Older People at the Intersection of Trauma, Aging, and Abuse | Webinar](#)
- [Reframe the Conversation on Aging and Elder Abuse](#)
- [Safe and Supportive Caregiving | Podcast](#)
- [Person-Centered Care in Elder Abuse | Webinar](#)

U.S. Department of Justice Elder Justice Initiative

- [Elder Justice Network Locator Map](#)
- [Elder Justice Neighborhood Map](#)
- [Multidisciplinary Team Technical Assistance Center \(MDT TAC\)](#)
- [Elder Abuse Guide for Law Enforcement \(EAGLE\)](#)
- [National Elder Fraud Hotline](#)





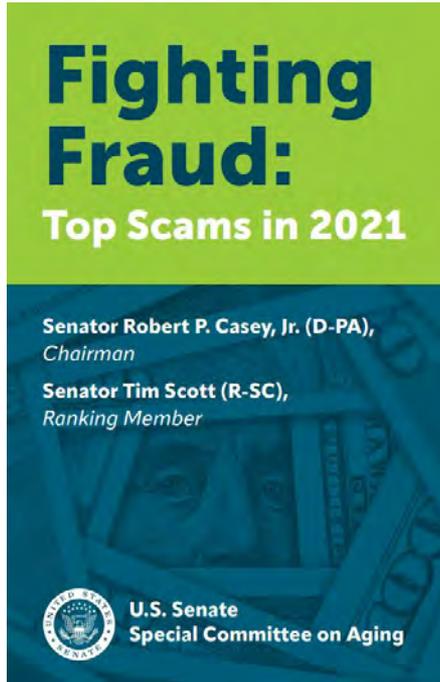
USA.gov Scam Reporting Tool

Where to report a scam

Have you experienced a scam and want to report it? Just answer a few questions to learn how to report the scam to the right place.

[Find the right place to report a scam](#)

U.S. Senate Special Committee on Aging



Fraud Hotline 1-855-303-9470
(open weekdays from 9 a.m. to 5 p.m. Eastern Time)

- [Online Reporting Form](#)
- [Order Fraud Books/ Materials](#)

VictimConnect Resource Center

855-4-VICTIM (855-484-2846)



A PROGRAM OF
**NATIONAL CENTER FOR
VICTIMS OF CRIME**

All Victims deserve dignity, respect, and resources to help rebuild their lives.

WE CAN HELP
MONDAY - FRIDAY

Call or Text



855-4-VICTIM
(855-484-2846)

Chat



[chat.victimsofcrime.org/
victim-connect](https://chat.victimsofcrime.org/victim-connect)

Visit Our Website



www.victimconnect.org

Visitors to the hotline can receive strength-based and trauma-informed services and referrals in over 200 languages

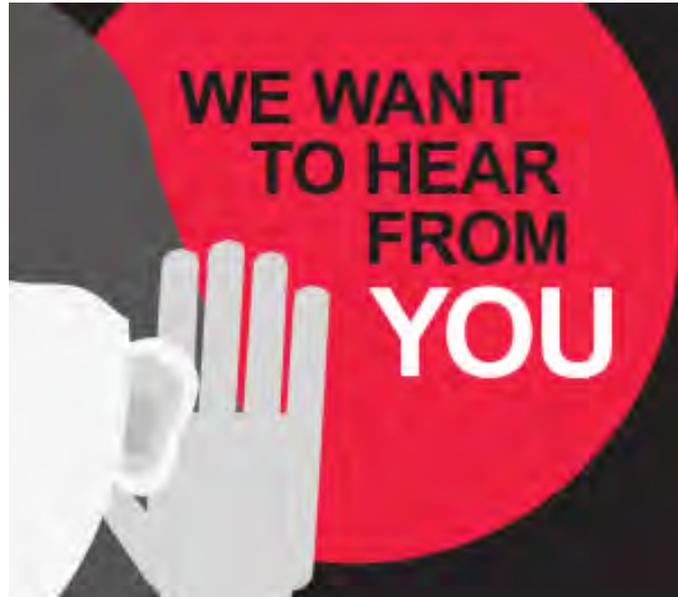
- Emotional support and advocacy
- Information about systems, safety, and rights
- Support to crafting next steps to regain control over their lives
- Access to referrals tailored to the **visitor's needs**

Small Group Activity

Answer the following questions about each of the scenarios:

- What does your agency do today about the situation described?
- What do you wish your agency could do about the situation described?

Trends & Needs in I &R/A



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NCEA

National Center on Elder Abuse

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855- 500-3537



Thank you!



2023 Home and Community-Based Services
Conference